

CRPF SAMACHAR



CRPF Newsletter & Magazine

1992

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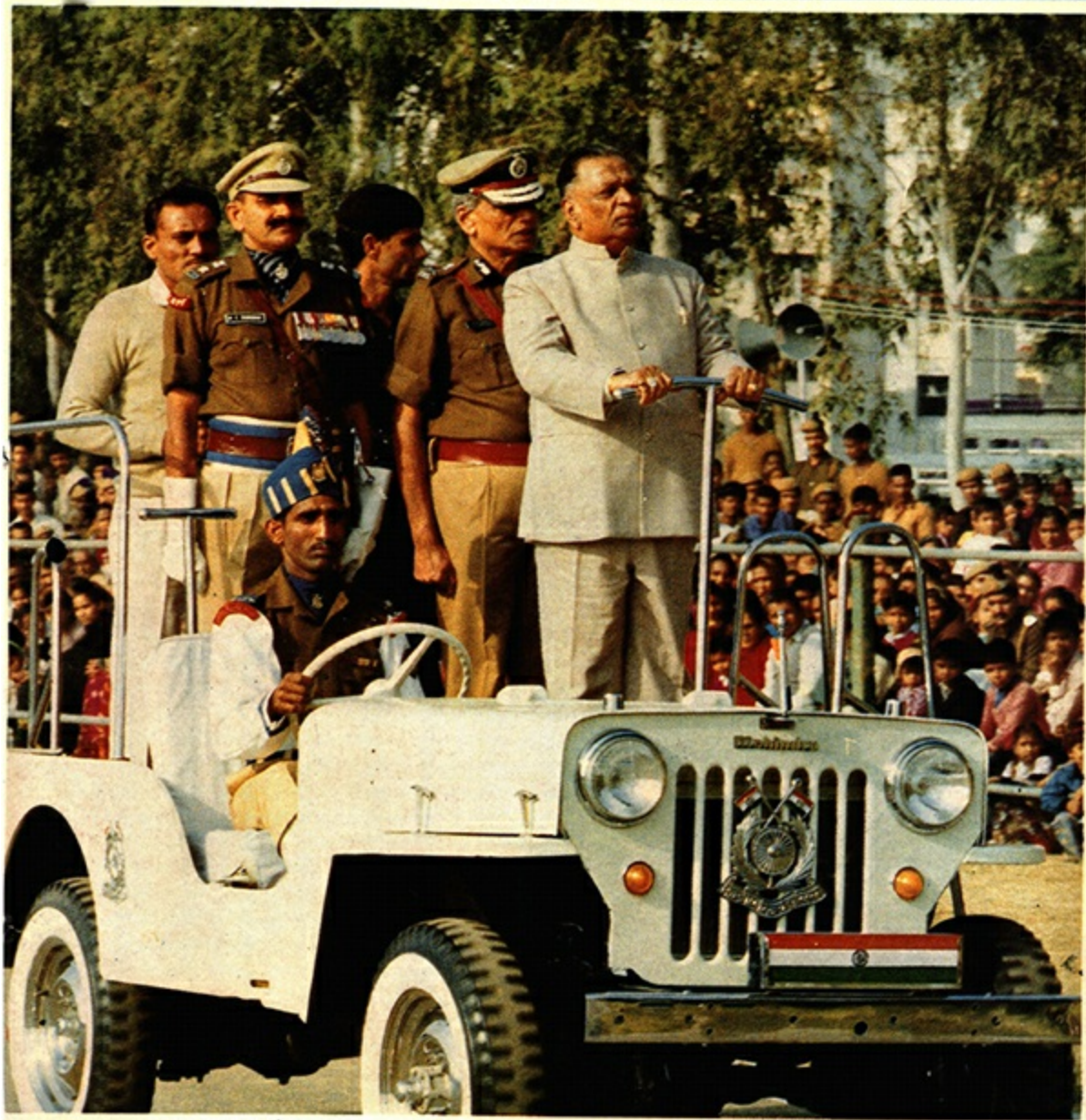
CRPF SAMACHAR

Vol. No. 5

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Jan. 31, 1992

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**THE
C.R.P.F.
SAMACHAR**

Vol. 5 No. 4

January 31; 1992

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GREETINGS

For the first time a student who wants to remain unanimous has sent Season's Greetings and Best Wishes for the New Year to all the Jawans of CRPF who have sacrificed for the Country.

A gesture which we in CRPF highly appreciate.

—Editor

Editorial

Dear friends,

We have left behind 1991 and stepped into 1992 with fresh zeal and enthusiasm. I am sure there is no need to remind you of your pledge that you would not rest till you free the Mother land from disruptive forces. But I would like to assure you that in this endeavour the entire Nation is with you.

In the year gone-by you have contributed your bit in checking extremism even at the cost of some very valuable lives. You have to further strengthen your efforts in the current year so that your brothers in the country live peacefully and safely. Your acid test is peaceful completion of Punjab elections and I am sure you will come out with flying colours.

The month of January is lucky for the Force in more than one way. Not only 26 officers and men got President's Police Medal for Distinguished and Meritorious services but our Republic Day contingent also got the 'Best Marching Contingent' trophy after several years. This is very heartening to say the least and we must keep it up.

In this issue we welcome the new DG Shri D. P. N. Singh, an IPS Officer of Rajasthan Cadre of 1957 batch and bid farewell to Dr. S. Subramnian on his supernuation on 31st January 1992.

We are including all important items that have taken place since the last English issue of CRPF Samachar in the issue before you.

A handwritten signature in black ink, appearing to read 'A. N. Sharma', with a stylized flourish at the end.

(A. N. Sharma)

Shri D.P.N. Singh our New Chief



Shri D.P.N. Singh

Shri Devetri Prasad Narain Singh took over the additional charge of DG CRPF on Jan. 31. 1992. Shri D. P. N. Singh who belongs to village Hardi, District Muzaffarpur (Bihar), joined 1957 batch of IPS on 20th Oct. 57 and allotted to Rajasthan Cadre. After practical training in District Kota and a tenure in District Kota itself as ASP, he was posted as Vikas Adhikari (Block Development Officer), Panchayat Samiti, Bairath (Now Virat Nagar) in District Jaipur (Rajasthan).

Shri Singh worked as Deputy Commandant 8th Bn of Rajasthan Armed Constabulary. He was promoted as SP Banswara in 1965. He later joined as ADC to the Governor of Rajasthan. He also served as S P Anti-Corruption Department, S P District Jhalawar and Principal, Police Training School, Kishangarh followed by 5 years tenure in CBI.

Returning to Rajasthan after deputation he was posted as DIG of Police (Security & Vigilance), Rajasthan Road ways DIG Range Udaipur, Police Head Quarters and in Anti-Corruption. Later he came on deputation to the BSF as IG Operations. In 1988 on returning to Rajasthan he was posted as DG (prisons) At present he is DG BPR & D which he joined on 16 February, 1991.

Shri Singh's hobbies relate to reading and light music. He was a hockey player and a boxer while at school. He was awarded Police Medal for Meritorious Service in 1978 and President's Police Medal for Distinguished Service in 1985.

On this occasion, Shri Singh conveyed the following message to all CRPF officers and men:— "I have taken over charge as Head of this illustrious Force and to its glorious traditions of versatile and dedicated service. Next I should like to remind the officers of the Force that active and dynamic leadership is the most critical input In the performance of the Force. On dynamic leadership depend the morale and motivation depend the absorption and utilisation of training and acquired skills and their renewal and rejuvenation. All else is important but secondary. Further -I should like to remind all ranks of the Force and specially leaders at all levels that we have at hand a task in Punjab and that task is a national need and of epochal significance. It is not enough for anyone to feel that he/she has done his/her bit. Ensuring safe and fearless elections in Punjab is our national duty and each one should take up as a personal challenge to be met at all cost. I believe you will all fulfil the expectations and further enhance the prestige and the glory of this Force and will justify the trust the nation reposes in this great Force. Wish you the best in this venture."



Shri D.P.N. Singh taking over the charge of D.G. CRPF

Farewell to DG Dr. S. Subramanian



Dr. S. Subramanian receiving bouquet from C S. Dwivedi, Addl. DG CRPF

Padmashri Dr. S. Subramanian relinquished the charge as Director General, CRPF on superannuation on 31st Jan. 1992. He was presented a guard of honour on this occasion and was given a warm send off by officers and men.

In his long career Padmashri Dr. S. Subramanian, an IPS officer of 1958 batch of Andhra Pradesh Cadre, held senior appointments in the civil police, Intelligence Bureau, Central Bureau of Investigation, and the National Police Academy. He was the founder Director of Special Protection Group dealing with Prime Minister's Security Guards. He also served in a Diplomatic assignment as Minister in our Embassy at Bonn, Germany. A well-known academic, he has authored two books and many papers on professional subjects.

Recipient of President's Police Medal for Distinguished service and Indian Police Medal for Meritorious service Shri Subramanian was awarded Padmashri on the occasion of Republic Day 1986.

On this occasion the out going DG gave the following message to all officers, men and women:— “I take this opportunity to thank all officers, men and women of CRPF for their excellent cooperation and assistance given to me which enabled me to keep the prestige and image of the Force very high. Ours is a wonderful Force and we are second to none in competence and skills. I would appeal to all of you to work hard and strive to keep up the reputation of the Force as peace-keepers of the Nation. This year we won the prize for the Best Contingency in the Republic Day parade. In the coming months in the All India Police competitions I would expect our Force to get the first prize. May God bless all of you and your families with all the best.”

Quotable Quote

Joy shared is joy Doubled;
Sorrow shared is sorrow halved

Friendship

True Friendship is that when single soul lives in two bodies

H. M. lauds the role of CRPF



Shri S.B. Chavan, Union Home Minister presenting the medals to Shri Ajayraj Sharma, IGP H. Qtrs. (Above) and to a widow of CRPF jawan (Inset)

“On several occasions after independence when the unity and integrity of the country was threatened by divisive forces, posing grave threats to security of the country, CRPF rose to the occasion and effectively met these threats” said Shri S. B. Chavan, Union Home Minister while taking salute at an impressive parade on 52nd anniversary of CRPF on Nov 30, 1991 at GC. New Delhi.

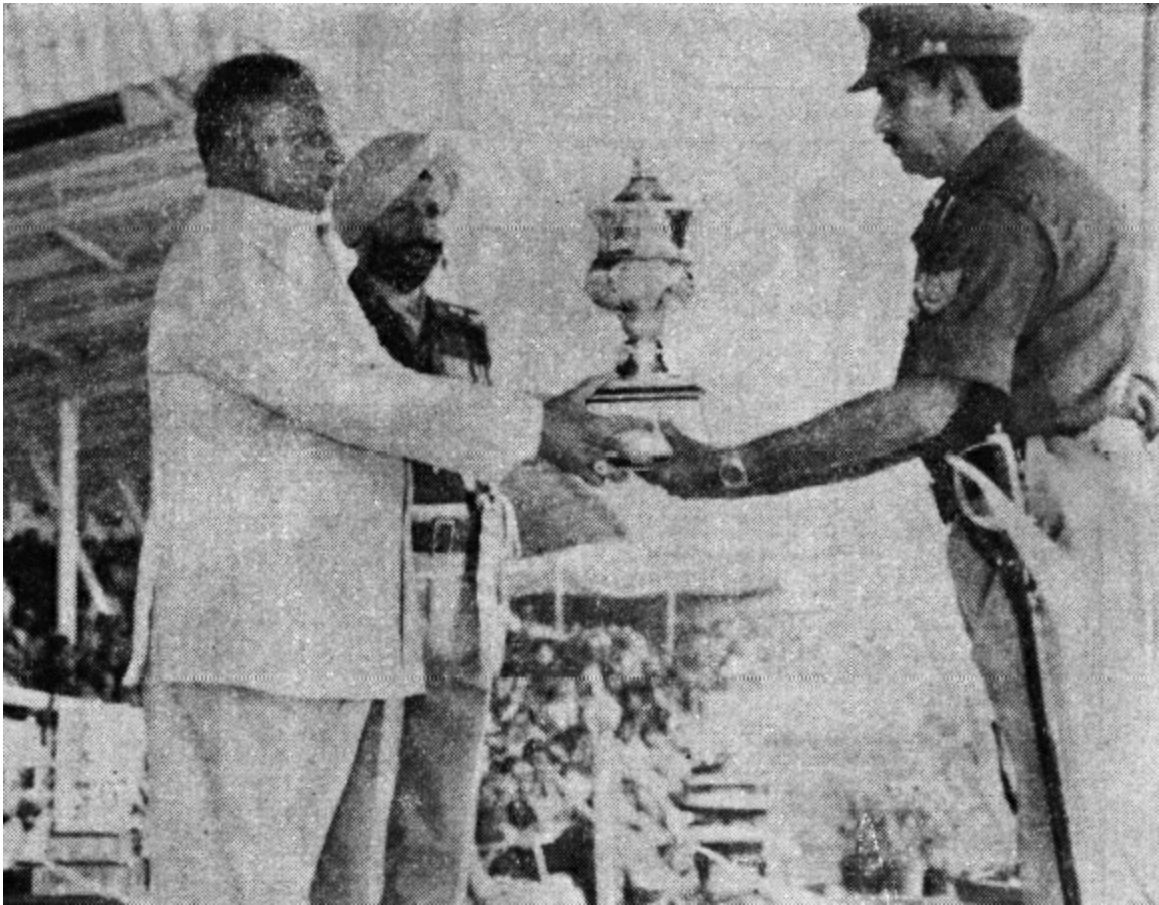
Shri Chavan further said that the CRPF has played a major role in putting down communal disturbances in various parts of the country. By its impartial and secular approach in dealing with communal riots, the CRPF had won confidence of the public and was always in demand. Today, it is a multi-dimensional force which has learnt to change its role quickly and efficiently. It had thus become an elite Central Police Organisation of the country, he added,

The Home Minister also paid compliments to the secular nationalist character of the Force which is a matter of great satisfaction and pride for all of us. He further said that it would be endeavour of his Government to solve the various problems faced by the Force.

Shri Chavan paid rich tributes to the CRPF men who laid down their lives while protecting the unity and integrity of the country.

In the Anniversary parade five sectors of CRPF representing Southern,

Eastern, Northern, North Eastern, North West Zone and one coy of Mahila Bn. took part which was led by Shri K.C. Sharma, Commandant 39 Bn.



Shri D.K. Khurana, Comdt. 86 Bn. receiving "Best Battalion" Trophy.

Shri Chavan complimented the medal recipients and said that the country will always remember their sacrifices they have made for the country. On this occasion 37 medals were presented, out of which nine were President's Police Medals for Gallantry, 22 Police Medals for Gallantry and six Medals for Distinguished Service. Out of the total medal recipients, 11 medals were given posthumously. The medal recipients are : *PRESIDENT'S POLICE MEDAL FOR GALLANTRY* t Late Const Naunihal Singh (41 Bn); Late Inspector Ram Avtar (19 Bn), Head Constable M. S. Bhandari (63 Bn), Late Const P. R. Arjunan (63 Bn), Late Const Patil Laxman (63 Bn), Late Naik Ram Prakash (19 Bn), Late SI B. N. Pandey (41 Bn) Late L/Naik Ram Avtar Yadav (41 Bn.) Const Brij Pal Singh (72 Bn.) *POLICE MEDAL FOR GALLANTRY*: Head Const Rajdeo Singh (19 Bn), Naik Mahavir Singh (19 Bn), Const C. Yella Naga Raju (19 Bn), Sub Insp. T. S. Bhau (38 Bn), Commandant N. N. Mishra (RTC IV). Late Const. Usha Ranjan Deb Barma

(4 Bn). Asstt. Commandant S. S. Sandhu (38 Bn), 2IC R. Raman (5 Bn), Dy. SP Pat Ram (110 Bn), Insp. C. K. Johny (48 Bn) Sub Insp Sadi Ram (48 Bn), Sub Insp L. P. Lama (48 Bn), Const Zalora Lusai (38 Bn), Const P. Gopala Krishnan (10 Bn)) Head Const Balak Ram (4 Bn), Naik Kamlesh Kumar (4 Bn), Const Khagender Burman (41 Bn), Const R. B. Bhagat (18 Bn), Late Const Pratap Giri (54 Bn) Late Const Puran Chand (38 Bn), Const Anirudh Tiwari (90 Bn), Late Const G.P.S. Murthy (8 Bn).



Shri Chavan inquiring about a Convalescing jawan of CRPF at Base Hospital-I Jarodha Kalan.



Medal Recipients with Shri S. B. Chavan Union Home Minister, DG CRPF Dr. S. Subramanian and other Senior officers.

Shri KC. Sharma, Commandant 39 Bn. who led the Parade of 52nd Anniversary CRPF

President's Police Medal for Distinguished Service

Shri A. R. Sharma, IGP (Hqrs), Shri N. K. Tewary, VSM DD (Trg), Shri M. R. Malik, DIGP (Ops) J&K, Shri Dhanpat Rai Yadav, ADIG (Ops), Amritsar, Shri Sukhcharn Singh, Commandant 54 Bn and Insp (RO) Nadia Chand Patnaik (3rd Sig Bn).

Besides above medals, trophies for “Best Group Centre” was given to Group Centre, CRPF, Gandhi-nagar (Gujarat) and another for “Best Battalion” was given to 86 Bn. CRPF stationed at Delhi. This time four new trophies for “Operational Efficiency” were also given. In Kashmir, the first and second trophies with cash reward of Rs. 5000/-each were given to 50 Bn and 77 Bn respectively. In Punjab, the first and second trophies with cash reward of Rs. 5000/- each were given to 66 Bn and 73 Bn respectively.

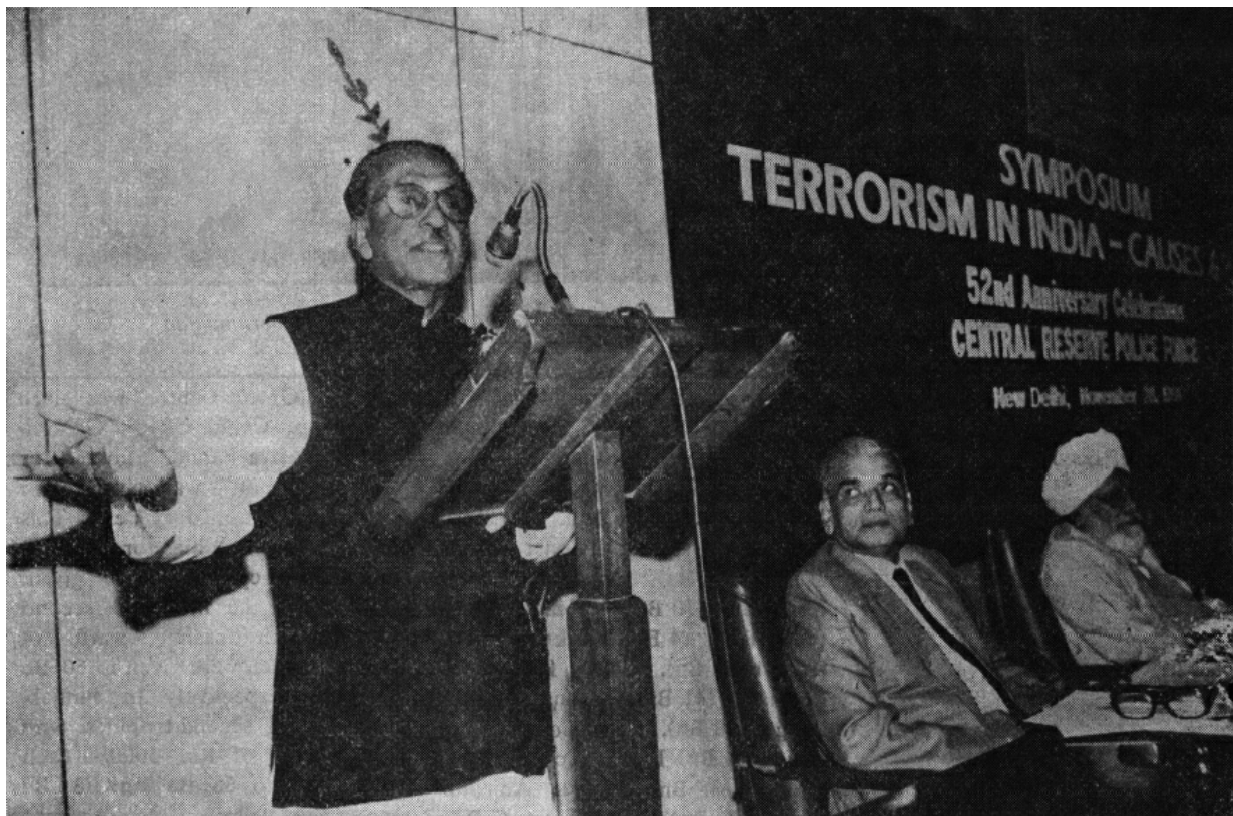
After the parade, the Home Minister visited Base Hospital, CRPF and met patients who were injured during various encounters with terrorists in Punjab and Jammu & Kashmir.

Earlier Home Minister was received by Dr. S. Subramanian, Director General, CRPF and was introduced to other senior officers of the Force. A large number of senior officers of CPOs and Home Ministry attended the function.

Symposium

TERRORISM IN INDIA CAUSES & CURE

—A. N. Sharma



Shri M M. Jacob Union Minister of State for Home affairs Presiding over the Symposium

The Central Reserve Police Force for the first time in the history of paramilitary forces organised a one day symposium on “Terrorism in India—Causes and Cure” on 28th Nov. 1991 at New Delhi, on the occasion of 52nd Anniversary of the Force. A number of eminent citizens and experts attended the symposium.

The function was presided over by Shri M.M. Jacob, Union Minister of State for Home Affairs, while Dr. Farooq Abdullah, former Chief Minister of J&K, Shri Vasant Sathe, former Union Minister, Shri Inder Malhotra, a senior journalist and Shri Jaswant Singh of BJP were the speakers on the occasion. DG CRPF Dr. S. Subramanian played the host.

Opening the symposium, Shri M.M. Jacob, Union Minister of State for Home, said that dialogue, persuasion and affection play an important role in combating terrorism. He said we were to have better intelligence and sophisticated equipments to fight terrorism. Terrorists cannot succeed without the support from people and our endeavour should be to win over the confidence of the people. Shri Jacob added that India would not succumb to any pressure from across the border.

Shri Jacob pointed out that the aim of the terrorists was to get publicity

for their demands and to undermine the state interests besides working against the interests of the people. He said using force was not the prime factor in overcoming terrorism but only a supplementary measure to prevent bloodshed, the final resolution had to come through dialogues, he added.

Symposium

Expressing the hope that terrorism would be checked, Shri Jacob said Terrorism had been successfully ended in Nagaland, Manipur and Mizoram through dialogue and persuasion. Terrorists had not been successful in Arab or African Nations. The world was turning to the Gandhian approach to end the menace.

Terrorism in India seemed to have its bases in the USA, UK and Canada. There was no justification of terrorism in a democratic country like India the Minister added.

The CPM leader Shri Harkishan Surjeet, called for a political initiative to solve Punjab, Jammu and Kashmir, Assam and other terrorism related problems. He said mere deployment of the Army and administrative actions without a political initiative would not help.

Shri Surjeet also pleaded for electoral reforms as during elections all political parties used anti-social elements to win seats. Shri Surjeet commended the role of the security forces, particularly the CRPF in dealing with terrorists.

Shri Surjeet said that certain lesson had to be drawn and tremendous resources of India had to be guided towards the right direction. Narrow partism political gains now had to over look and all-out effort to set matters right in strife-torn states of Kashmir, Punjab and Assam was needed.

Blaming the politicians for the situations now prevailing in the country. Shri Jaswan Singh, BJP MP said that the political leaders were confused and the implementation of policies become a problem over the years. A conceptional void in tackling problems of such magnitude exposed the quality of political leadership and machinery on the ground did not get clear-cut direction and orders to deal with terrorism resulting in many serious problems.

Shri Jaswant Singh of BJP urged the political leaders to get personal examples and reverse the stop-go policy of traffic light system while finding

out solutions to such problems. He was of the firm opinion that the buck stopped at the doorsteps of the politicians and they now would have to own the responsibility for their actions and deeds and humanise their system to stem the root.

Noted journalist Inder Malhotra said that the authorities of the State had to be established first in order to send clear signal to the insurgents and terrorist groups that the Government meant business and then only a political dialogue could be launched.

Dr. Farooq Abdullah former Chief Minister of Jammu & Kashmir has emphasised the need for creating an atmosphere of trust between the misguided Kashmiri Youths and the rest of the people and the will of the Government at Centre to restore normality in the striftrorn state. He also pointed out that the Government would have to implement its decisions firmly if peace had to be brought in the State. Dr. Abdullah called for a campaign to counter the propaganda started by Pakistan in the Arab countries to undermine the Indian democratic set-up. He said even Ram Janmabhoomi-Babri Masjid issue was being used against India. The need for having a better intelligence network was also highlighted by him.

The former Union Minister Mr. Vasant Sathe revived his suggestion for the formation of a national government at the centre in view of the bad economic situation and terrorism. He explained as a minority government like the one now at the Centre, cannot have sufficient strength to solve the problems which are threatening unity and integrity of the country.

Mr. Sathe said one month time should be given to terrorists to surrender and come to the negotiating table. Even electronic media should be used for discussing their demands. After which the Army should be given orders to shoot at sight. It would solve the terrorist problem within few days, Mr. Sathe suggested.

Dr. S. Subramanian, Director General, CRPF emphasised the need of finding a political solution to the problem.

LOVE ONE LOVE ALL

“Love one, love all: Not only Kashmir, entire India is yours.” So read a handwritten poster pasted on the sandbag bunkers manned by the Central Reserve Police Force at historic Lal Chowk in Srinagar recently.

The posters were pasted by the CRPF personnel who replaced the jawans of Jammu and Kashmir Armed Police at these bunkers.

This was not their only gesture. CRPF jawans playing cricket with Kashmiri children were also recently captured by Srinagar photographers.

(Courtesy—Hindustan Times dated 24 Dec. 91)

Widows Honoured



DG. CRPF, Dr. S. Subramanian Patting Child of a widow after the Cheque Presentation function.

The Director General CRPF in a solemn function on Jan. 7, 1992 presented an ex - gratia payment cheques of Rs. 2 lacs each to Smt. Iswanti Devi, widow of Inspector Ram Swaroop of 71 Bn and Smt. Bhagwati Devi, widow of Ct-Driver Parveen Bhai of 75 Bn and a cheque of Rs. 1.25 lac to Smt. Urmilla Devi, widow of Ct. Raj Kumar of 13 Bn.

These men have laid down their lives for containing terrorism and militant activities in the States of Punjab and Jammu & Kashmir.

These incidents in which CRPF personnel lost their lives took place on 22nd April 91 in district Faridkot, on 7th August 91 in Tarn - Taran near Radha Swamy Dera Amritsar and on 15th October 1990 near Dal Lake, Srinagar.

Presiding over the function, Dr. Subramanian DG CRPF said that the sacrifices of the above deceased personnel would be remembered by all CRPF personnel with pride and honour. He further said that CRPF will continue to extend all possible help to the families of its men and officers killed in action while defending the honour and integrity of the country.

RISK FUND

A total of Rs. 7,7,000 has been paid to the next of kins of 22 CRPF personnel who died during the month of December, 1991. This includes Rs. 10,000 from Central Welfare and Benevolent Fund in each case. Another sum of Rs. 1,37,000/- was paid to 11 CRPF personnel invalidated during this period.

Director General Felicitates



Dr. S. Subramanian D.G. CRPF Pinning life Saving Medal to Nk/Driver K. V. Chandran

Dr. S. Subramanian, Director General, CRPF presented the PM's life Saving Medal to Naik/Driver K. V. Chandran of 70 Bn. at a simple but impressive function on Jan. 28, 1992.

The brief citation of Naik-Driver Chandran says that on Oct. 5, 1990, while on deputation to NSG as Ranger-I, Chandran rescued Shri R. K. Wadehra, the then IGP, NSG and 20 other patients and their relatives single handedly when an explosion took place in the basement of a private Nursing Home at Panchsheel Park, New Delhi. Shri Wadhera was undergoing

treatment at the Nursing Home and Chandran was there to deliver an urgent message to Shri Wadehra.

Dr. S. Subramanian, DG CRPF felicitated sportsmen and Republic Day Parade Contingent on Jan 28, 1992 at a simple but impressive function.



Dr. S. Subramanian, DG CRPF with the outstanding sports men.

DG presented Rs. 10,000/- to CRPF Swimming Team and Rs. 6,500/- to CRPF Water Polo Team for retaining the All India Police Aquatic and Water Polo Championship, 1991. The awards were received by Shri V. V. Ponnappan, Assistant Commandant / Manager- Cum-Coach of the CRPF Swimming Squad. Besides team championship, individual awards of Rs. 2,500/- to Inspector Premjit Singh, Rs. 1500/- to Inspector S. Radhakrishnan and Rs. 1000/- to Shri Khajan Singh, Assistant Commandant were also given for their outstanding performance in the All India Police Aquatic championship, 1991.

CRPF Shooting team also received a sum of Rs. 5,000/- from DG as sanctioned by the Chief Minister of Tamil Nadu for its creditable performance in the All India Police Duty Meet, 1991. Shri T. S. Dhillon, Commandant / Manager - cum Chief Coach received the award on behalf of the shooting Team.

Dr Subramanian also presented commendation certificates to the Mahila,

Male and Band contingents which took part in the 43rd Republic Day parade.

D.G.'s Commendation Disc

133 Officers and Men of CRPF covering all ranks from IGP to follower were awarded DG,s Commendation letter / disc for the Year 1991 in recognition of their conspicuous good work and devotion to duties in various fields. This list includes two persons from Public Relation Branch namely, Assitant Commandant S. K. Khanna and S. I. N. P. S. Negi.

Some of the officers/men included in the list are S/Shri R. C. Jha, IPS, Director, ISA, M.K. Singh IPS IGP (Ops) J & K. R. C. Aggarwal, IPS, DIGP New Delhi, P.V. Subba Rao DIGP Hyderabad, M.S Farooqi DIGP Kohima, R. S. Notyal, Addl. DIGP RTC-I, K.C. Sharma Comdt. 39 Bn Dr. R. K. Mohanty, SMO Base Hospital - 3 S. A. M. Kazmi Dy. Comdt. 109 Bn. Smt. .Marry B. Nair, Sister-in - Charge BH - 3, SM. (Steno) G.S Soni, Special Sect. Insp. Arun Horo 66 Bn. Head Ct. Ram Patel Yadav 50 Bn, L/Naik-Badrul Hussain 59 Bn and Const. K.R. Chacko of 91 Bn.

Cent Percent Result of CRPF I.T.I.

All 55 trainees of Welding, Motor Mechanic, Radio & T.V. Trades of the CRPF Integrated Technical Institute have been declared successful in the final trade test conducted by the National Council of Vocational Training in the Month of July 1991. This is the second Year in succession that the Institute is having cent percent result.

The Institute was established in the Year 1989 by the CRPF as a welfare step for its employees wards.

CRPF COMMENDED

Deputy Commissioner Ziro (Arunachal Pradesh) visited Sarli post of 24 Bn, CRPF on 17.1 92 and remarked, "Visited the post. Even though one of the remotest posts of ACP it is neatly maintained. Force is disciplined and obedient and doing a good service for the Nation. Also Rs. 200/—cash reward to the post personnel".

CRPF MEN SAVE JHUGGIS

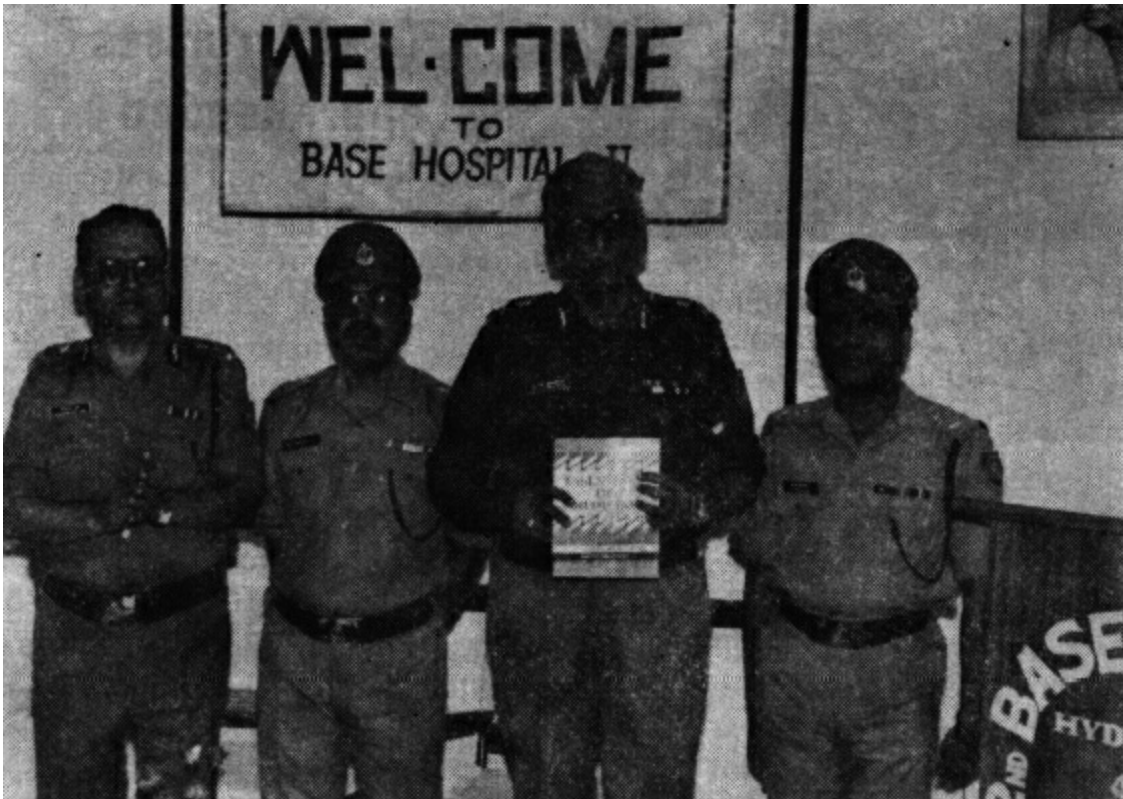
CRPF Jawans of 11 Bn. saved more than 1000 Jhuggis from being burnt on Nov 5, 1991 at Chandigarh. On seeing one of the Jhuggis on fire, Sub - Inspector Ram Bachan Singh with his jawans rushed to the spot and brought the fire under control.

Ration Money Raised

The Government has raised the ration money for non-gazetted combatised personnel of CRPF. Earlier the ration money given was Rs. 285/—. But with effect from October 1, 1991 the amount has been raised to Rs. 301/per month, an increase of Rs 16/per month.

NEWS IN BRIEF

Book on Medicine



DG CRPF Dr Subramanian releasing a book titled. "Essential of medicine"

The DG CRPF Dr. S. Subramanian, IPS released a book on medicine titled, 'Essentials of Medicine' co authored by Dr. P. K. Dash, Senior Medical Officer (Physician) of 2nd Base Hospital on December 7, 1991.

This is the fourth book by Dr. P. K. Dash which presents various Chapters on internal medicine in a compact and concise form.

Black Belt for CRPF Judocas

Three men of CRPF have been awarded Black Belt by the Judo Federation of India in a National Coaching Camp held in Bangalore from Oct. 14 to 23, 1991.

The personnel who received the coveted award are Insp. R. S. Nair of 63 Bn. S.I. Tilak Thapa of 112 Bn and S. I., S. Seth of 83 Bn. Insp. Nair is the Manager-Cum-Coach of Central Judo Team, CRPF.

CRPF Const. Commended

CRPF Constable Kanu Bhai of 101 Bn. posted at Muzaffarpur (Bihar) to guard the strong room of Turni Assembly Constituency on Nov. 16, 1991 was given a reward of Rs. 100—by Shri Hem Chand Sirohy, District Magistrate, Muzaffarpur for an act of firmness and sincerity.

Constable Kanu Bhai while on above duty prevented Supdt. of Police and District Magistrate, Muzaffarpur from entering the stadium where the ballot boxes for Assembly elections were kept, as he did not recognize them. They were given permission to enter only when the Guard Commander came on the spot and recognised them.

They are no more

We offer our deep condolence to the grieved families of following CRPF personnel who lost their lives in the month of Dec. 1991. Const BP. Tiwari (89 Bn), HC Krishan Singh (108 Bn), HC Lal Chand (91 Bn), Const Badri Prasad (50 Bn), Const Chandra Dev Singh (72 Bn), HC Hari Ram (14 Bn), Naik Bhan Singh (20 Bn), Naik Tilak Raj (22 Bn), L/Nk Tej Bahadur (22 Bn), Const. Jas Karan Singh (22 Bn), Const Paramjit Singh (22 Bn), Const Makhan Ram (22 Bn), Const Massja Singh (22 Bn), Const Vedverth Singh (22 Bn), L/Nk K.B. Shivrajan (22 Bn), Naik Ram Swaroop (13 Bn), Insp

Babu Singh (20 Bn), Naik Avodh Bihari (20 Bn), Const S. H. Manjappa (20 Bn), HC/Dvr Jodha Ram (20 Bn). Const Mahender Singh (20 Bn), Naik Arishal Singh (37 Bn), Naik Hardeo Singh (77 Bn), Sub Insp Kashmiri Lal (63 Bn), Naik K. Rajan (63 Bn), L/Nk Hoshier Singh (63 Bn), Const C.A. Abraham (63 Bn), Const/Mochi Shyam Prakash Ram (26 Bn), Rect Nand Kishore (122 Bn), Const Joginder Sethi (63Bn), Naik Gur-bachan Lal (54 Bn), Rect Sant Kumar (107 Bn), HC Sardar Singh (66 Bn), Const R. Gawande (79 Bn) and Naik/Dvr Ishwar Singh (22 Bn).

Gallantry award for three

The President has awarded the Police Medal for Gallantry to three CRPF personnel; Commandant R.K. Sharma of 29 Bn, Commandant R. K. Singh of 4 Bn and Constable Bashir Ahmed of 49 Bn for displaying conspicuous gallantry, courage and devotion to duties of a high order.



Shri R K. Sharma Commandant, 29 Bn.

The citation of the above three personnel are as follows :

Shri R.K. Sharma, Commandant 29 Bn got information on 24th July 1988 that some armed terrorists were hiding in one of the farm houses of village Pakhopura. Shri R.K. Sharma with his party rushed to the spot to nab terrorists. The moment this party reached close to the concerned farm house, the extremists fired heavily with automatic weapons. Without wasting time Shri Sharma ordered his party to take position and return the fire. Shri Sharma himself tactically moved forward despite heavy firing from extremists without caring for his personal safety. When he could manage to reach near the hiding place, he effectively fired on the extremists killing one

of them on the spot. In the continued exchange of fire two other extremists received serious injuries. Finding themselves appropriately cornered, the extremists started running away while continuing firing at the chasing party. Shri Sharma along with other party personnel chased the fleeing extremists for about 4 to 5 kms without caring for the heavy firing from the extremists, Two of the four extremists jumped into Beas river in order to escape into Mand area but they could not swim across and were drowned in the river with their rifles. The other two extremists who were injured managed to escape towards the Mand area. The dead extremist was later identified as Satnam Singh alias Satta of Village Bhan.



Shri R. K. Singh, Commandant 4 Bn



Ct. Bashir Ahmed 49 Bn.

Shri R. K. Singh, Commandant 4 Bn and his men showed exceptional courage and presence of mind when on an information on Sept 8, 1989 he succeeded in trapping and killing Sukhminder Singh and his seven gang members in a farm house in village Jhanduwalla after a fierce encounter

lasting over six hours.

Constable Bashir Ahmed of 49 Bn who was deployed alongwith his section on June 14, 1988 at Golden Temple Complex to screen devotees showed exemplary courage and presence of mind when he prevented two alleged extremists from killing L/Nk Om Prakash and Constable Karan Singh of CRPF. Constable Bashir Ahmed not only saved his men but also succeeded alongwith his colleagues to eliminate the alleged extremists who had created a panic in the Golden Temple Complex.

207 Terrorists apprehended

The CRPF apprehended 207 extremists in the last month of January 1992 in as many as 130 encounters and searches. In this various operations 32 terrorists got killed while trying to escape. During the month under review CRPF recovered 89 weapons and huge quantity of ammunicions. The important weapons recovered include 28 AK-47 rifles, 20 AK-56 rifles, 6 rifles, 30 pistols-revolvers, 2 SLRS. and 3 rocket launchers.

In the above encounters CRPF lost four of its men while 31 received injuries.

Dreaded Terrorist Killed

Men of 43 Bn. CRPF succeeded in liquidating one terrorist in an encounter on Dec 20, 1991 near village Fatehpura, Amritsar.

CRPF men had to retaliated when they were fired upon by terrorists during a joint raid operation with Punjab Police. The *killed* terrorist was later identified as Palwinder Singh alias Sona, a self styled Lt. General of KLF. One AK 47 rifle with lot of ammunicions were recovered from the spot.

Four Killed

Men of 73 Bn CRPF faced three encounters with terrorists during last couple of months of 1991 resulting in death of 4 militants.

In the first incident, a patrol party of A-73 Bn was challenged by terrorists during a raid on Nov 10, 1991 at village Kaluika under P. S. Mehta, Amritsar. In the exchange of fire one terrorist was killed while the

others managed to escape under the cover of darkness. Terrorist killed was later identified as Dara Singh alias Chuhar Singh of KLF gang.

In the second encounter two terrorists were killed when they challenged a joint search party of 73 CRPF and Punjab Police on Dec. 23, 1991 near village Jandiala. Amritsar.

In the third incident men of D-Coy 73 Bn while on mobile duty shot dead one militant namely Dalbir Singh of KLF on Dec 26, 1991 near Jandiala, Amritsar, Two AK 47 rifles and one SLR also recovered from the possession of the dead militant.

Two Militants Apprehended

Two militants were apprehended in an ambush jointly laid by men of D Coy 10 Bn CRPF and Punjab Police on Nov 13, 1991 near PS Kathu Nangal Amritsar.

Militants opened fire when the Maruti Car in which they were travelling was intercepted by the CRPF men After a brief exchange of fire CRPF men over - powered the terrorists.

FOUR MORE KILLED

Four terrorists got killed in an encounter with men of 43 Bn CRPF on 18th Nov'91 near village Fatehpura, Amritsar.

The incident took place when, men of 43 Bn alongwith Punjab police conducted a weeklong special raid/search operations in and around Amritsar to check terrorists menace and to build confidence among public.

On the 18th November a search party of 43 Bn alongwith Punjab police cordoned village Fatehpura from all directions and began to conduct house to house search As the party entered in to a house owned by one Lambredar Kandan Singh, heavy firing came from inside. The search party immediately took position and engaged the terrorists with counter fire. All the strategic points were manned by our men giving no room to terrorists for escape. As the exchange of fire continued Commandant M. S. Sidhu and Ct. Shyam Kumar Bulkade crawled under fire and took position behind a pillar close to the room, where the terrorists were hiding. While doing so two bullets pierced through the turban of Shri Sidhu. Without bothering for their lives shri Sidhu and the Constable continued the fire resulting in death of one

terrorist. Seeing this other terrorists came out in an effort to break open the cordon, but the daring response of our men resulted one more terrorist killed. The loss of two colleagues deterred the confidence of other terrorists made them to withdraw into the room. In a desperate attempt to escape they kept away our men with volley of shots. Meanwhile roof of the room was holed with the help of cow bars and 14 grenades were dropped inside the room. As the fire from the other side was stopped the search party entered into the room only to find dead bodies of two more militants. Thus the entire operation resulted in elimination of 4 militants who were later identified as Nirvail Singh @ Fauzi @ Sethi of BTFK group, Surinder Singh @ Chanda @ Mahinga Singh Fauzi of Tarn-Taran, Mastan Singh @ Mastana (Bomb) and Tajender Singh @ Billa.

The important weapons recovered from the possession of terrorists were 2 AK-47, one .315 bore rifle one 12 bore DBL gun, one 12 bore SBL gun, one .32 revolver and lot of ammunitions.

Battalion History 43 Bn.

43 Bn of CRPF came into existence on January 1, 1969 on merger of 5th Bn of Orissa Military Police. The first Commandant of this Bn was Shri M.S.Sidhu.

During its long history this Bn has shown its ability in operations in Orissa, Nagaland, New Delhi, Mizoram, Bihar, Punjab and Arunachal Pradesh. It has a long list of achievements to its credit. This Bn. successfully check-mated naxalite in-roads in West Bengal, militants activities in Punjab and underground activities in Nagaland and Mizoram. During these actions the Bn apprehended/eliminated a large number of ultras and recovered huge cache of arms amns. At present this Bn is engaged in Punjab to fight out terrorists menace.

In recognition of their yeoman service to the Nation this Bn has earned several medals. Shri M. S. Sidhu the present Commandant was decorated with President's Police Medal for Meritorious Service on the occasion of Independence Day 1991. Constable Sujan Singh was given Jawan Raksha Medal in 1976. SI K. V. Chellappan got DC's Commendation Disc in 1990. Shri A. K. Kathureg and Shri M. M. Singh the then Commandant and second-in - Command respectively were given Governor of Nagaland's

Certificate - 2 on the occasion of Independence Day 1976.

QUOTABLE QUOTE

Never trouble trouble till trouble troubles you.

CRPF WINS CHAMPIONSHIP

CRPF shooting team won the overall team championship at the All India Open C. L. B. Memorial Rifle Shooting Championship held recently at Ajmer. Maharashtra came second while Railways got 3rd position.

Besides overall team champion ship, CRPF shooting team won women's section Best Team Trophy and men's section Best Team Trophy. Commandant T. S. Dhillon's shot was declared the 'best shot' of the meet.

In this 5 days tournament, teams from various parts of the country participated in .22 Rifle 50 Mtrs. prone, .22 Rifle 50 Mtrs 3 position, Air Rifle 10 Mtrs., Air Pistol 10 Mtrs., Centre Fire Pistol 25 Mtrs. and Standard Pistol 25 Mtrs.

Definitions ?

Bachelor : A man who lives 40 KM away from his home.

Doctor : One who kills pain by pills but gives pain by bills.

Architect : The man who knows where to stop his chisel.

Dictionary : Only place where 'Divorce' comes before 'Marriage'

Fun Time

Manager : Well, atleast you are about to be discharged today. I suppose you hate me lot and will be waiting till I die so .you can spit on my grave, Isn't it ?

Emplayee : No, sir.

Manager : But why ?

Employee : I don't want to waste my time by waiting in such a long queue.

Girlfriend : How did you get that prestigious medal ?

Soldier : One day our Commandant needed a volunteer for a risky task.....and he asked anybody to step forward.....

Girlfriend : You stepped forward ?

Soldier : No. The rest of the line stepped backward.

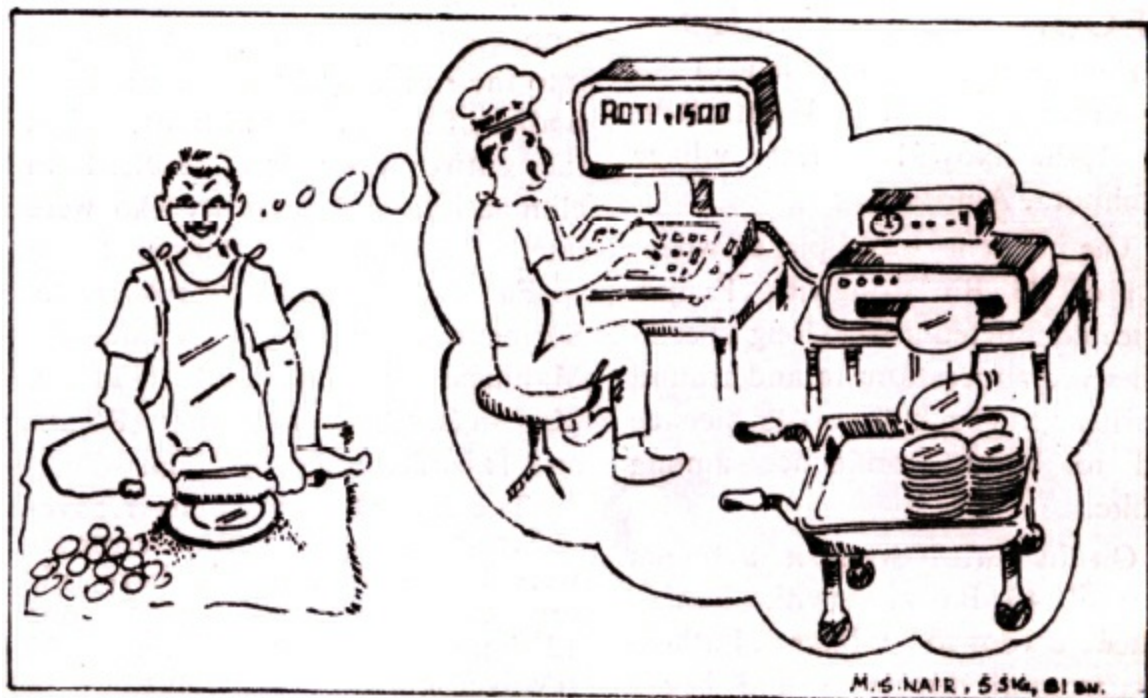
The Havildar Major had been lecturing his men on their duties as soldiers and wanting to know whether they remembered his teaching. He asked one of them;

Well, my boy. Why should a soldier be ready to die for his country ?

The cadet scratched his head for a while; then replied with an enlightened face.

Yes 'Major' why should he?

Complited by :
A.J. RAMALINGAM





Regd. No. 45950/89



CRPF SAMACHAR

Vol. V

No. I

April 30, 1992

10 Vaisakha, Saka 1914





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C.R.P.F.
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Cover Best Trainee to Asstt. Commandant Vijai Kumar at Passing Out
— parade of 22nd batch of DAGOs at ISA Mount Abu.

Second Shri Sunder Lal Patwa, Madhya Pradesh Chief Minister greeting
Cover CRPF Team Manager Shri Hari Chand at 41st All India Police
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Third CRPF Team receiving winners' Trophy of XVI Indira Gold Cup
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Fourth Dy. Commandant Manoj Kumar Dubey Commander of CRPF Parade
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— Republic Day Parade from Shri N. Raghunathan, Secretary for
Defence Production and Supplies.

Photos—Satish Khanna

Editorial

Dear friends,

In this issue we are bringing you a number of significant events concerning CRPF besides routine items. The first write up would be on our Republic Day Contingent and its achievements. For the first time in many years our contingent won 'Best Marching Contingent' award in the 1992 Republic Day Parade among the para-military and Police organisations of the country, which took part in the Republic Day Parade. CRPF Samachar family offers heartiest congratulations to the contingent members and hopes that the Force will keep this up in future also.

In the second write up we will bring you the details of 41st All India Police Games held at Bhopal from 23 Feb to 1st March 1992. Though we have not done very well in the games improved our position in athletics from 5th to 3rd place. This was due to good coaching and induction of new talents. It is hoped that in coming years our performance will improve further.

Another event of importance was annual passing out parade of Directly Appointed Gazetted Officers at ISA Mount Abu held on 7th April '92. The conduction of special re-orientation course for RAF officers by the Indira Gandhi National Open University was also an unique experience which gave lead to other police organisations to go in for refresher course there.

The CRPF has provided yeoman service and assistance to Punjab Police in successfull conduct of elections in the State.

Besides routine items like operations, Bn History, death cases etc, this time we have also included a general interest write up on Saiha Mizoram in this issue. I hope you will find it interesting.

A handwritten signature in black ink, appearing to be 'A. Sharma', is located at the bottom right of the page. The signature is stylized with a large 'A' and a long horizontal stroke.

—(A. N. Sharma)

Passing out Parade of D.A.G.O's



DG Shri D. P. N. Singh addressing audience at Mount Abu.

33 Directly Appointed Gazetted officers of 22nd batch passed out at an impressive but simple annual function held at Internal Security Academy, CRPF Mount Abu on April 7, 1992.

Shri D. P. N. Singh, Director General, CRPF took salute at the passing out parade and distributed prizes.

Addressing the CRPF Officers of ISA, Shri Singh said that 52 year old CRPF was a pillar of National unity and integrity. He further said that the CRPF was a National weapon to tackle any challenge. Shri Singh said that 1.5 lac strong force of CRPF had representatives from every region of the country making it a 'Mini-India'.

Shri Singh further said that our ultimate test was how best we could serve the people who are our supreme masters. We Should dedicate ourselves to maintain the law and order whenever called upon to do so. “Life is a Marathon, not a Sprint”, said Mr. Singh to those officers who could not win a prize. “Only talent is not enough. Stamina and a never-tiring awareness to one’s duty are also required to win prizes in the long run,” he added.

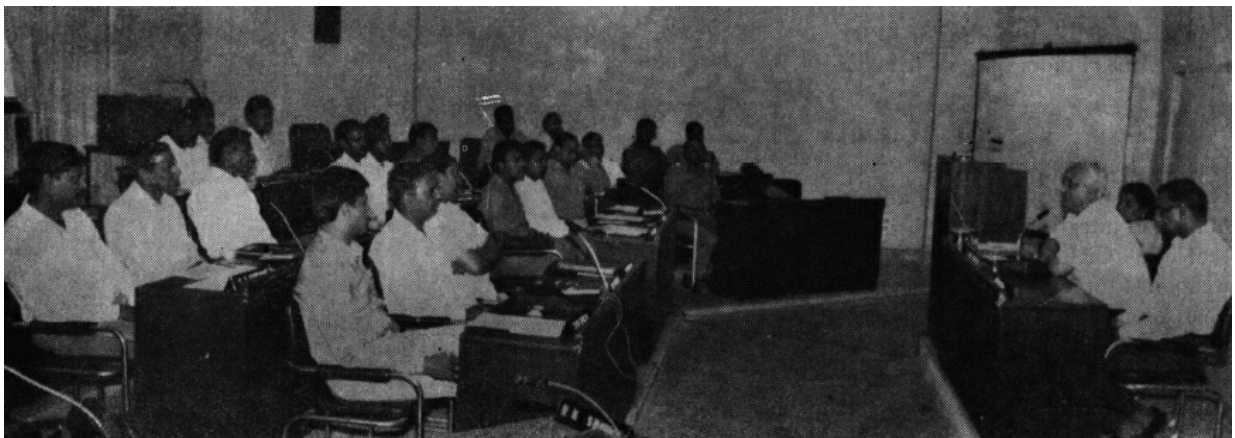
Earlier Shri Singh distributed prizes to the Best Trainees. Sword of Honour for the Best Trainee was awarded to Asstt. Commandant Vijay Kumar. Best Trainee in Indoor subjects and Debate was given to the only lady officer in the group, Asstt. Commandant Nitu Thatai. Other prize winners are, S/Shri Vijay Kumar (Shooting), Anil Kumar Singh (Out Door subjects and drill), Gyanendra Kumar (Weapon training), D. P. Upadhaya (Physical Training and Rock Climbing), Karma Bhutia (Un-armed Combat Course) and Surendra Singh (Sports).

A large number of CRPF Officers and eminent personalities of Mount Abu attended the function.



Asstt. Comdt. Nitu Thatai receiving Best Trainee Trophy in Indoor Subjects.

Formation of R. A. F.



DG Shri D.P.N. Singh addressing RAF Officers.

The Rapid Action Force (RAF) is formed during February 1992. Orientation courses for the officers and men of RAF have started. The first one week capsule course for the Commandants was conducted from 12th to 20th Feb '92 at Indira Gandhi National Open University, New Delhi. This course helped the officers in training the juniors and the constabulary. Now they will be mentally prepared when inducted into riot situation with first hand knowledge about its geography and social set-up.

The second course for the officers and men was conducted from April 27 to 1st May '92 at National Institute of Criminology and Forensic Science. These courses were inaugurated by Prof. S. Kulandai Swamy Vice Chancellor and Shri D. P. N. Singh Director General, CRPF, respectively. It is hoped that by the end of the year the force will be ready for operation.

The RAF was raised to deal with periodic flare-ups including communal riots. It is an unique experiment of the Government. More than 13,000 jawans of the CRPF consisting of 10 Battalions will hit the streets in the country by the end of this year. These jawans and officers were selected after they have been put through psychological tests especially designed to examine their mental attitude towards the minorities and secular bias.

A contingent of 90 women officers and personnel will be integrated in every battalion to deal with situation in which the force faces women demonstrators or to carry out house to house searches and also to provide succour to the victims.

The RAF will not be a lathi-wielding unit and conventional police methods will not be adopted.

As the name suggests, the RAF will have 'zero-response' time and to ensure that they are provided with fast vehicles including firetenders, ambulances and jeeps. Each officer and man of the RAF is now being trained in fire-fighting operations, first-aid and in the use of latest riot-control equipments.

The RAF will use rubber bullets, stock batons and fibre glass shields to control mobs besides maintaining dog and mounted squads for tackling crowds on the ground. The RAF has been told to build up rapport in the area with the people through respectables and elders and make them feel that the RAF is there for their protection.

Moreover to keep the force perpetually young and effective there would be periodic rotation of officers and men with a fixed tenure of about five

years. Also the RAF has proposed to the Government to post them in the riot area for not more than 30 to 45 days so as to avoid the possibility of developing vested interests.

The exclusivity of the force will be established by their distinct blue camouflage danglee with blue belt and the insignia showing a white pigeon in full flight.



RAF Officers with IGP (Ops & Trg) Shri R.K. Sharma & staff members of N/CFS .

Also the force will have the theme song “Hum Peheredar Aman Ke (We are the guardians of peace) penned by Gopal Chaturvedi and sung and composed by Pankaj Jaswani.

The Government for starters has decided to place these Bns in Delhi, Ghaziabad, Meerut, Allahabad, Aligarh, Ahmedabad, Hyderabad, Varanasi, Jamshedpur and Jaipur. At present the officers of CISF and Institute of Forensic Sciences and St. John’s Ambulance are training the RAF in fire-fighting, psychology and medical treatment courses respectively.

STATEMENT ABOUT OWNERSHIP AND OTHER PARTICULARS REGARDING THE MAGAZINE “CRPF SAMACHAR”

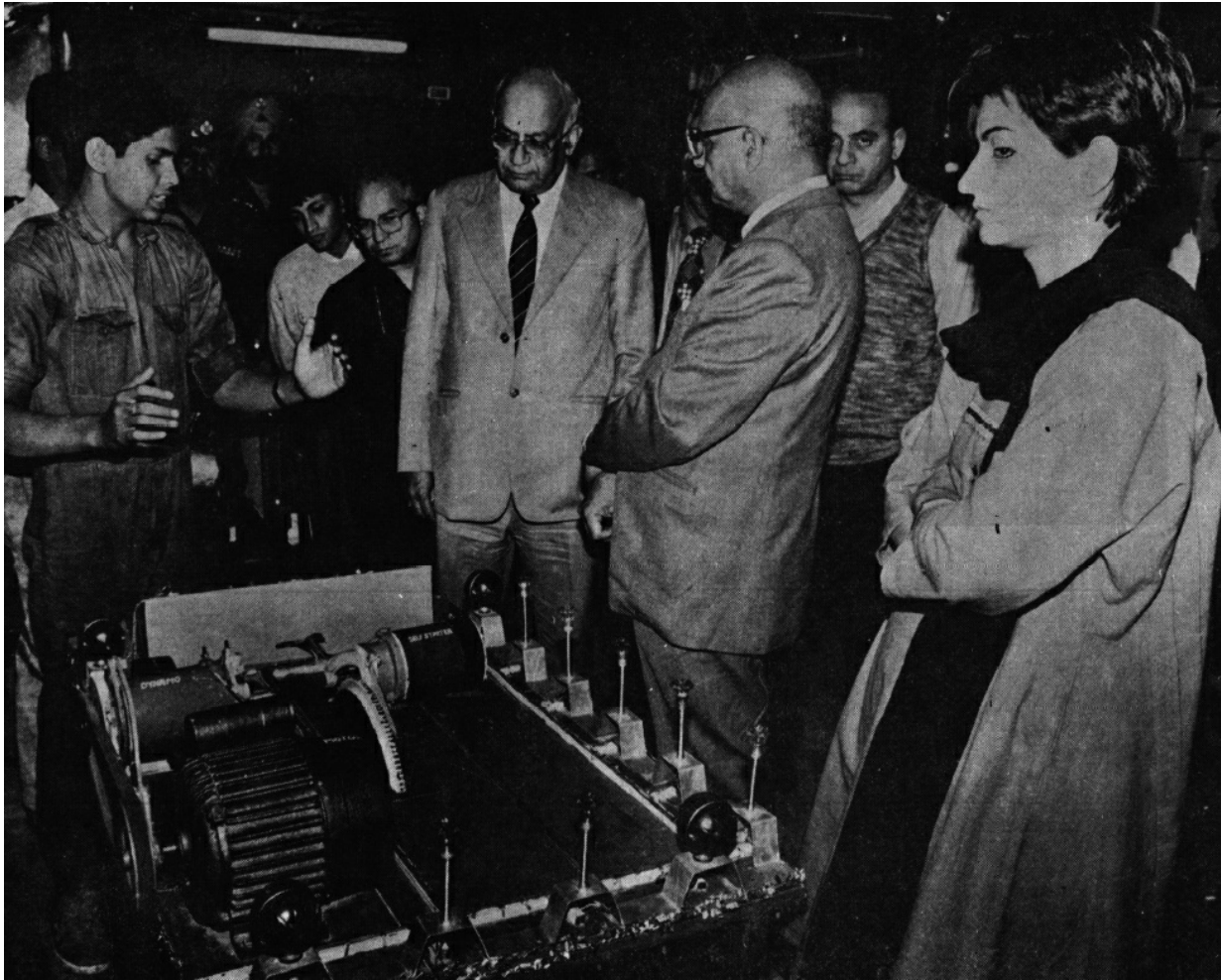
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- I, A. N. Sharma, hereby declare that the particulars given above are true to the best of my knowledge and belief.

Date : April 30, 1992

Sd/-A. N. Sharma
Signature of Publisher

Addl. D.G. at CRPF I.T.I.



Shri C.S. Dwivedi, Addl. DG at Mechanical Workshop of CRPF I T.I.

Shri C. S. Dwivedi IPS Addl. Director General CRPF gave away prizes to the students of CRPF ITI who excelled in their annual examination at a function organised by the CRPF ITI Wazirabad, New Delhi, on 7th March, 1992.

The function started with the welcoming of Chief Guest by Shri D.P. Aggarwal, Principal followed by his visit to various shops of the Institute. Shri Dwivedi evinced keen interest in the various working models of the Institute. He expressed great satisfaction on the development and working of the Institute since its inception.

While giving away prizes to position holders, Shri Dwivedi has admired the performance of Narendra Prasad Tiwari, a trainee of Motor Mechanic trade for his securing first position in the State level skill competition during 1990-91. The winners of the prizes are Shri N.P. Tiwari First in the State competition, Shri Harender Kumar in Radio & TV Course, Shri Ritesh Saini

in Motor Mechanic trade and Shri Dharmender Singh in Welder trade. Similarly awards were also given to Shri Satyanarain Singh (Radio & TV Course), Jagdish Kumar Rawat (Motor Mechanic) and Rajesh Kumar (Welder Trade) for securing second position in their class.

Besides ITI students, their teachers, viz S/Shri M. R. Lingam Inspector (Motor Mechanic) Harsh Joshi, Inspector (Workshop Calculation and Science) Joginder Kumar Inspector (Motor Mechanic) and K.K. Arora, Inspector (Radio & TV) were also awarded by the Addl. Director General.

Shields for well maintained shop and hostel were given to Motor Mechanic trade.

Risk Fund

A total of Rs. 11,90,000/- has been paid to the next of kins of 24 CRPF personnel who died during the month of March '92. This includes Rs. 10,000/- from Central Welfare and Benevolent Fund in each case.

Another sum of Rs. 45,000/- was paid to three CRPF personnel invalidated during this period.

They are no more

We offer our deep condolence to the grieved families of following CRPF personnel who lost their lives in the month of March '92 : Ct. S.P. Deo (30 Bn), HC Pappy Yohannan (SDG), Nk R. Surian (5 Bn), Ct Kanu Sahu (6 Bn), Ct/Dvr Rudal Yadav (119 Bn), Ct Vimal Minu (49 Bn), Rt Ramesh Chandra Yadav (120 Bn), SI(M) Md. Islam (GC DPR), L/Nk D. Kondolna (29 Bn), Nk Singar Singh (3 Bn), Nk Mehtab Singh (119 Bn), Ct. Harbajan Singh (65 Bn), Nk Imam Ali Khan (70 Bn), L/Nk G.B. Mahapatra (70 Bn), Nk/RO Harihar Prasad (4 Sig Bn), HC Balbir Singh (38 Bn), Ct Sunil Kumar (27 Bn), SI (M) R. K. Sharma (GC New Delhi), and Const B.P. Singh (85 Bn).

C.R.P.F, apprehended 253 terrorists

The CRPF apprehended 253 extremists during the month of March '92 in as many as 53 encounters conducted in various parts of the country including Punjab and J&K. In this various operations 36 terrorists got killed

while trying to escape. During the month under review CRPF recovered 103 weapons and huge quantity of ammunitions. The important weapons recovered include, 30 AK-47 rifles, 16 AK 56 rifles, 19 pistols/revolvers, 4 rifles, 1 Sten gun, 1 SLR, 1 GPMG and 1 rocket launcher.

In the above encounters CRPF lost three of its men while 29 received injuries.

Officer Honoured



Shri D.R. Pathak

Shri D. R. Pathak, Second-in-Command, at present on deputation to DG Doordarshan security was awarded President's Police Medal for Meritorious Service on the occasion of Independence Day 1991.

SOME TIPS FOR STUDENTS

Shri D. P. Agarwal, Principal, ITI, CRPF has provided some 'Interview Tips' to the students who have passed out from the Institute and are in search of a job. The tips are as under :—

1. Be present ahead of time.

2. Look your best (clean clothes, hair neatly combed, look cheerful)
3. Know the company or organisation for which you are applying. Before the interview learn what products it makes, their uses, where are its Head Quarter and Branch offices.
4. Answer the question that is put to you. Don't bluff.
5. Speak distinctly in pleasing tone and relaxed manner. Try not to look nervous, Look directly into your interviewer's eyes.
6. Do not argue with the employer. There is no sense in winning a point but losing a job.
7. Be able to give a brief description of your-self as a person your strengths and weaknesses.
8. **Key Question**—What can you contribute ?
9. If the interviewer wants you to do most of the talking do so with poise, sincerety and maturity.

41st All India Police Games

C.R.P.F. Secured Third Position

Text—A. N. Sharma

Pix—D. N. Tiwari



Governor Madhya Pradesh, Kunwar Mohd. Ali Khan greeting Gold medal winner Shri R. S. Bal.

The CRPF Athletes improved their position in comparison with last year when they secured 3rd position in the 41st All India Police Games 1992 held at Bhopal from Feb 23 to Mar. 1, 1992. Last year CRPF secured 5th position in the All India Police Games.

The BSF again secured 1st position with 162 points while Kerala police was runners-up with 136 points and CRPF was third with 134 points. CRPF Athletic (Men) team bagged 2 gold 6 silver and 6 bronze while women athletes bagged two bronze medals.

Shri Sunder Lal Patwa, Chief Minister of Madhya Pradesh inaugurated the Athletic Meet at a colourful function while Shri Kunwar Mahmood Ali Khan, Governor of Madhya Pradesh was the Chief Guest at the closing ceremony. He also distributed prizes to the winning teams and individuals.

The games were organised at BHEL Sports Complex, Bhopal where in

26 police teams from Assam, Tamil Nadu, Nagaland, Orissa, West Bengal, Mizoram, Delhi, Gujarat, Haryana, Himachal Pradesh, J & K, Tripura, Kerala, Karnataka, Bihar, Punjab, Madhya Pradesh, Uttar Pradesh, Chandigarh, Rajasthan, SSB, RPF, CISF, CRPF, BSF and ITBP participated. Around 1700 sports persons took part in various events which included 100 sports women from various police organisations. The games that played were Hockey, Basket Ball, Volley Ball. Kabaddi, Wrestling, Gymnastic, Judo and Athletics. Women contingents took part in Athletic events only namely, 100 mtrs. hurdles, 4×100 mtrs. relay race, 400 mtrs, 4x400 relay race, Running Board jump, High jump, Shot put and 100 mtrs race.



Prabhjot Singh of CRPF receiving Gold Medal for Pole Vault

A number of top sports men and women, who represented the country, participated in these games. They include Dy. Commandant R.S. Bal, Insp. K. Suyodhanan from CRPF, Shakti Singh. Omvir Singh, Ashok Kumar, Mahender Singh and Km. Sridevi from CISF, P.V. Wilson from Kerala Police, Subash Verma and Sanjay from BSF and Ms. Amandeep Kaur from

Punjab Police.

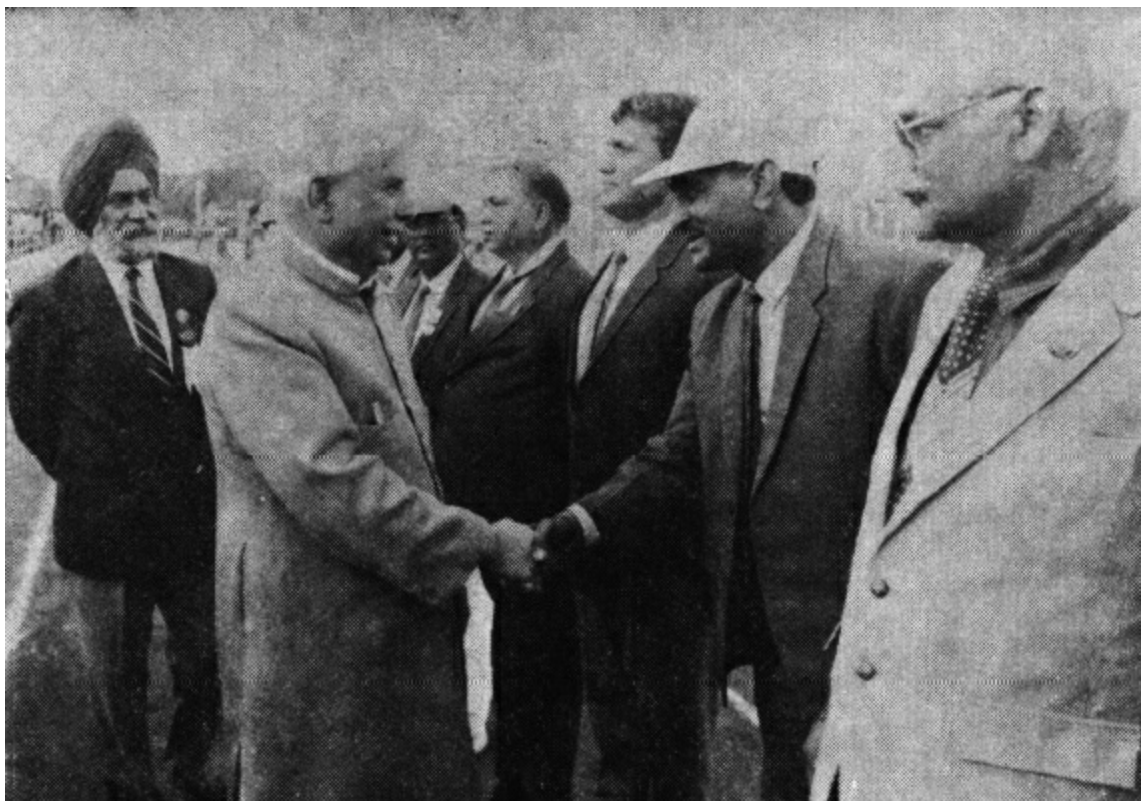
During these games, a cycle expedition from Salal city of J & K and a torch relay run from Patna, where the last police games held, were also organised by CISF. Both these parties came to Bhopal on the inaugural day of Athletics on Feb 27, 1992.

It will not be out of place to mention here that the first All India Police Athletic Meet was held in February 1951 at Cuttack (Orissa). After this meet the States and the UTs in India were divided into four Zones and Zonal tournaments were introduced at the Second All India Police Athletics and Sports Meet held at Lucknow (UP). The Wrestling tournament was introduced in the Fourth Meet held in Punjab. The Seventh Meet was the introduction of the Gymnastics Competition and the Eighth, the Volley Ball tournament and so on and so forth. Zonal Tournaments are conducted on league basis. The winning team from each zone competes at the All India Police Games which are generally held in the 1st week of February every year. Zonal Tournaments at the All India Police Games are conducted by the respective States or CPOs by rotation.

Today these games assumed such an importance that the whole country looks up to these games for giving them some budding sports men and women to the country.

The performance of CRPF athletic team has improved due to the inclusion of large number of young and budding sportsmen in its rank and file. They are Chandveer Singh (1500 mtrs) Prabhjot Singh (Pole vault), Ajar Mohd (800 mtr)., Amritpal Singh (3000 mtr. race), Inoba Singh, Faruq Ali, Surjeet Singh and Devasish Rai (4x100 mtr. relay).

In the games CRPF performed very badly this time. It really needs practice and improvement if they have to win titles next time. In the games CRPF secured runners up trophy in Basketball, third positions in Kabaddi, Volleyball, Judo, Wrestling and fourth positions in Hockey and Gymnastics. Insp Vijai Kumar of CRPF was declared Best Gymnast of the meet.



Governor Madhya Pradesh meeting Games officials on Closing Ceremony

The detailed result of athletics are as follow :—

10,000 mtr run : Madan Singh— 1st (BSF), Jaswinder Singh—2nd (Punjab), Chandra Ram—3rd (BSF) Sidarth Ahiwala—4th (Maharashtra), Sivdayal Sharma—5th (UP), J. Manju Nath—6th (CRPF).

Tripple Jump : B. S. Vinod— 1st (CISF), Kishore Sahoo—2nd (Bihar), R. R. Apukuttan—3rd (BSF), E. Manual Das—4th (ITBP), Bajrang Singh—5th (BSF), Gurbhajan Singh—6th (Punjab).

Discuss Throw : Shakti Singh— 1st (CISF), Manjit Singh—2nd (BSF) Kuldeep Singh—3rd (BSF). Bahadur Singh —4th (Punjab), R. S. Bal— 5th (CRPF), Kamaldep Singh— 6th (CRPF).

High Jump : P. Ajay Kumar— 1st (Kerala), H. M. Mahato—2nd (CRPF), Balsis Ekka—3rd (Bihar), Paramjit Singh—4th(Punjab), Gokul Chand Mahanta—5th (CRPF), Suresh Rai—6th (UP).

1500 Mtrs run : Ram Pratap Patel—1st (MP), Ranjit Singh—2nd (BSF), Chandveer Singh—3rd (CRPF), Vijaipal Singh—4th (Rajasthan), Anthony D' souza—5th (Karnataka), Rajbir Singh—6th (ITBP).

400 Mtr Hurdle : P. V. Raju— 1st (Kerala), Rajender Singh—2nd

(CRPF), Roy Jacob—3rd (CRPF), P. Jagdeeshan—4th (RPF), Adan Tiwari—5th(UP),Ishwender Singh—6th (Delhi).

100 Mtr run : Roy P. Joseph—1st (Kerala), Sanjeev Anand—2nd (CISF),. Makimai Raj—3rd (Tamil Nadu), Abdul Rashid—4th (Kerala), Thangappan—5th (BSF), Surjit Singh—6th (CRPF).

Hammer Throw : R. S. Bal—1st (CRPF), Om Prakash—2nd (CRPF), Anup Yadav—3rd (CISF), Sudheer Kumar—4th (CISF), Daljeet Singh—5th (BSF), Bhupinder Singh 6th (Punjab).

Pole Vault : Prabjot Singh—1st (CRPF), B. C. Tyagi—2nd (CISF), M. Rajan—3rd (Kerala), Mangu Ram—4th (BSF), M.P.Sajimon—5th (CRPF), Major Singh—6th (Punjab)

800 Mtr race : Harmeek Singh—1st (Punjab) Ram Pratab Patel—2nd (MP), Ajar Mohd—3rd (CRPF). Jaswant Singh—4th (Punjab) Kartar Singh—5th (CRPF), Narayanappa—6th (Karnataka).

200 Mtr Race : M. K. Venugopal—1st (CISF), Jata Shankar—2nd (BSF), Roy P. Joseph—3rd (Kerala), Baljit Singh—4th (Punjab) A. G. Thangappa—5th (BSF), K. S. Biju—6th (Kerala).

5000 Mtr Race : Madan Singh—1st (BSF), Ram Karam—2nd (CRPF), Chandra Ram—3rd (BSF), Jaswinder Singh—4th (Punjab), Sidarth Akiwala—5th(Maharashtra), J. Manjunath—6th (CRPF).

Decathlon : Dharm Pal—1st (BSF), Jiju Samual—2nd (Kerala), Sukhjinder Singh—3rd (Punjab), H. M. Mahato—4th (CRPF), Gamdoor Singh—5th (Punjab), T. P. Tobert 6th (CISF).

110 Mtr Hardies (Men) : Kwsalpal Singh—1st (UP), Rajender Singh—2nd (CRPF), P. K. Rath—3rd (CISF), Sithalbux Singh—4th (Bihar). Iswajit Chattarjee—5th (Bihar), M. Radha Krishna—6th (BSF).

4×400 Mtr Relay: Kerala—1st, BSF—2nd, Punjab—3rd, CRPF —4th, CISF—5th, UP—6th.

Long Jump : P. V. Wilson—1st (Kerala). M. D. Sadasivan—2nd (Kerala), C. Kunjumon—3rd (BSF), B. S. Vinod—4th (CISF), A. D. Ganapathy—5th (CRPF), A. Appukuttan. 6th (BSF)

Javellin Throw : Arbie Ainfh —1st (Punjab), Daljeet Singh—2nd (Punjab), Rama Shankar—3rd (CRPF), Yusuf Khan—4th (Bihar), Balbir Singh—5th (BSF), Shyam Singh—6th (UP)

Marathon Race : Pradeep Singh 1st (CISF), Yashwant Singh—2nd (BSF), Rasdev Singh—3rd (CRPF), Tara Singh—4th (Punjab) Shiv Charan—5th (CRPF), O. Jatra Singh—6th (SSB)

Shot Put: Manjeet Singh—1st (Punjab), Avtar Singh—2nd (BSF), Balraj Singh—3rd (Rajasthan), Shakti, Singh—4th (CISF), Gurmeet Singh—5th (BSF), Iqbal Singh— 6th (Punjab).

400 Mtr race : Jata Shankar 1st (BSF), P. V. Raji—2nd (Kerala), Ramesh Singh—3rd (UP), Harmik Singh 4th Punjab), C. S. Muralidharan—5th (Kerala) Bendict Ekka —6th (CRPF)

3000 Mtr Steeple chase: Yashpal Singh—1st (UP), Amritpal Singh—2nd (CRPF), Sarwan Das— 3rd (BSF), Chandra Ram—4th (BSF), Lal Bahadur Singh—5th (MRP), Samsuddin—6th (CRPF)

4×100 Mtr Relay: Kerala— 1st, CISF—2nd, CRPF—3rd BSF— 4th, Bihar—5th and Orissa—6th.

XVI Indira Gold Cup Hockey

C. R. P. F. Lifts the Trophy

The Central Reserve Police Force, New Delhi lifted the XVI Indira Gold Cup Hockey by defeating BSF 2-0 in the final held at Jammu on March 30, 1992. CRPF scored once in each half to shock BSF. This is the CRPF's maiden triumph in the Indira Gold Cup Hockey tournament.

In an action-packed final at the Maulana Azad Stadium, both teams displayed good hockey but CRPF seized the initiative with a penalty corner conversion by Tanveer Jamal in the 27th minute.

A few second before the final whistle CRPF were again on the attack. Centre forward Javed Habib collected a neat pass from inside right Suresh Topno and sounded the boards as CRPF signed off in style.



C. R. P. F. Team—which won Indira Gold Cup Hockey Tournament

The adviser to Governor, Mr B.J. Heerjee, who was the Chief guest, presented the GTC Chancellors Trophy to the winning team while Runners-up trophy was presented to the BSF. The second trophy donated by Rajasthan Fertilisers Corporation was also presented to the winners and J & K Tourism Department Trophy went to runners-up.

Shooting Team Bags Two Golds

The CRPF Shooting team once again proved its markmanship by bagging 2 gold, 1 silver and 3 bronze medals in the 35th National Shooting Championship held at Mungher, Bihar from February 23 to March 3, 1992.

Only 9 shooters, of which 7 Mahilas represented the CRPF Team led by Shri T. S. Dhillon, Commandant, CTC-I. Our men mainly competed with .22 Open Sight Rifle, Air Rifle and Pistol events.

Shri T. S. Dhillon who trained and led the CRPF team competed in open category of International standard events and excelled well. Shri Dhillon scored 541 points in Air pistol, 542 points in Centre Fire Pistol and 543 in

Standard pistol, all out of 600. Besides this, he stood IVth in .22 Rifle and Vth in Air Rifle events.

Dr. (Mrs.) S. K. Dhillon scored 352 out of 400 in Air pistol for new National Record with gold medal. But on technical grounds the judgement has been withheld,

Ct Pyari Purti of 88 Bn created sensation when she bagged gold medal with national record in the .22 Open Sight three position events. Ct Pyari Purti added one more feather in her cap when she won silver medal in .22 Open Sight Prone position event.

The other results are, L/Nk Nirmal Rani—bronze medal in .22 Open Sight 50 Mtrs, L/Nk Kanak Lata—bronze medal in .22 Open Sight three position, Ct Karan Pandaliya—Bronze medal in 10 Mtrs Air Pistol, Nk Meera—5th position in .22 rifle prone position (50 mtrs), Nk Tarkeswary Dass— 6th position in Air rifle and SI Laxman Sarkar—7th position in Centre Fire Pistol.

C.R P.F. lifts Gold Cup

In a keenly contested final match held on April 26, 1992 at Renukoot (UP), CRPF defeated Indian Air Force in a tie-breaker by six goals to five to lift the coveted Zalim Singh Memorial Gold Cup Hockey. The CRPF won this tournament for the second time.

In the above tournament, seven other teams, namely, EME Jalandhar, A.S.C., Indian Air Force, BSF (Jalandhar) IFFCO Delhi, Bihar Police, Ranchi XI and Renukoot XI also took part. The tournament was conducted from April 20 to 26, 1992.

EIGHT CRPF MEN HONOURED

Eight personnel of CRPF has been awarded DG's Commendation Disc/Letter by Director General CRPF for excellent performance in their respective fields.

The awardees are, Shri Mahendra Prasad, Addl. DIG of Police. Group Centre, Pallipuram for implementation of official language (Hindi), Shri A. N. Sharma, PRO for public relations, Shri Manoj Kumar Dubey. Dy. Commandant 41st Bn. Miss Anne Abraham, Asstt. Commandant 88 (M) Bn. and Inspector P. S. Thapa of GC Bantalab for commanding CRPF Band

Contingent at Republic Day Parade 1992 (Male CRPF Parade contingent was declared as Best Marching Contingent), Constables Gian Chand, Jagdev Singh and Jagroop Singh of 75 Bn CRPF for anti-terrorist operation in Punjab.

NEWS IN BRIEF

BN HISTORY : 21 CRPF

The 21st Battalion, CRPF came into existence on 1st April 1967 at Mokamaghat (Bihar). Shri M. R. Singh was the first Commandant of this Battalion.

Initially the Coys. were deployed in the States of Bihar and West Bengal. Later the Unit performed Law & Order duties in almost all parts of the country like Punjab, Assam, Meghalaya, Karnataka, Mizoram, Andhra Pradesh, J&K, Rajasthan, U. P. Maharashtra, Sikkim, Delhi, Tamil Nadu and Gujarat.

During its stay in the above mentioned States/Union Territories the Battalion recovered large number of arms & ammunitions from Anti-national/social elements which are given as follows statewise :—

Bihar

Men apprehended	— 180
Rifle	1
Pipe Gun	1
Pistols	2

West Bengal

Men apprehended	4854
Rifles	19
Revolvers	12
Pipe Guns	50
Double Barrel Guns	5
Sten Gun	1

7” Mortar	5
Country made pistols	11
Other Guns	13

Mizoram

Men apprehended	12
Pistol	1
Rifles	8

Andhra Pradesh

Bombs	20
-------	----

Assam

Gun	1
Conventional type of weapons	
Innumerable	

Punjab

Rifle	1
Sten gun	1
Revolver	1
Pistols	2

Sikkim

Apprehended	— 1
Revolver	— 1
Double barrel gun	— 1

Rajasthan

Men Apprehended	— 33
Guns	5
Rifle	1
AK-56	1
Pistol	1

So far the Battalion has received five President’s Police Medals for

Gallantry, three Police Medals for Gallantry, and one Prime Minister's Life Saving Medal. The Battalion has also been rewarded with Police (Special) Duty Medal at Mizoram and Punjab.

At present the Battalion is deployed in the State of Rajasthan having its Head Quarters at Sri Ganganagar (Rajasthan). Shri A. S. Rathore is the present Commandant of the Battalion.

Hardcore Terrorist Killed

Balbir Singh @ Chacha, a self styled Lt. Gen. of KCF (Zaffarwal) group was killed in an encounter with the men of 43 Bn. CRPF on 17th March '92 near village Sangna, PS Sadar, Amritsar.

The incident took place when 2 sections of D/43 CRPF under command of Insp. Ranjeet Singh were on their routine patrolling duty. When these sections were patrolling in village Sangna, the SHO Chheharta alongwith a party of 93 Bn CRPF was also carrying out search operation in the adjoining village of Jagatpura. In the meantime two scooterists on their way to the village noticed the search party and ran towards village Sangna leaving behind their scooter. Patrolling party of D/43 CRPF which happened to move towards Sua Bridge, saw the fleeing persons and challenged them to stop. Meanwhile the SHO Chheharta and party also reached the spot and cordoned the entire area. Having found themselves cornered, the terrorists took position and started firing. In the ensuing encounter which lasted for about half an hour, one terrorist was killed and his accomplice managed to escape. The dead was later identified as Balbir © Chacha of Jhabal, Amritsar. The search party also recovered one .30 mouser and live rounds from the spot. One terrorist killed.

Two AK-47 rifles, 4 magazines and huge amount of ammunitions were recovered by the men of 93 Bn CRPF in an encounter on March 20, 1992 near Khaper Kheri, PS Chheharta, Amritsar, besides death of one terrorist identified as Resham Singh of KCF Group.

On an information from SHO PS Chheharta, that some militants were in a hide out, a search operation under command of Shri Gurdayal Singh, Dy Commandant with SHO Chheharta was planned. When the party was nearing a behak of Bamna Khaper in Kheri area, it was heavily fired upon by some unidentified militants from a pump house. The search party

retaliated the firing and continued their advance towards the pump house. While doing so the civil police noticed a person in the pump house and immediately fired on him. As soon as the fire stopped from both sides the party searched the entire area and recovered the body of one terrorist, identified as Resham Singh. Police also recovered from the site 2AK-47 rifles, 4 magazines and large amount of ammunitions.

Two Terrorists Killed

Two unidentified terrorists were killed in an encounter with security forces in between villages Bagrian and Bath of PS Taran Tarn on April 5, 1992. According to a detailed report, a raid party consisting of 75 Bn, CRPF and civil police while moving in a vehicle on katcha track from village Bagrian at about 1940 hrs noticed two persons running towards wheat fields. The party immediately left the vehicle and chased the terrorists. In the ensuing encounter both the suspected terrorists got killed. One .30 mouser pistol and one .32 revolver were recovered from the spot.

One Terrorist Killed

On the night of April 7, 1992 troops of F/75 Bn and 21 Raj Rifles with civil police laid an ambush in between villages of sahpur Malmori and Singarpura under PS Sadar, Taran-Tarn. The ambush party on katcha track towards Malmori village observed three unknown persons approaching the party on bicycles. When challenged to stop, the leading cyclist opened fire on the security forces and tried to escape. The party immediately retaliated and in the resultant encounter one terrorist was killed while the other two managed to escape under the cover of darkness. Consequent search of the area yielded recovery of one AK 47 rifle, three magazines, 212 live rounds, 14 explosive sticks and one cleaning kit. The killed terrorist was later identified as Jaimal Singh alias Fauji, a self styled Lt. Gen. of KCF (Panjwar) group of PS Valtoha.

Hardcore Terrorist Killed

Self-styled Dy. Chief of KCF (Panjwar) Group Gernail Singh of Kapurthala District who was involved in more than 200 killings was shot dead in an encounter with combined search party of 75 Bn, 36 Bn CRPF and

civil police on April 7, 1992 at village Khojkipur under PS Verowal, Tarn Taran.

The detailed report says that on a tip-off that some terrorists are hiding in the behak of Balwant Singh (General Secretary of AISSF) in village Khojkipur, troops of 75 and 36 Bns, CRPF with civil police cordoned the behak at about 0900 hrs of April 7, 92 and asked the terrorists to surrender. Instead of surrendering, the party was fired upon indiscriminately. The police party which has cordoned the behaks returned the fire with bullets, rocket launchers and grenades and advanced towards the Behak. In the exchange of fire Nk Raghubir Singh of 36 Bn and L/Nk Surender Singh of 75 Bn received serious injuries. Despite injuries both the soldiers fired on terrorists from point blank range resulting injury to one terrorist. In the meantime Dy. Comdt. M. C. Thapa with Asstt. Codt. J. S. Sandhu with escort advanced tactically towards the injured personnel to save their lives and arms/amns. But on reaching it was revealed that Nk Raghubir Singh found dead due to fatal bullet injury on his head. L/Nk Surendra Singh who was lying seriously injured was immediately evacuated to G.N.D, Hospital, Amritsar. Thereafter heavy firing continued to flush out the terrorists from the behak.

Consequent search of the area after firing ceased, yielded recovery of dead body of a terrorist later identified as Gernail Singh of KCF (Panjwar group), one AK-47 rifle with three magazines and 100 rounds.

Terrorist Killed

A joint ambush party of 73 Bn CRPF and Punjab Police liquidated a notorious terrorist on April 28, 1992 near Tung village, PS Beas, Amritsar.

On an information two sections of 73 Bn laid an ambush alongwith SHO Beas and his party at Vanal Bridge near village Tung. At about 2040 hrs the party noticed three youths coming towards the ambush site. On suspicion, the party challenged the youths to stop. On being challenged, the suspects took position in the adjacent wheat field and started firing. Police retaliated. The exchange of fire continued for about 15-20 minutes. When the firing stopped from the other end, the ambush party began to search the entire area. On searching, the party found dead body of one youth who was later identified by the local police as Dilbagh Singh @ Bgga, an area commander of BTF group. However the other two managed to escape taking advantage of

the darkness. A .303 rifle alongwith live rounds was recovered from the possession of the bullet ridden body of slained terrorist. Besides, a bag with 42 live rounds of .303 was also recovered.

Dilbagh Singh was wanted by the PS Beas for his involvement in a number of killings/looting in that area.

Terrorist Nabbed

Men of 10th Bn. apprehended Sukhdev Singh @ Burst, a hardcore terrorist of Babbar-Padhri group on April 7, 1992 near PS Kathunangal, Majitha, Amritsar.

Two strong sections of 10th Bn laid an ambush under command of Sub-Inspector Jai Prakash near a small distributary (Suwa) connecting Lehraka and Abdal villages. At about 2100 hrs the ambush party saw three persons coming towards the ambush site. When the approaching persons were challenged, they opened heavy fire upon our men. The ambush party reacted promptly with counter fire. Firing continued from both the sides for 20 minutes. As the terrorists could not pin down the ambush party, they tried to escape. However our men succeeded in overpowering one of the terrorists though other two managed to escape.

The apprehended terrorist was identified as Sukhdev Singh @ Burst. One AK 47 rifle, five magazines and 150 live rounds were also recovered from his possession.

Two Terrorist Killed

Two more terrorists, one of them an area commander of KCF (Zaffarwal) group were killed in a broad day light encounter with the personnel of 43 and 75 CRPF, near village Buchar Kalan Tarn Taran, Amritsar on 18th April '92.

On reliable information regarding presence of some unknown terrorists, two sections of B/43 rushed to villages Gagubua and Buchhar Kalan alongwith SHO PS Jhabal and his troops. At about 0645 hrs while carrying out search in the farm houses of village Gagubua, our men saw two men running towards nearby fields of Buchhar-Kalan. On challenging them the police party faced heavy firing from these suspects. Search party took position immediately and retaliated with fire. On doing so, the search party

cordoned the entire area and asked for reinforcement. Two sections each from B/43 and A/75 reached the spot alongwith 3 Assam Rifles and civil police to strengthen the cordon.

Till this time, the terrorists were kept engaged with exchange of fire. One section of search party moved towards the terrorists in a bullet proof tractor. Although the wind screen of the bullet proof tractor got damaged in the exchange of fire, our men continued advancing. The encounter prolonged for three hours.

As soon as the firing from the terrorists stopped, the entire area was searched.

The search yielded recovery of two dead bodies of which one was identified as Buta Singh of village Sohal, an area commander of KCF Zaffarwal group. Two AK 47 rifles alongwith 4 magazines and 76 live rounds were also recovered from the spot.

Memories

SAIHA—MIZORAM

by—Group Comdr. B. S. Kallur

Comdr B.S. Kallur, a CRPF Officer on deputation to NSG narrates his first personal experience of Operation Nirala—*Editor*.

Reportes in the newspapers pertaining to Mizoram makes me recount my service in the Eastern Paradise of our Country—Mizoram. Here I participated in the “Operation Nirala” and the contribution in opening a CRPF Post at Saiha on the Burmese border of Mizoram.

I was then the Post Commander at Lunglei and was commanding B Coy of 17 Bn CRPF (now 62 Bn). After a short stint at Aizwal, I was asked by the Commandant Karnail Singh to ‘fly’ to Lunglei and maintain the life line between Lunglei and Longtlai where A/17 CRPF was posted and where the hostile activities were on the increase.

My Dett Commander at Aizwal Shri P. J. Singh assigned me the role of

Commander-Adm-Group-cum-Security Incharge of the 5 platoons' Adm column and for the human transport and the government stores in the 'Ops Nirala'. Our task was to venture through the hostile infested area of South Mizo Hills and on reaching Saiha on the Burmese border to establish a CRPF post which in turn would maintain peace and harmony.

There was for sometime an agitation in the southern Mizo hills by Pawis—Lakher for a separate Sub-Division as they had a feeling of isolation without proper identity and official cover. So they had insisted under the leadership of Ex-Subedar Rumlinga and others of the Mare Freedom Party to declare Saiha as the Sub-Divisional HQ.

Having braved as the Column Commander of various adm and ops columns especially "Ops Zenda-vesta" and "Ops Battle Axe" I was given the responsibility in the major, long, task alongwith the Dy. S. P. C. P. Singh whose Company (C/17 Bn) was actually to have an air maintained Coy post at Saiha.

Having chosen two best platoons membered by strong willed, wiry jawans of B and E coys I completed the preparations for the column on 5th April 1968. On the same night in the cool breeze and the occasional gusty wind our column tactically assembled and left the out-skirts around 2100 hrs. Moonlight was a comrade in go. Taking the advantage the column marched swiftly crossing Sairep-the burnt village— and Boalte to reach Tualtu around 0130 hrs with a brief rest we reach Tawipui—18 Assam Rifles post around 0700 hrs in the morning of 6th April, 1968.

With the weather changing, sun rising, the hot wind blowing the column silently moved slowly but steadily to the first water point to have a grub and again to march and reach Tawipui around 1800 hrs. The hospitality of 18 Assam Rifles boys boosted our mens' morale.

The column halted for further arrangements of the move assisted by the VCP, arranged to have new batch of porters from nearby villages and acquiring latest intelligence the column regrouped again and left for Longtlai, on foot, around 1815 hrs.

The grim darkness of the night, occasional storm and the silence made us move carefully. My duty though was of administrative security for the column but with the knowledge of the terrain and experience the task got to be of "clearance party" duly assisted by the experienced under officers, HC Vishwa Ram Naik Pahar Singh and HC Ram Avtar of B Coy... and brave

Constables Dhanpat Singh, Bhopal Singh, Jaspal Singh, Surat Singh and “my battery commander” (2” Mortar) Ct. Hoshiyar Singh.

Thus was the formation of the column to Saiha, scouts followed by a point section, lead section, then a section with me, then a section of F Coy, Govt. porters and 2 sections of E Coy, a C Company platoon with their OC porters and 2 platoons of C Coy as rear guard.

From Tawipui onwards then SI Devi Dutt assisted me single handed. The column had advanced from Tawipui in the axis of Lungtlai suddenly, the pitch dark night became cloudy and it started drizzling. We having already taken to the jungle track-avoiding the non-extinct jeep track—unaware of the fact of landslides ahead. It was an exercise calling for imagination for those who haven't been in these areas. On one side the steep, rising-muddy, slippery slopes of the hills and on the other the cavernous, ever yawning valleys hungry for you to slip and be gobbled by eternity all of a sudden a porter carrying a a wooden box containing wireless accessories went down sliding into the deep valley ‘flying’ in the deep to only land on a overhanging tree some 15 feet below, from the tree further rolled the wooden box followed by his tiffin carrier to vanish in the endless pit below. Our column had come to an abrupt halt and the rescue got on with the available ropes and the gutsy punjabi-pugrees, with commendable initiative and dare devilry. Compelled, our column took the old ‘jeep’ track and headed to the village Thingphal and further Lontlai passing through Thinkphai around 0300 hrs and reached Longtlai around 0830 hrs on 8th April, 1968 to immediately report of the progress to CO Ist Jat Regt as it was a combined operation. The Commandant revealed that on 4th April a band of 44 Mizo Hostiles had crossed the river Kolodyne and suspected to be members of the ‘K’ Bn of MNF. The more inflow of such intelligence the more you get alert.

Meanwhile, through wireless our Dett Comdr directed not to move further till all adm arrangements were made by the local authorities. Taking advantage of this we arranged to have replacement of human transport. Thus fully prepared around 0915 hrs on 8th April, 1968 I left Longtlai with the first batch to cross river Kolodyne and to clear the area of hostiles. CO Ist Jat also had sent a platoon of his in advance in the same direction few hours earlier.

In the scorching heat of the rising sun the two platoons of B and C Coys,

under me, with then SI Devi Dutt crossed the river around 1130 hrs without any mishap and continued to march on the steep six miles of Pawi-Lakher region of Mizo Hills and reached Saiha on 9th April, 1968 at 1730 hrs with the tribals cheering all around. It was a first CRP entry in Saiha and in its blue mountainous surroundings.

Received by the locals the main body reached with the column Comdr, around 1900 hrs, with a hurried all round defence arranged, we hit the bed refusing the friendly meal offered by the locals. We were proud that our name was to be written in the golden annals of the Mizoram history.

12th April was a busy day. Mara-Freedom-Party members and other VCPs of Saiha had to have lengthy discussions with us. Their happiness and gay mood knew no bounds. They were ready to assist in any manner they could. Then began the new task of constructions of the post, deployment, defence, reeceiving for the DZ and the preparation for the return journey.

I left Saiha with my boys as column Comdr, at 0500 hrs on 14th April 1968, accepting the jungle track, crossed river Kolodyne once again and reached Longtlai around 1300 hrs covering the arduous down hill track of 21 kms under the burning sun.

On 15th April with the assistance of the BDO Longtlai porters were regrouped from nearby villages and at 2100 hrs sharp my column left Longtlai for Lungeli on the arduous return journey. One platoon of Assam Police and a section of Ist Jat leave party followed the column under CRPF protection. It was smooth sailing up to Thinghpai village, a distance of 20 kms covered in 3 1/2 hours and rested on the outskirts. Leaving Thinghpai around 0200 hrs the column moved steadily towards Tawipui, 18 Assam Rifles Post, 24 Kms away.

Slow, dizzy but alert like hawk the Jawans moved. They must have covered about 15 kms. It was in the early hours of 16th Apr 1968 around 0345 hrs, suddenly it became dark, the dying noon disappeared in the dark sky. With an incredible suddenness and fury, massive blast of air jarred at a high speed and the column entered into a narrow patch. A sudden rise on the right, a chivorous deep on the left and somewhere a jungle track dividing the dark valley. The weather changed abruptly and the atmosphere turned foggy and it started raining cats and dogs, vision became blurred and there came running a messenger from the point section, even in that darkness one could feel the heaving of his chest. He blew out "SAAB NICHE TORCH

DIKHAI DE RAHA HAI". What was that after all ? Security forces on the move ? Jhum burning ? or the hostile elements themselves ? There was no time for the guessing game. Suddenly from behind a porter lit his lighter and there down in the valley dim lights started moving in a peculiar formation. The porter must have been dealt properly by a Jawan nearby, his light put off, the rains pouring, without hesitation order was passed "MOVE". To get it confirmed that the whole column was on the move, I went back and to my surprise a batch of village porters employed by the A. B. Police were climbing the right side TEXDA and the Jem I/C Assam Police standing dumb-dounded. "KWAIINGE KAL DAWN" I roared. "SHORT CUT, KAPU" I got the reply. I pushed all of them one by one back into the Column and the column continued moving. As I took my position I saw all the dim lights in the valley down left, disappear in the darkness and a single torch light climbing up a track towards the track occupied by the column. Intuition had again paid off and the column had taken to the old jeep track and not the jungle track. I sent for a section and ordered others to march. When the whole column crossed the narrow path I saw behind, with Jem A. B. Police, that the climbing torch reappeared and on the ridge of the main track a match stick being burnt for a second which from a distance in thick fog looked like heavy jhum fire. Who-sp-ever it was they were, away 1000 yards, and I took position with my men and saw no further movements in the suspected direction, so marched to Tawipui.

—(To be concluded)



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9 Sravana, Saka 1914



Shri D.P.N. Singh, DG CRPF inspecting the Passing Out Parade of 115 Bn CRPF Rampur.



CRPF personnel checking visitors at Ayodhya shrine.

PHOTO: D.N. TIWARI

**THE
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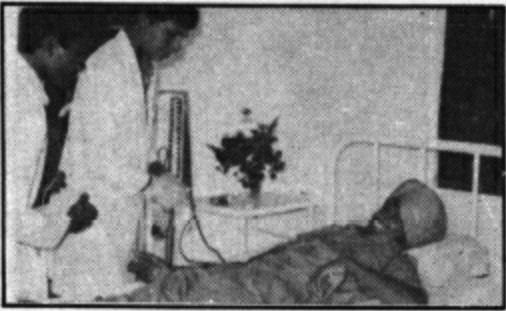
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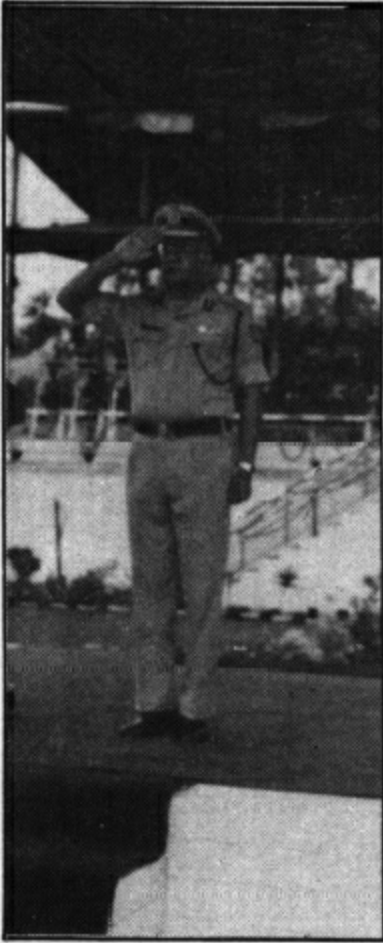
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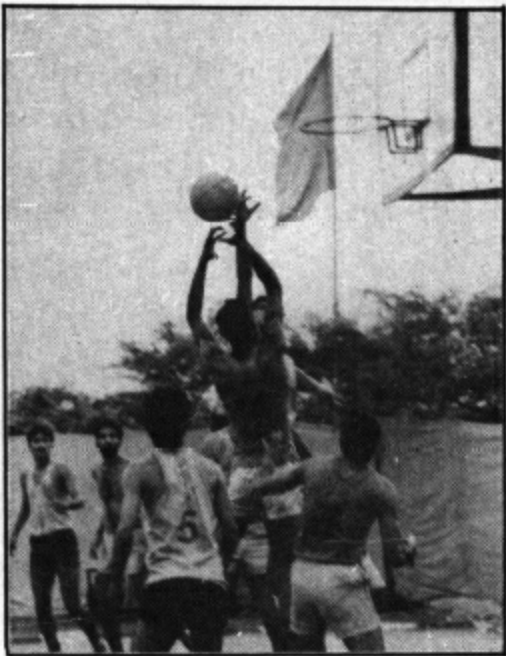
53rd Raising day



Blood donation at 22 Bn



Passing out of 114 Bn



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Editorial

New Addl. D.G. and D.D. (Commn.)

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Welfare activities

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Saiha-Mizoram

Editorial

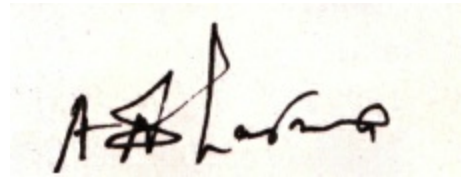
Dear Reader,

Focus of this issue is on Passing Out Parades of newly raised Battalions, especially the ones which passed out during the months of May and June, 92. The Special Sector did a creditable job in training these Bns in all aspects to equip them for meeting the requirements of the day.

These newly raised Bns have stepped up our strength considerably and this will go a long way in easing the pressure on the existing strength of CRPF. With the induction of these Bns, fresh blood has been infused in the veins of CRPF and now, the CRPF will fight with internal enemies of the country with renewed vigour and effectiveness.

Other highlights of this issue are reports on 2nd Inter Sector Basket Ball Tournament and celebration of 53rd Raising Day of CRPF on 27th July, 1992.

Besides this, other usual features like News in Brief, Bn History, Sports news and other interesting write-ups will also adorn this issue.

A handwritten signature in black ink, appearing to read 'A.N. Sharma', is shown on a light-colored background.

(A.N. Sharma)

NEW ADDL DIRECTOR GENERAL



Shri Arun Bhagat

Shri Arun Bhagat, an IPS officer of 1961 batch of Delhi and Himachal Pradesh joint cadre, joined CRPF on deputation as Additional Director General in July this year. He took over as Additional Director General, North West Zone, CRPF, Chandigarh on 27th July'92

Born on January '9, 1940, Shri Arun Bhagat had his school education in Jamshedpur (Bihar) and done M.A. from the University of Delhi. He held very prestigious appointments like, Asstt. Supdt of Police in Himachal Pradesh, Commandants of 4th Battalion, Manipur Rifles and Delhi Armed Police, Inspector General of Police Goa, Daman and Diu, Supdt. of Police Central District and A.I.G., Delhi. He also worked as Director and Joint Secretary in Govt. of India.

Shri Bhagat is the recipient of the Police Medal for Meritorious Services and President's Police Medal for Distinguished Service. He is a keen ornithologist and plays tennis and golf. He is Vice President of the Delhi Lawn Tennis Association.

NEW DY. DIRECTOR (COMMUNICATIONS)

Brig. Shyam Prasad has joined CRPF as Deputy Director (Communications) on July 27, 1992.



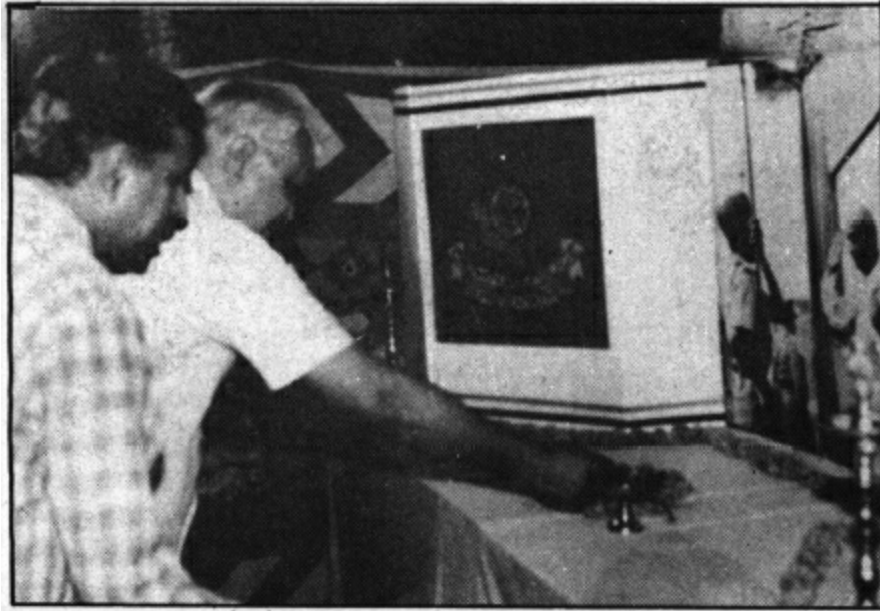
Brig. Shyam Prasad

A retired Indian Army Officer from Corps Signal, Brig. Shyam Prasad held very prestigious appointments during his stay in the Army. This includes Officer Incharge, Communications Army Hqrs, Command of a Signal Regiment, Senior System Manager in project Management organisation at Army Hqrs, Chief Signal Officer, Assam Rifles, Ministry of Home Affairs & Command of a Special Signal Group in Sri Lanka as part of the Indian Peace Keeping Force (IPKF) Before joining C.R.P.F., he was commanding the Faculty of Communication Engineering at Military College of Telecommunication Engineering, Mhow.

He was awarded the gallantry award of “Mention in Des-patches” during 1971 war for providing efficient and reliable communications.

CRPF CELEBRATES

53RD RAISING DAY



Shri D.P.N. Singh DG inaugurating a cultural programme on the occasion of 53rd raising day.



Shri D.P.N. Singh, DG being received by young girls at 39 Bn location.

The CRPF celebrated its 53rd Raising Day on 27th July '92. Cultural Programme and Barakhana as a part of inter action with all ranks has been organised at Delhi on this occasion. This day in 1939, the CRPF was raised at Neemuch as Crown Representative's Police. The primary task of the Force was to help the princely states to preserve 'Law and Order'. The Force was renamed as the 'Central Reserve Police' in August 1947 by the then Home Minister Sardar Vallabhbhai Patel, who saw in this small

organisation the nucleus of what was to be in future, the healing arm of the Government.

Shri D.P.N. Singh Director General CRPF has given the following message to all ranks and files of CRPF on this occasion:—

“CRPF celebrates its 53rd Raising Day today. For all of us in the CRPF, this is a proud and happy occasion on which we renew our pledge to do our utmost to protect the unity and integrity of the country and to give our best towards the maintenance of peace and tranquility in the country. The CRPF has good reason to be proud of its past and its achievements. We are aware that as a professional Force, we cannot afford to be content with our past achievements, no matter how commendable. We are fully aware of the challenge facing the country. To justify the faith reposed in the CRPF by the country, we shall always bear in mind our motto “Service and Loyalty”.

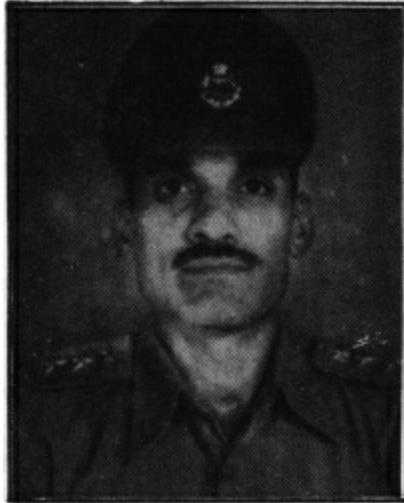
POLICE MEDAL TO 26 CRPF PERSONNEL

The President of India awarded President’s Police Medal for Gallantry to 26 CRPF personnel for displaying conspicuous gallantry, courage and devotion to duty of a high order in Punjab and J&K.

Of the 26 awardees, seven have been awarded President’s Police Medal for Gallantry, 18 got Police Medal for Gallantry and one got Bar to Police Medal for Gallantry. Seven personnel have been given this honour posthumously.

The awardees are:

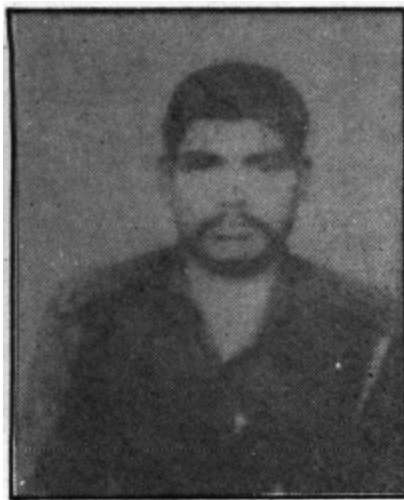
BAR TO POLICE MEDAL FOR GALLANTRY



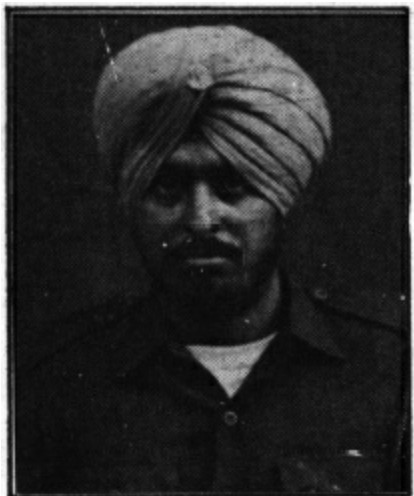
Shri Ram Pal Singh Assistant Commandant- 76 Battalion.



Jai Prakash Comdt-7Bn.

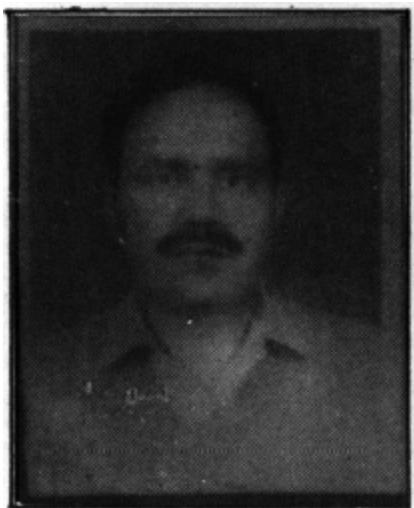


Late Ct. Arbindo Mandal 2 Bn

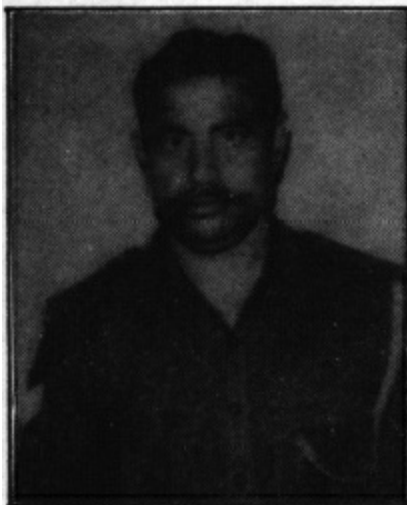


Ct. Rajendra Singh, 2 Bn.

PRESIDENT'S POLICE MEDAL FOR GALLANTRY



Late R.S. Kuhar 2 I/C 2 Bn.



Late Samiulla Khan, 7 Bn.



H.C. Mohan Ram Baryaik 8 Bn

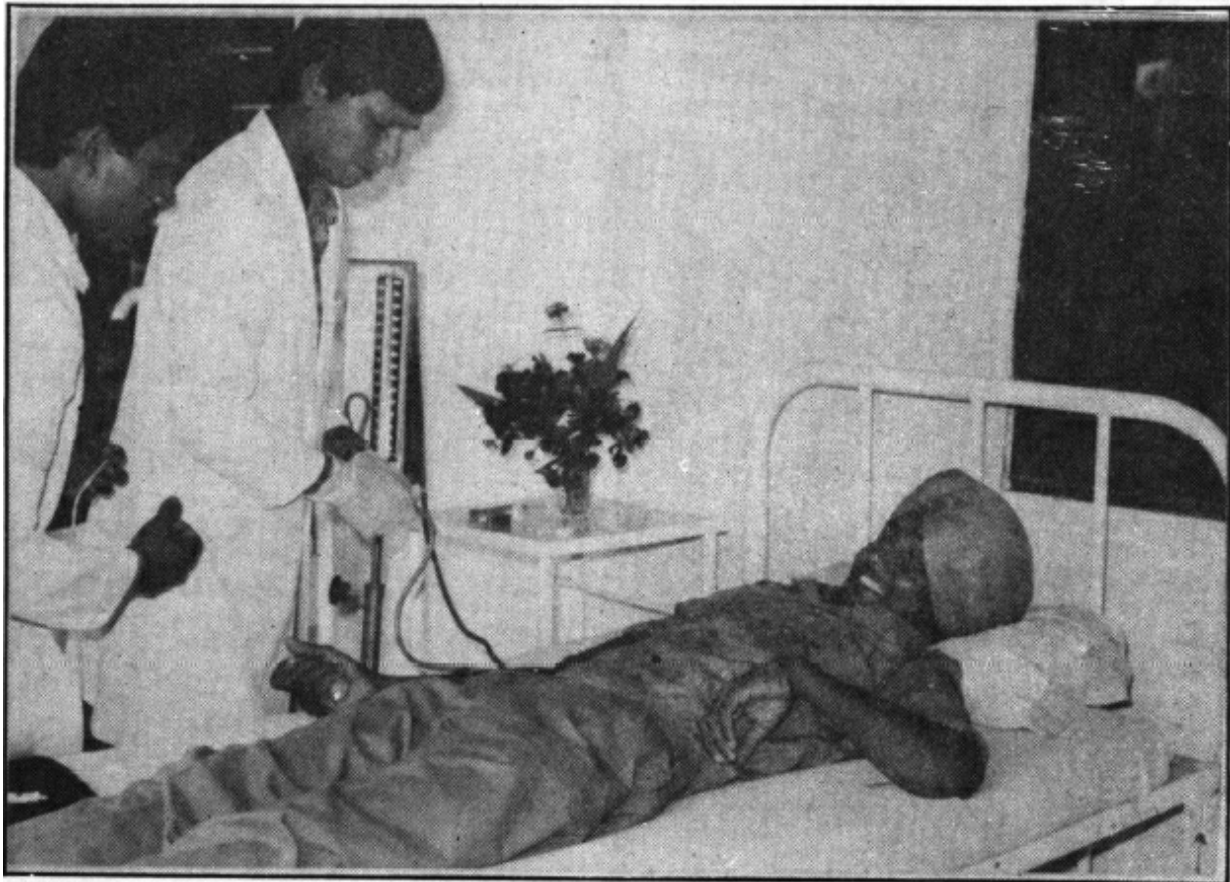


Late Ct. Surendra Singh, 8 Bn

Police Medal for Gallantry

Shri D.A. Dhananjaiah, Commandant (66 Bn), Second-in-Command S.N. Nimbalkar (76 Bn), Asstt. Commandants V.V. Singh (66 Bn), S. Elango (73 Bn), S.C. Bhardwaj (7 Bn), Late Sub Inspector Ann singh (66 Bn), Late Sub Inspector Subash Upadhaya (46 Bn), Head Constable Bindeshwari Singh (41 Bn), Head Constable Bhairo Singh (75 Bn), Lance Naik Abdul Majeed (18 Bn), Lance Naik Yeshvir Singh (66 Bn), Constable Devendra Singh (66 Bn), Constable R.B. Bhamre (75 Bn), Constable Prahlad Singh (46 Bn), Late Constable/Driver M.K. Verkey (7 Bn), Constable R.S. Meena (76 Bn), Inspector Mohan Singh (76 Bn) and Constable Dharam Raj (89 Bn).

CRPF MEN DONATE BLOOD



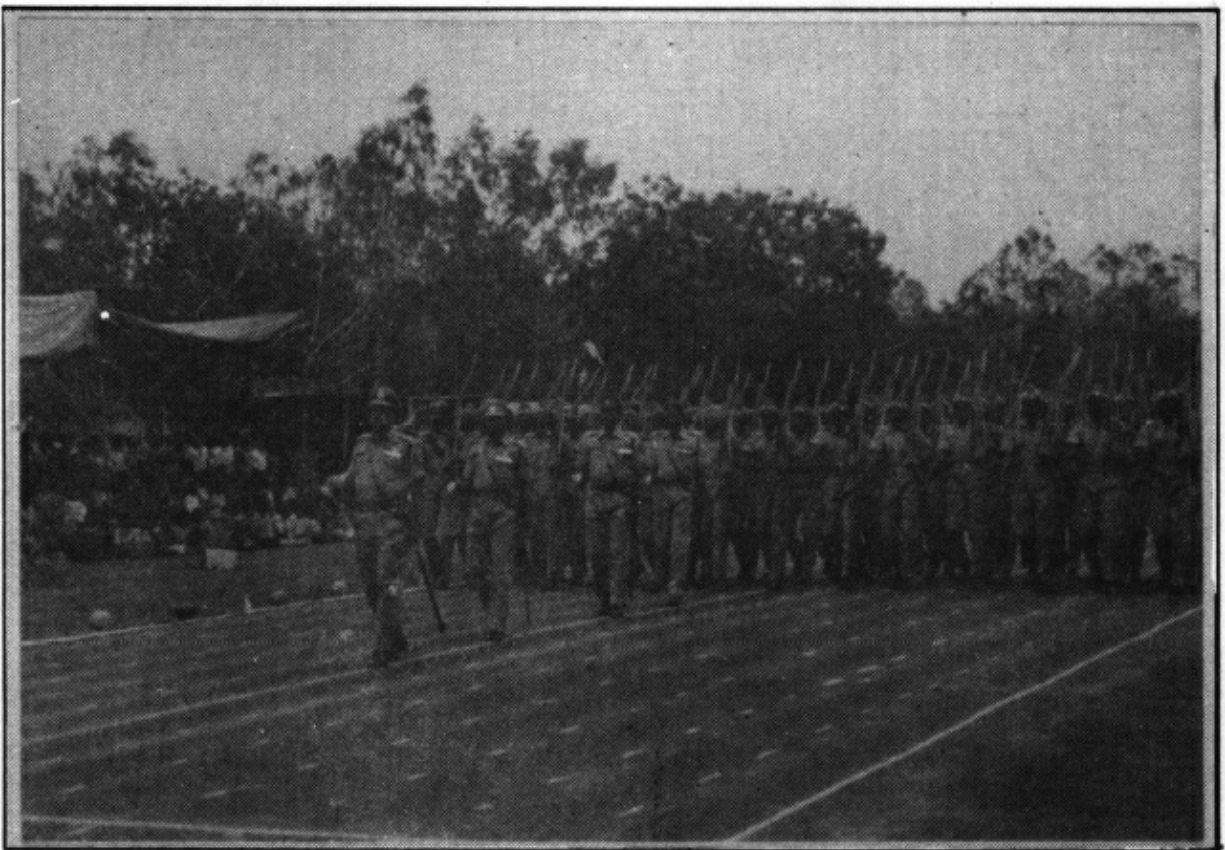
A Jawan donating blood at 22 Bn location, Imphal.

Fifty one personnel including Commandant S.C.Kakar of 22 Bn CRPF donated blood on 8th June' 92 in a well organised Camp at its Battalion Head Quarters Mantripukhri, Imphal.

The function was attended by a large gathering including Director of Health Services, Manipur. This is the second occasion that this Battalion donated blood in Manipur.

New Battalions

PASSING OUT OF 109 BN



Comdt. P.S. Sayarus leading the passing out parade of 109 Bn. CRPF.

To deal with the law and order situation in the country, 635 recruits of 109 Bn joined CRPF after taking oath in a passing out cum attestation parade

held on 15th June' 92 at Avadi.

Shri S. Sripal DGP Tamil Nadu was the chief guest to take salute on the occasion. The parade was commanded by Shri P.S. Sayarus Comdt. of the Battalion.

Speaking on the occasion Shri Sripal congratulated the newly commissioned jawans and called upon them to serve for unity and integrity of the nation. Earlier the chief guest gave away prizes to the outstanding trainees. Rt. Siyaram and Videsh Valdel bagged trophies for best indoor and out door performances respectively.

PASSING OUT OF 110 BN



The Speaker of Kerala Legislative Assembly Shri P.P. Thankachan, inspecting the Passing Out Parade of 110 Bn. CRPF.

The passing out cum attestation parade of 110 Bn CRPF was held at Group Centre Campus, Pallipuram on 11th June' 92. Shri P.P. Thankachan the

Hon'ble Speaker of Kerala Legislative Assembly took salute of the parade led by Commandant K. Kesavan of the Battalion.

While addressing the audience after parade, Shri Thankachan-the chief guest gave an impressive speech. He lauded CRPF for its high reputation and commendable performances. Shri Thankachan further said that he would extend all possible assistance in recommending inclusion of Pallipuram Camp under Trivan-drum Urban agglomeration to remove water scarcity.

Earlier Shri Thankachan gave away Best all round trainee trophy to Rt. Mohan Kumar Best indoor trainee trophy to, Rt. Arun pal Singh and Best outdoor trophy to Dharmendra Singh.

PASSING OUT OF 114 BN



Addl. DG Shri C.& Dwivedi taking salute of passing out parade of 114 Bn CRPF.

The passing out cum attestation parade of 114 Bn was held at GC CRPF at Bhubaneswar on 21st June this year. There were 648 recruits who took oath on this day. The parade was commanded by Shri R.K. Phogat, Commandant (CCD) of the Battalion. Shri C.S. Dwivedi the Addl. DGP CRPF was the chief guest to take salute of the parade. Shri Dwivedi gave away trophies to Rt. Rajan Shukla for Best all round performance, Rt. Ramesh Chandra Bhath for Best wel Indoor cadet and Ct. Padm-lochan Panda for Best out door cadet.

New PASSING OUT OF 115 BN



DG Shri D.P.N. Singh inspecting Passing Out Parade of 115 Bn CRPF.



The Best Trainees lined-up to receive their Awards



Comdt. Shri Ashok Munshi presenting memento to Shri D.P.N. Singh, DG CRPF

The Director General CRPF Shri D.P.N. Singh in a simple but impressive function at Rampur Group Centre took salute at the passing out parade of 523 recruits of 115 Bn. These recruits passed out after completing nine months basic training. Dy. Commandant Nirmal Singh commanded the parade while Commandant Ashok Munshi administered oath to the recruits.

During the training Ct. Gopal Singh was adjudged as Best trainee while Rt. Virender Singh got the Best Out door award Rt. Ramesh Thapa was honoured with Best Indoor Trainee award and Rt. Ajai Shankar Vyas was declared as Best in Games. In march past D Coy. got the Best Marching Coy. Trophy. Audience was also shown a demo in Unarmed Combat during the function.

Addressing the recruits and invited guests Shri D.P.N. Singh congratulated the recruits for the hard work they had done in the training and hoped that they will continue with the same zeal in the rest of their service career. He asked them to stand by their oath and prove themselves worthy of high tradition of the Force.

PASSING OUT OF 120 BN



Addl. DG Shri C.S. Dwivedi inspecting the passing out parade of 120 Bn.

Recruit Jaswinder Singh received the overall best trainee award at the passing out parade of 120 Bn CRPF held at New Delhi on 24th June' 92. Shri C.S. Dwivedi, Additional DG CRPF, distributed awards to the best recruits of the Battalion in various fields after taking salute at the passing out parade. Other awardees are Rt. Raj Kumar Yadav (Best outdoor trainee) and Rt. Syed Ahmed Pasha (Best Indoor Trainee). The F Coy, commanded by Inspector Kashi Ram, got the best Coy. award. Best Marching Coy. award went to E Coy. Commandant I.S. Dhillon commanded the parade while Dy. Commandant Shiv Swaroop administered the oath to the recruits.

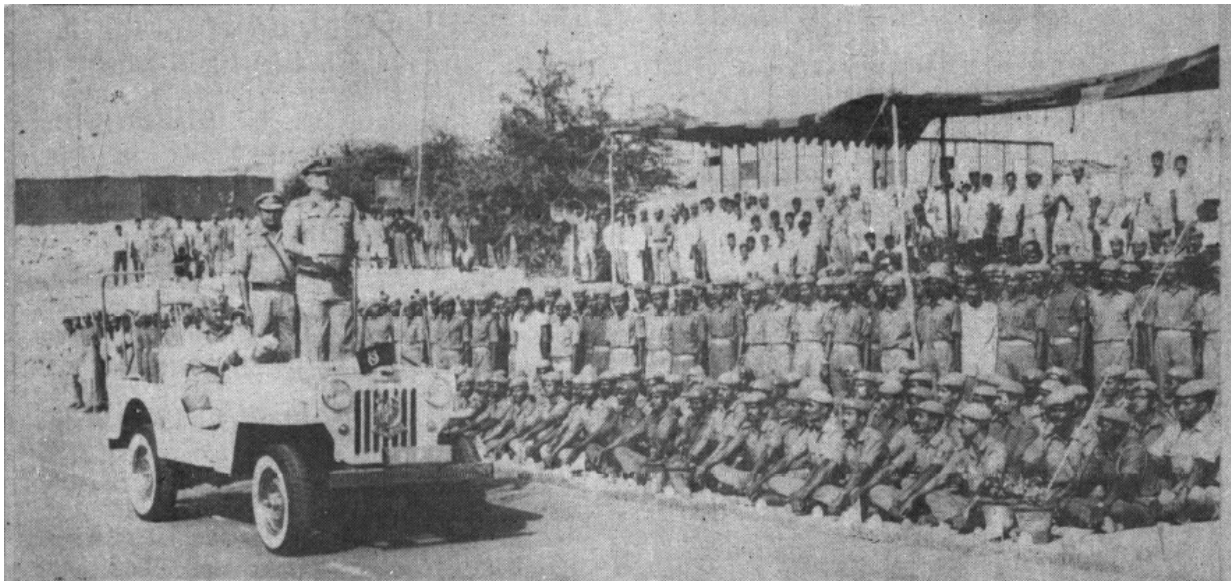
Addressing the recruits, Shri Dwivedi exhorted them to stand by their pledge and to maintain the high standard of CRPF even at the cost of their lives.

Risk Fund Benefits

A total of Rs. 10,85,000/- has been paid to the next of kins of 31 CRPF personnel who died during the month of June 1992. This includes Rs. 10,000/- from Central Welfare and Benevolent Fund in each case.

Another sum of Rs. 90,000/- was paid to 6 CRPF personnel invalidated during this period.

PASSING OUT OF 121 BN



DG Shri D.P.N. Singh at the Passing Out Parade of 121 Bn. CRPF.

On 17th June'92 the Director General CRPF Shri D.P.N. Singh in a simple but impressive function at Battalion Hqrs., Mehrauli took salute at the passing out parade of 619 recruits of 121 Bn. Shri M.C. Som Commandant led the parade while Dy. Commandant Sheo Taj Singh administered the oath to the recruits. During the training Rt. S. Karthikeyan received the all round best trainee award while Rt. U. Krishnan was best in outdoor training. In Indoor training Rt. Ingle Sunil received the best trainee award. Later the audience was shown a demonstration in UAC and Gymnastics.

Addressing the recruits and invited guests Shri D.P.N. Singh congratulated the recruits for the hard work they had done in the training and asked them to upkeep the high tradition of the Force. A large number of senior CRPF and civilian officers also attended the function

RECRUITS OF 111 BN PASS OUT

The CRPF campus at Group Centre Nagpur witnessed a colourful passing out parade presented by young recruits of 111 Bn on 6th June this year.

The recruits took oath in the presence of Shri Arvind S. Inamdar commissioner of Police Nagpur who was the chief guest on the occasion. The Commandant of the Unit Shri Thomas Kurian led the parade.

The chief guest gave away prize to best cadets in various fields. Rt. Sudhir Kumar Tiwari got the best all rounder trophy while Rt. K Laxmanana received the trophy for Best indoor performance. Rt. Manwar Hussain was awarded for is best performance in out door activities.

CHIEF MINISTER OF GUJARAT AT PASSING OUT PARADE



Chief Minister of Gujarat Shri Chiman Bhai Patel addressing the Jawans at the Passing Out Parade of 122 Bn.

Shri Chiman Bhai Patel the Chief Minister of Gujarat took salute of the

passing out parade of 122 Bn held, on 10th June 1902 at Gandhi Nagar.

Congratulating the recruits for their excellent turnout, parade and marching Shri Patel praised CRPF for its role in preserving unity and integrity of the Motherland. Earlier the CM distributed prizes to the recruits who excelled in various fields.

RECRUITS OF 116 BN PASS OUT

Having completed 36 weeks of training the recruits of 116 Bn joined the force after taking oath in a passing out -cum attestation parade held on 25th May '92 at GC Durgapur. Shri K.R.K. Prasad IGP Eastern Sector was the chief guest on the occasion, Shri Prasad took salute of the parade before giving away prizes to the recruits for their outstanding performances. The awardees were Rt. Ajeet Kumar (Best all round) Rt. Satta kumar (Best in indoor) and Rt. Dansingh (Best out door).

PASSING OUT PARADE AT CALCUTTA

Recruits of 117 Bn CRPF passed out on 27th June at Salt Lake, Calcutta after completion of nine months of training. The passing out parade was commanded by Sh. Kuppuswamy, commandant 117 Bn while Shri Ajit Kumar Panja, Minister for Information and Broadcasting took salute. The review of the parade was followed by march past and prize distribution. Rt. Satish Kulkarni was declared best all round trainee while Rt. Dinesh Chand was adjudged as best trainee in Indoor activities. Rt. Rampal Singh was awarded for his best performance in out door.

RECRUITS OF 119 BN TAKE OATH

In another passing out cum attestation parade held on 3rd July'92 at Shivpuri, Madhya Pradesh recruits of 119 Bn joined CRPF after completion of 9 months training. Shri E.S. Bhakthawar DIGP Bhopal took salute of the parade.

Later Shri Bhakthawar gave away prizes to the outstanding recruits. The All round best cadet trophy went to Rt. Bipin Chand Das while trophy for 'Best Indoor trainee' was awarded to Rt. K.M. Pradeep Kumar. Rt. Sahaji Ishaque was awarded for his best performance in 'Out Door'.

The parade was commanded by Shri K.K. Sharma Dy. Commandant of 119

Bn.

124 Battalion

The passing out parade of 124 Bn was held on 3rd July at Jaipur, Rajasthan, Congratulating the newly commissioned jawans on this occasion was Shri Rajender Shekar IPS the DGP of Rajasthan. Recruit N. Krishan Rao, was adjudged as the best all round trainee during the training.

125 Bn

For the recruits of 125 Bn the 20th June '92 was much awaited day. On this day they took oath and joined the Force to strengthen hands of CRPF. Shri Ajay Raj Sharma the IGP Hqrs. CRPF who was the chief guest took salute and gave away awards to the outstanding recruits. The parade was commanded by R.C. Mallick and awards were received by recruits Sanjeev Singh Senghar, Umesh and Sanjay Kumar for their best performances in All round, Indoor and Out Door activities respectively.

PASSING OUT OF 112 BN

Recruit Santosh Tripathy of 112 Bn bagged the Best all rounder cadet trophy while Rt. Jayender Singh was declared best for Indoor' performance. The awards were given to them by Chief Minister of Madhya Pradesh Shri Sunderlal Patwa at the passing out parade held in Neemuch on 19th June, '92.

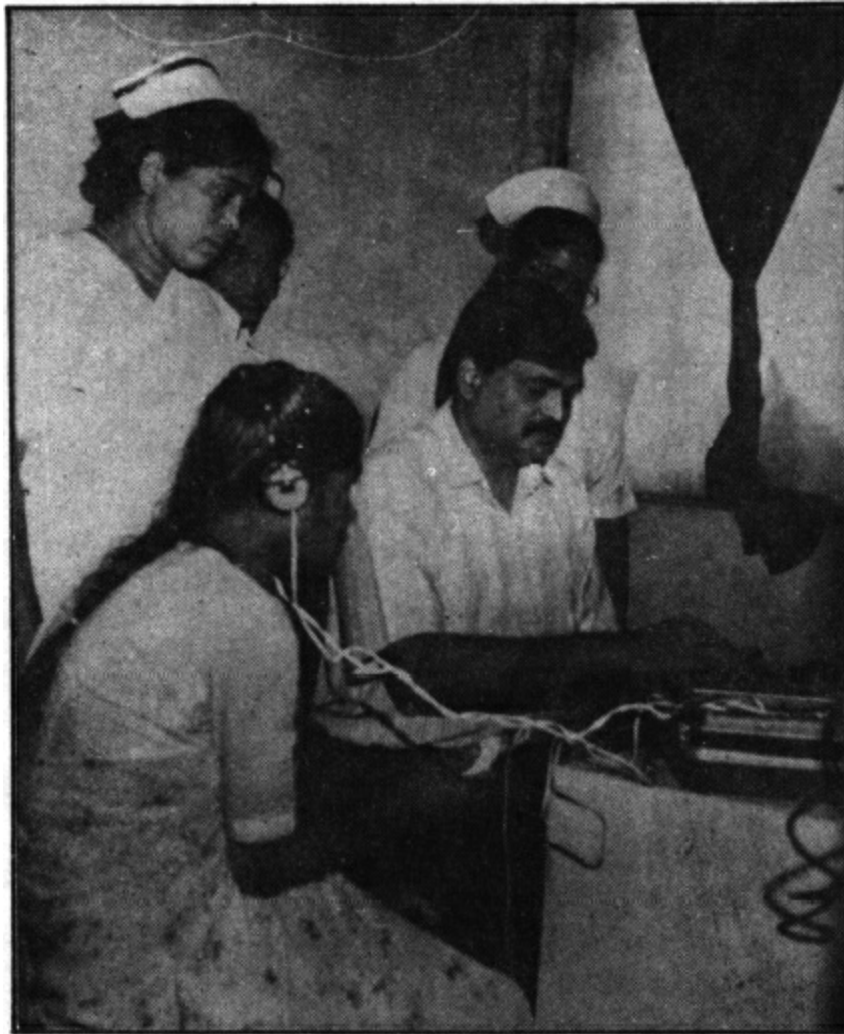
TWO MORE BATTALIONS

The recruits of two more battalions 127 and 128 Bn passed out during the month of May '92. The passing out cum attestation parade of both the Units were held at their respective Hqrs. located at Saraikhas, Jalandhar. The DIGP, CRPF, Jalandhar Shri S.S. Virk, the recipient of Padmashri was chief Guest at both the occasions. The parade of 127 Bn was commanded by Commandant Gurcharan Singh while Commandant G.K. Sharma led the parade of 128 Bn. Recruits Parshuram Singh, Aftam Alam, Puran Singh and Kamal Rana of 127 Bn received trophies for their best performances. The awardees of 128 Bn were recruits Birbal Swami (All round Best). Girish Chander Singh (Best indoor trainee). Parmeshwar Gogai (Best out door Trainee) and Krishan Pradhan (Best sportsman).

PASSING OUT PARADE OF 126 BN

The passing out parade of 126 Bn CRPF was held at Shivpuri on 9th June' 92. The parade was commanded by Shri R.C. Bahuguna, Dy. Commandant of 127 Bn. Shri A.S. Bal IPS Inspector General, Gwalior Division took salute of the parade. Rt. Jasawan Singh Gurjar was adjudged as best all round Trainee while Rt. Kartar Singh received trophy for best Indoor Trainee. The award for best Out door Trainee was given to Rt. Mahavir Prasad.

AUDIO METER IN BASE HOSPITAL – III



Functioning of 'Audio Meter' at BH III, Guwahati

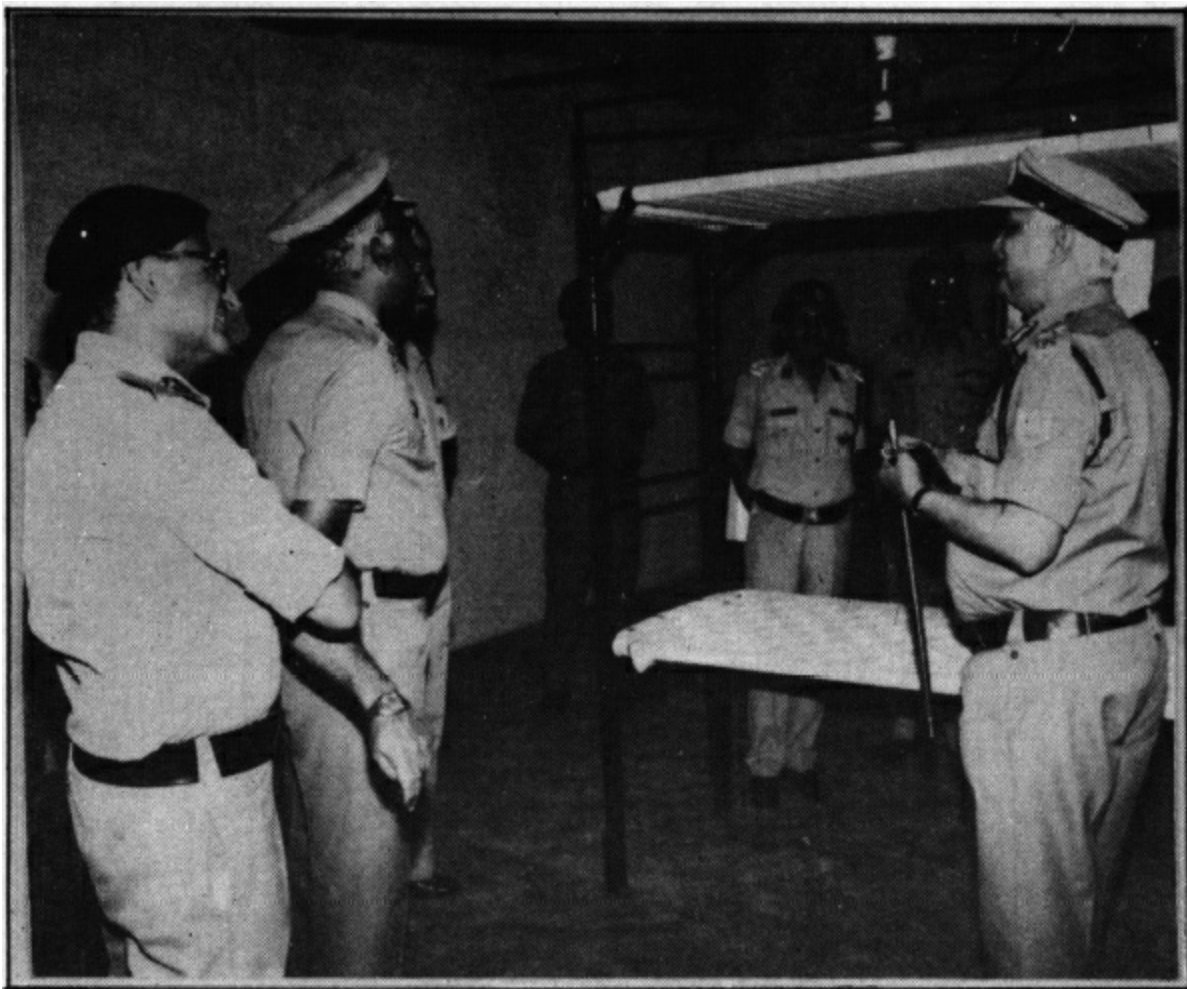
The CRPF Base Hospital III at Gauhati acquired a new sophisticated

machine to assess exact degree of deafness. The machine popularly known as 'Audio Meter' not only assess the degree of deafness but also helpful to find out type of deafness and cause of hearing loss.

At present this is the only machine of its kind in CRPF for treating ENT patients.

WELFARE ACTIVITIES

MODEL BARRACK INAUGURATED



Shri D.P.N. Singh DG with Senior Officers inside the Model Barrack.

Shri D.P.N. Singh, Director General CRPF inaugurated a model barrack at Nehru Nagar residential complex and a VIP hut for officers and Officers'

Mess at 19 Bn CRPF, Mehrauli at a simple but impressive function on May 18, 1992. Both these construction works were done by the personnel of 25 and 19 Bns CRPF respectively on self help basis which has considerably reduced the cost of construction.

The CRPF acquired 0.7 acres of land at Nehru Nagar, South Delhi from DDA at a cost of Rs. 8.35 lacs to construct residential accommodation for CRPF personnel.

EX-GRATIA PAYMENT TO WIDOWS

Three widows of CRPF personnel who have laid down their lives for containing terrorism and militant activities in the States of Jammu & Kashmir and Manipur were presented ex-gratia payment cheques by Shri D.P.N. Singh, Director General, CRPF at a simple but sedate function on June 12, 1992 at 40 th CRPF Bn Hqr.

The ex-gratia payment che ques for Rs. 1,25,000/- each given by J&K Government were received by Smt. Mohan Kanwar, wife of late Asstt. Commandant Kalyan Mal of 49 Bn and Smt. Sushila Devi, Wife of late Lance Naik Sri kishan of 54 Bn while a cheque of Rs. 70,000/- given by Manipur Government was received by Smt. Rajbala, wife of late Constable Ved Vard Singh of 22 Bn CRPF.

The incident in which Asst. Commandant Kalyan Mal and Lance Naik Sri kishan lost their lives took place in J&K on Jan 3, 1992 and Nov 11, 1991 respectively. Constable Ved Vard Singh of 22 Bn lost his life when a convoy of which he was a member, was ambushed by militants while escorting bank cash from Moreh to Imphal on Dec 7, 1991.

Presiding over the function. Shri Singh said that the sacrifices of the above deceased personnel would be remembered by all CRPF personnel with pride and honour. He further said that CRPF will continue to extend all possible help to the families of its men and officers killed in action while defending the honour and integrity of the country.

QUOTABLE QUOTES

The richest person is one who is happy with his daily work.

One of the strangest things about life is that the poor, who need money the most, are the ones that never have it.

The integrity of men is to be measured by their conduct, not by their profession.

To marry once is duty, twice is folly, thrice is madness.

NEWS IN BRIEF

50 ACRES FOR CRPF

The Chief Minister of Andhra Pradesh Shri N. Janardhan Reddy announced that the AP Government would allot 50 acres of land to CRPF to station one of the RAF Battalions in Hyderabad. The land will be allotted free of cost.

Addressing after reviewing the attestation cum passing out parade of 113 Bn raised at Chandrayangutta, Hyderabad the Chief Minister responded to the appeal made earlier by Dr. Karthikeyan IGP Southern sector for the land.

The CM further announced sanction of Rs. 5 lakhs for the welfare of CRPF personnel. In his speech Shri Reddy praised CRPF for its role in tackling terrorism and communal riots. The image of the CRPF, the CM said, is such that a common man sees CRPF as a best friend in need. CM also gave away prizes to the outstanding trainees. The awardees were, Rt. J.K. Sharma (Best allrounder), Rt. N. Venugopal Raju (Best in out door), Rt. Chinnaiah (Best in Indoor), Rt. Vinayak Rao (Weapon Trg.) Rt. Gopal Reddy (UAC) and Rt. J.K. Sharma for best shot.

The parade was led by Commandant M.S. Rawat and the welcome speech was delivered by Dr. Karthikeyan, the IGP Southern Sector, CRPF.

36 BATTALION CELEBRATES 'RAISING DAY

The 36 Bn CRPF celebrated its 24th Anniversary on 1st June'92 at its Head Quarters in Fatehbad, Amritsar. On this day in 1968 this Battalion merged into CRPF from the erstwhile 2nd Battalion of PAC.

Since then the Unit has been deployed in Nagaland J&K, Delhi, Tamil Nadu, Maharashtra, Rajasthan, Bihar, Assam and Punjab.

On this occasion the Battalion conducted Akand Ramayan, Basket Ball Match, Tug of War and other recreational activities.

Later a get together function was also held in the officers mess.

CRPF MEN COMMENDED

Five CRF personnel have been honoured with DGs Commendation Disc and one with Commendation letter for having shown exemplary performance in their respective fields.

The recipients of DG's Commendation Disc are:-S/Shri H.S. Negi Second-in-Command of 75 Bn; Shangara Singh Dy, Commandant; San-tokh Singh Asstt. Comdt. N. Jha Asstt. Comdt. all the three of 5 sig. Bn and Ct. S. Solomon Raju of 76 Bn CRPF.

The recipient of DGs commendation letter is Shri R.S. Agarwal Dy. Comdt. of 5 sig. Bn CRPF. Shri Agarwal received this coveted award for the second time.

CRPF OBSERVE ANTI —TERRORISM DAY

The CRPF observed Antiterrorism Day on May 21, 1992 at Directorate and at various Units all over the country by taking pledge to fight terrorists' menace tooth and nail till it is eradicated completely. Besides, marches and symposiums were also organised to draw the attention of the public towards this menace. The day was observed as a part of call given by the Govt. of India to commemorate the first death anniversary of Shri Rajiv Gandhi as "Anti-Terrorism Day".

The Addl Director General, CRPF Shri C.S. Dwivedi presided over the function at CRPF Hq while Inspectors General presided over the function in their respective Hqrs and Commandants in their Units.

Bihar Sector observed Anti-Terrorism Day

Shri D.P.N. Singh, Director General, CRPF presided over a function organised by the Bihar Sector to observe the Anti-terrorism Day on May 22, 1992. This observance coincided with the first death anniversary of Shri Rajiv Gandhi, former Prime Minister of India. Shri Vidyarthi, Editor of AAJ, Shri J.C. Jha, an eminent Historian and Shri B.N. Prasad, IPS (Ex-IGP, CRPF) among the eminent personalities who were present on this occasion.

CM MANIPUR PATS CRPF

The Chief Minister of Manipur, Shri R.K. Dorendra Singh, in a letter addressed to DIGP, CRPF, Imphal, conveyed the following remarks on his visit to Central Jail, Sajiwa, Imohal:

“I visited the Central Jail, Sajiwa on 27th June’s 92 and I am highly impressed with the good work being done by the CRPF personnel regarding safety and security of the prisoners in Manipur Jails. Please convey my appreciation to all the CRPF personnel working under your control in Manipur.”

CRPF NABBED 117 EXTREMISTS

During the month of June’ 92 CRPF apprehended 117 extremists while 74 got killed in as many as 50 encounters and search operations conducted all over the country including Punjab and J&K.

Surjeet Singh Behla Lt. Genl/Chief of BTFK, self styled Lt. Genl. Buta Singh Bhamri of KLF Satnam Singh Area Commander of KCF, self styled Lt. Gens. of BTFK (Monochal) Dheera Singh, Dilbag Singh alias Bagga and Jaimal Singh were some of the important extremists among the killed.

During these encounters CRPF recovered 103 major weapons which include eighteen AK-47 rifles, ten Ak-56 rifles, two AK-74 rifles, twenty two pistols, three GPMG one rocket launcher, ten carbines, two SLRs and eleven rifles besides large quantity of ammunitions.

Meanwhile CRPF lost four of its jawans during the above encounters.

THEY ARE NO MORE

We offer our deep condolence to the grieved families of following CRPF personnel who lost their lives during the month of June’ 92.

Dr. U.C. Biswal, GDO I (BH 3), Const Bhushan Kumar Singh (72 Bn), L/Naik Harka Bahadur Darjee (45 Bn), SI M.A. Basheer (104 Bn), L/Naik Kajurnal (45 Bn), Naik Ram Niwas Yadav (46 Bn), Const Baj Singh (13 Bn), Const Chhote Lal (53 Bn), HC Mohinder Singh (74 Bn), NK/Dvr Surjeet Singh (74 Bn) Mochi Darshan Lal (74 Bn) L/Naik Satya Narain Rai (54 Bn), S/K Rajender Kumar (54 Bn), HC Devender Prasad Yadav (53 Bn), Cook Durga Prasad (53 Bn), HC Fateh Singh (84 Bn), Cook B.B. Limbu (42 Bn), HC Kishore Chand (97 Bn), Const Uma Shankar Ray (97

Bn), Const Suresh Kumar (97 Bn), W/M Krishnan (GC Avadi), Const Kailash Chand (77 Bn), SI (M) Rattan Singh (SGC), Const Bishan Dass (67 Bn), SI (MM) B.C. Mishra (21 Bn), Const Advieppa Jaman Katti (73 Bn), RT Babu Ram (112 Bn), SI Rameswar Dayal (104 Bn), L/Naik Surender Rai (122 Bn), HC S.K. Shastri (80 Bn), L/Naik Kirpal Singh (60 Bn), and L/Naik Prakash Singh (36 Bn).

Besides above, as per late information received, the following personnel also lost their lives during the months of April/May' 92: 2IC R.S. Tiwana (23 Bn- April' 92), Const Kailash Singh (125 Bn), L/Naik T.H. Kumar Singh (104 Bn), SI Digember Rao (114 Bn), and L/Naik Rameshwar Singh (63 Bn).

Bn History: 11 BN CRPF

The 11 Bn CRPF was raised at Mokameghat on February 28, 1961 under command of Shri Amar Singh Commandant. After completion of basic training at Mokameghat, the Bn was inducted in the State of Assam for law and order duties from Dec' 62 to Sept' 64 and from then to Nagaland from Oct' 64 to June' 72, where it efficiently played a vital role in counter insurgency operations. After a hectic stint in Nagaland the Bn was deployed for internal security duties in Rajasthan, Delhi, Assam, West Bengal, Sikkim and Arunachal Pradesh. The Unit moved to Hoshiarpur (Punjab) in May 1977 to curb the terrorist menace. After a successful tenure at Hoshiarpur, the Bn moved to Chandigarh (UT) and Ropar District of Punjab in the year 1990 where it is successfully performing anti-terrorist operations. The Bn has so far earned seven Police Medals for gallantry. During its' tenure in Punjab and Chandigarh, the Bn is successful in recovery of large quantity of arms/amns and elimination/apprehension of many hardcore terrorists. The Bn at Chandigarh under command of Shri R.K. Singh is doing exceptionally well in maintenance of law and order

SPORTS

Bihar Sector wins.....

The Bihar Sector won the 2nd CRPF Inter Sector Hockey Tournament defeating Eastern Sector by three goals to nil. The tournament was held

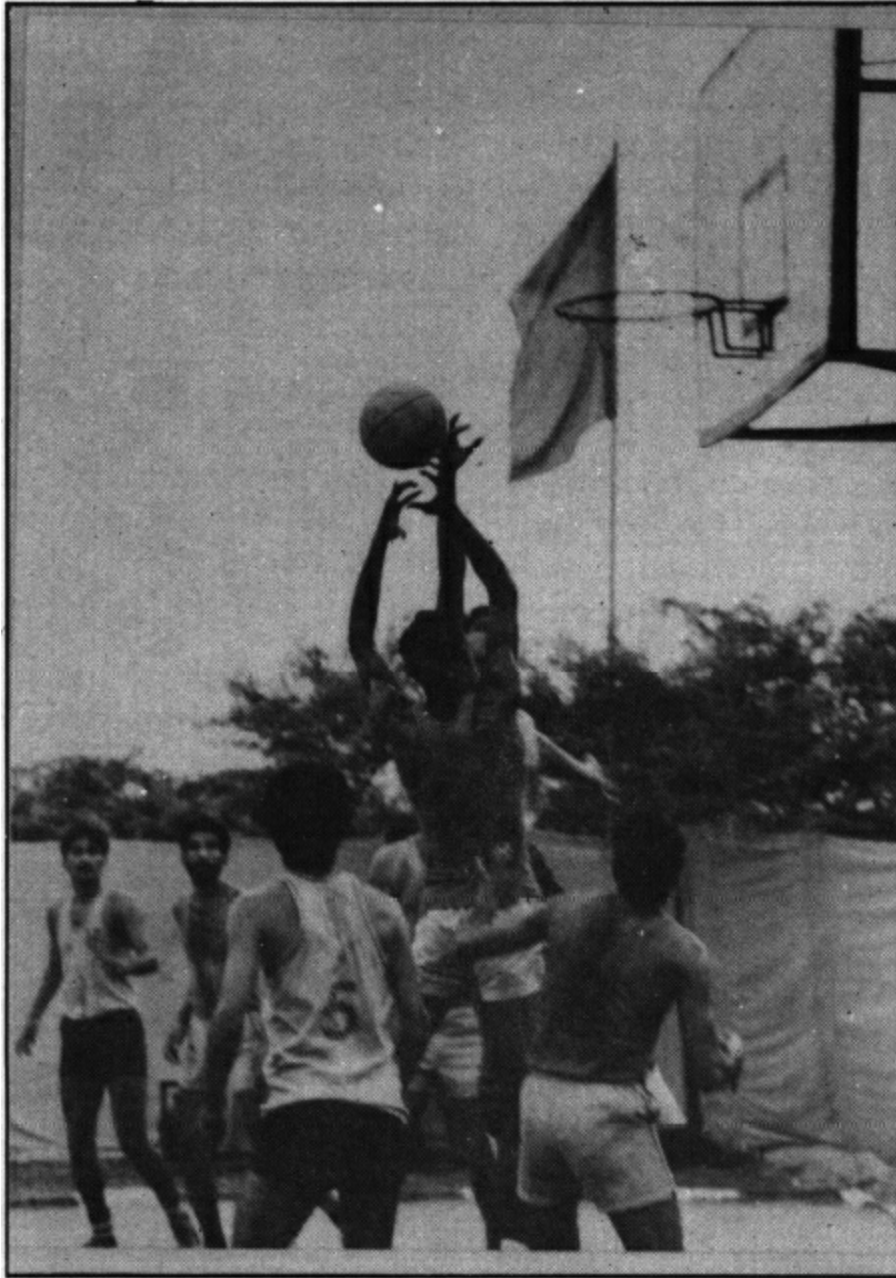
from July 21 to 27, 1992 at Group Centre, CRPF, Mokameghat (Bihar). Eight Sector teams from Bihar, Eastern, Southern, Special, North West, Central, North East and Northern took part in the tournament which was played on league-cum-knock out basis.

The tournament was declared open by Shri V.P. Jain, IPS, Addl DGP, Bihar Military Police while the Governor of Bihar, Shri Mohd Safi Qureshi was the Chief Guest of the closing Ceremony. Madam Qureshi gave away the trophies and prizes to the winners and runners-up and to the Best Players of the tournament.

SPORTS

2ND INTER SECTOR BASKET BALL TOURNAMENT

TROPHY FOR SPECIAL SECTOR



A tense moment during Basket Ball tournament

Special Sector, CRPF won the 2nd CRPF Inter Sector Basket Ball Tournament which was played at 86th Bn, CRPF Hq from July 10 to 17, 1992. In this 8-day tournament North Sector became runners-up. The tournament was played on league-cum-knock out basis in which 8 teams representing North West Zone, Southern, Northern, Eastern, North Eastern, Bihar, Special and Central Sectors of CRPF participated.

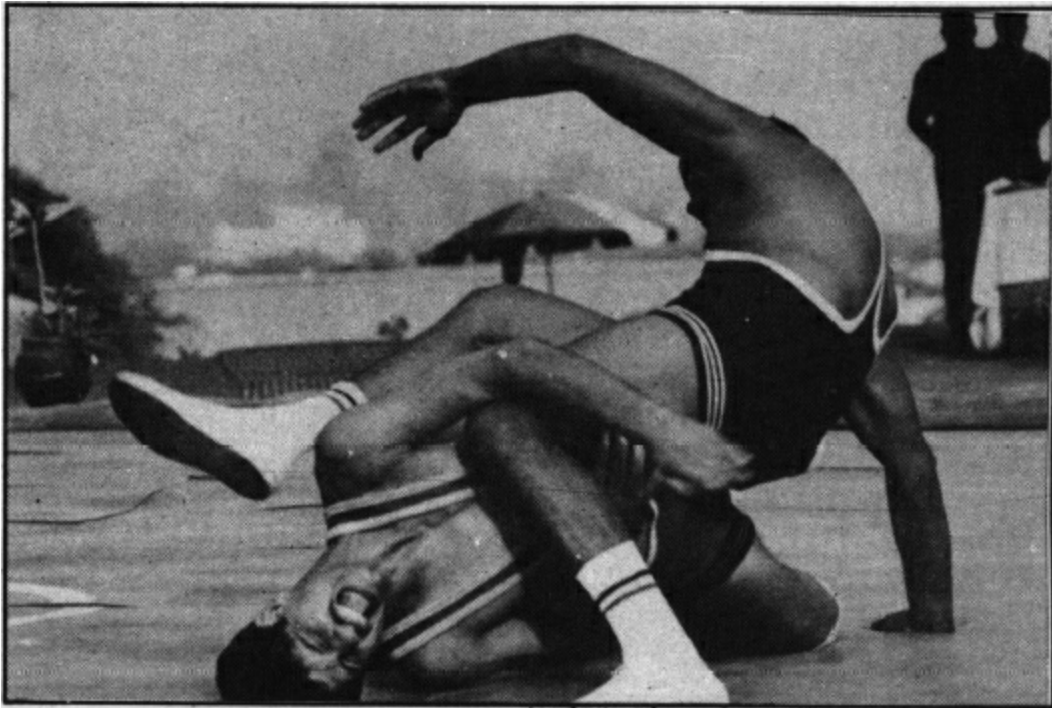
Shri Joginder Singh, IGP Northern Sector, CRPF inaugurated the tournament while Shri D.P.N. Singh, Director General, CRPF presided over

the concluding function. Mrs. D.P.N. Singh gave away trophies/prizes to the winners and runners-up. The award for the 'Best Player' of the tournament was given to Mohd Somdani, of Eastern Sector.

CRPF'S 33 battalion....

CRPF's 33 Battalion has won the 24 th Inter-Battalion Wrestling Championship of Ajmer Range held in 40th Battalion, CRPF campus. 33rd Battalion became the Winners with 30 points while 40th Battalion got Runners-up position with 24 points.

The three day tournament was presided over by Shri Joginder Singh, IPS, IGP, Northern Sector, CRPF. He later distributed prizes to the winners.



An interesting action on the final of 24th Inter Bn. Wrestling Championship of Ajmer Range.

CONCLUDING PART

SAIHA—MIZORAM

by—Group Comdr. B.S. Kallur

After having discussed with the Post Commander Tawi-pui security matters and arranging for a new batch of porters with the assistance of the VCP, we marched at 0200 hrs on 17 Apr 1986, in the early hours of the morning to our Lungleh post. Occupying the jungle track often, the column reached Tualtu Water point for a brief rest, then the column moved. Hardly had our column moved 100 yards the weather suddenly become cool and the wind started blowing laboriously and one smelt the sweet smell of mud rising out of distant rain. In no time it started raining cats and dogs and we were drenched to the bones. Clutching to our “walking sticks” in the slippery slush we marched. Meanwhile our Scouts alerted reporting presence of troops marching ahead. I, with great enthusiasm with couple of men ran to the point section. The men now had taken up positions and the informer raised his finger and showed the direction from where some troop movement was seen by his colleagues. I too took up position and in the heavy rain fall managed to see through the thick jungle a man holding a big jungle leaf over his head standing, little bent, looking side ways. He was wearing a torn banian with OG colour paint and was drenched cold. After a while he left and vanished by jungle track. For once I thought he was one of the jungle folk. When I was about to pass orders for move, from the same direction, one after another, with small gap between them some 21 men clad in OG in perfect Assam Rifle uniforms, marched to the direction where this men had proceeded. Curiously we watched but our column being and adm-column was not meant to enagage passing by troops in any way unless otherwise warranted and then again the distance was about 700 to 800 yards away in a horse-shoe like bend. Waiting and watching few more minutes we moved further. While the wide-eyed labourers watching, while repairing the new jeep track under the scorching sun, crossing the burnt village in column reached syrup and further destination Lungleh at 1430 hrs.

This “troop movement” was reported to the Lima sector Comdr Col Iqbal Singh who verified from various sources and we came to know that these were none other than the hostile elements belonging to the dreaded ‘K’ Bn of the Mizo National Front.

This was joyous and safe returning for the men and material, the men still vigorous with their exhausted faces and sunken cheeks but their eyes still shining.

There was but another chapter in the never ending book called ‘Experience’.

Was it to be an experience or simply a duty?

The opening of Saiha Sub— Division will be noted in some office files but there is no doubt that there will be no mention of the strain and the struggle undergone by the CRPF jawans and their dogged contribution.

The participants in such a small but successful move will not forget one thing the resident of Lungleh standing and staring, some in wonder and some in grateful recognition when they returned safely all the 110 miles up and down.

For some it was maiden march, for some simply an onerous burden some task, for some pleasure, for many a duty. But for those some of 'B' Coy 17 Bn CRPF, simply a routine march.



DG, Addl. DG and other senior officers with Special Sector team which won the second Inter Sector Basket Ball Tournament at 86 Bn CRPF grounds, New Delhi.

CRPF SAMACHAR

Vol. VI No. 3 October 31, 1992 9 Kartika, Saka 1914



Shri S.B. Chavan, Union Home Minister inspecting Passing out Parade of RAF Bn. at Wazirabad, New Delhi.



CRPF Jawans during 'Operation Night Dominance' in Punjab.

**THE
C.R.P.F.
SAMACHAR**

Vol. 6 No. 3

October 31, 1992

9 Kartika, Saka 1914

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Editorial

Dear Reader,

It was in July last that I addressed you through this columns. Since then CRPF added a new feather to its cap when on October 7, 1992, Shri S.B. Chavan, Union Home Minister inaugurated, operational phase of Rapid Action Force. Raising of RAF was universally applauded and peoples' expectations from this elite Force are very high. The RAF has to strive very hard to maintain its new found image. The first test of RAF was at Sitamarhi where the Force gave a commendable account of its performance.

Another important event that took place during this period is the conducting of a press party by the undersigned to Punjab where CRPF is playing a major role in 'Operation Night Dominance', a programme launched by the Punjab Police with the help of Army and CRPF to restore confidence among the people of Punjab.

Another highlight was award of Gallantry medals and Independence Day honours to 7 and 23 CRPF personnel respectively. It will not be out of place to mention that during this period Annual Day of CRPF Public School was observed and Children's Exhibition arranged on this occasion earned high appreciation from the viewers.

In the field of sports, 41st All India Police Aquatic Meet was held from 16th to 20th August '92 in New Delhi in which CRPF became runners-up.

We are including a health-front write-up by Dr. L.C. Gupta on 'Smoking' and another write-up on 'Value Management Leads to Success' by Shri T.G.L. Iyer in this issue.

I hope you will find this issue interesting and I am looking forward for your help and cooperation in enriching CRPF Samachar with your contribution through reports of activities and write-ups.



(A.N. Sharma)

RAPID ACTION FORCE

SECOND COURSE ON RAF OFFICERS



Dr. (Mrs.) S. Sanyal addressing the R.A.F. officer's course at New Delhi.

Second one week orientation course for middle level officers of Rapid Action Force (RAF) was inaugurated at National Institute of Criminology & Forensic Science, New Delhi on 21st; Sept. 92 by Shri D.P.N. Singh, Director General, CRPF. The course has been named as “Contemporary Social Realities and Awareness Course”. The Director of the Course is Dr. (Mrs.) S. Sanyal.

Addressing the officers, Shri Singh called upon them to develop the qualities of leadership. This quality, he said, can be developed if the officer cultivate two most important ingredients-motivation and aptitude-in them. He called upon them to take up their job as a mission ary. Shri Singh dealt in great length to explain the reasons for the formation of Rapid Action Force which include non-availability, non-expertise and lesser mobility of the local police forces. He advised the trainees to have positive frame of mind while solving grave situations and their approach should be balanced and above all prejudices and based for the betterment of the country.

After the inauguration, the Prof. P.M. Baxi, Member of Law Commission and an expert in Human Rights threw light on human right issues to the trainees.

During the Week-long-course eminent speakers delivered lectures on

subjects concerning social reality and awareness.

RISK FUND

A total of Rs. 7,70,000/- has been paid to next of kins of 22 CRPF personnel who died during the month of September' 92. This included Rs. 10,000/- from Central Welfare and Benevolent Fund in each case. Another sum of Rs. 60,000 has been paid at 4 CRPF personnel invalidated during this month.

NEW FORCE

Rapid Action Force

Ready For Action



Shri S.B. Chavan Union Home Minister, Shri C. Pal, IGP RAF and other VIPS at the RAF passing out parade



R.A.F. Ready for Action

The Central Reserve Police Force added yet another feather in its cap with the launching of Rapid Action Force (RAF) a force exclusively created to deal with communal riots.

Commissioned by the Union Home Minister Shri S.B. Chavan on 7th October, 1992 the RAF is raised from amongst the rank and files of CRPF. Certainly the rioters, processionists and others will find it difficult to indulge in frenzied acts of violence because the blue danglee clad RAF men will get cracking in 'Zero Response Time' on them.

Speaking at the impressive passing out Parade commanded by Deputy Commandant Manoj Kumar Dubey, Shri Chavan expressed hope that the RAF constituted under the aegis of CRPF would fulfill the expectations of society and country by mitigating the communal tension by handling them effectively. Shri Chavan was much impressed upon the preparation done by RAF to face any tense situation. Shri Chavan called upon the RAF jawans to prove their worth in such a manner that communalists are afraid of them and innocents feel protected.



RAF Demonstration (Top to Bottom)

1. Un Armed Combat—Proving its worth
2. Quelling a mob.
3. Fighting with Fire, and
4. Helping a fire victim.

Photos—S.K. Khanna, D.N. Tiwari



S. Brar Commandant, 40 Bn CRPF receiving 'Best Battalion Trophy' from Union Home Minister Shri SB. Chavan



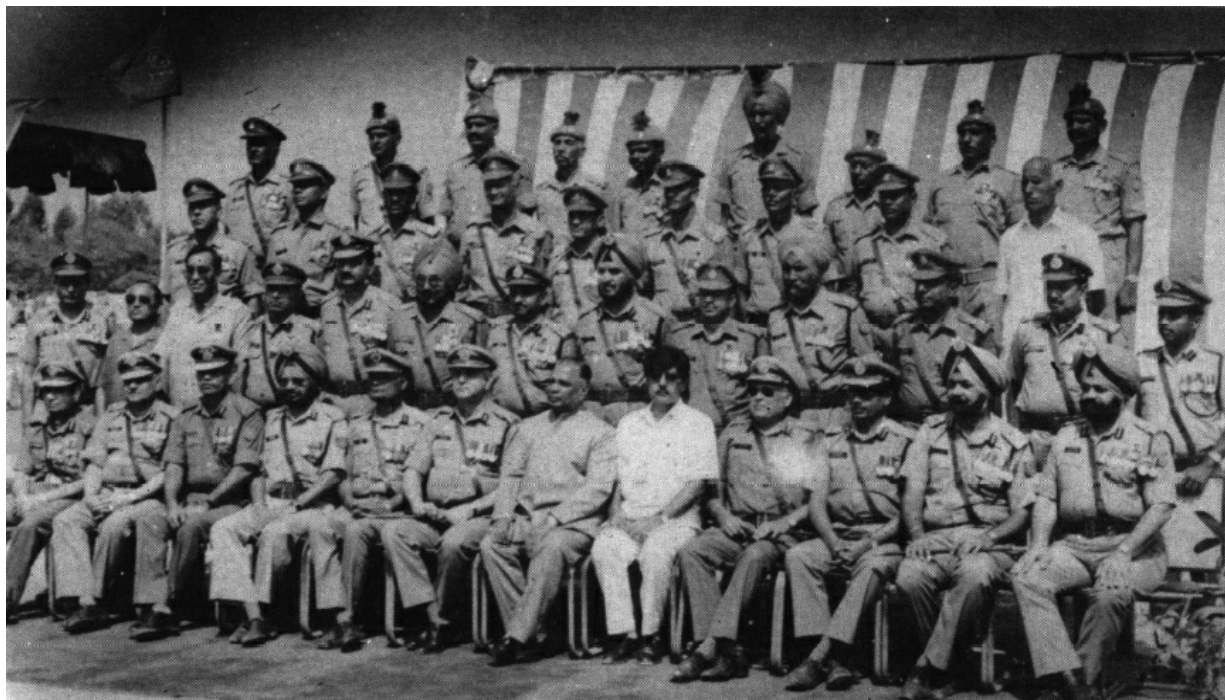
Shri D.P.N. Singh, DG CRPF Presenting Memo to Shri S.B. Chavan, Union Home Minister

Earlier in his welcome speech, the Director General CRPF Shri D.P.N. Singh explained the philosophy and aim of RAF. Shri Singh said that the men of these Battalions had been given exposure to the concept of behavioural sciences and contemporary social realities and sanctity of human rights to bring about attitudinal changes in them. There has been a conscious attempt at making each RAF team a representative of all communities to ensure a non partisan action during communal situations; Shri Singh added.

The RAF is visualised as young and flexible force with the average age of constabulary ranging from 30-35 years, and a methodology has already been marked out to maintain this average.

The RAF is being equipped with the latest technology. In terms of riot gear and weaponry, shock batons, sting grenades, dye grenades, poly carbonate lathis, shields and runner trancheons are part of the RAF's arsenal. The men are also being trained in Unarmed Combat, First Aid, Fire Fighting, Rescue and Relief work. Besides, the force has been provided extensive vehicle coverage.

Initially the RAF will be stationed in 10 places in five communally sensitive states. These include Hyderabad, Aligarh, Ahmedabad, Allahabad, Varanasi, Delhi, Gazhiabad, Jaipur and Meerut. In Bihar it will be stationed either at Dharbanga or Jamshedpur.



Shri S.B. Chavan and DG CRPF with Medal Recipients

During the passing out parade of RAF Shri Chavan also pinned Meritorious Medals to 33 CRPF personnel. Shri C.S. Brar Commandant, 40 Bn received the Best Battalion' trophy. The recipients of Meritorious Medal are:—

Addl. DIsGP Gurmohan Singh, Inderjit Singh, Asstt. Director (Comms.) K.R.R. Kurup, Commandant Jai Karan Choudhry, Asstt. Director (Adm), B.L. Takiar, Commandant D.K. Khurana, Asstt. Director (Prov) Rajinder Singh, Commandants M.S. Sidhu, Narender Pal, Asstt., Director (Ops) J.S. Dhillon. Dy. Comdts. M.S. Dogra, Surat Singh, Asstt. Comdt. Adalat Singh, Commandant R.S.D. Dogra (Retd.), Asstt. Commandant Attar Singh (Retd.), SM/OS P.K. Patnaik, Inspectors K.L. Thomas, Himmat Singh, G.G. Sharma, Sub Inspectors Ravi Dutt Sharma, Nathu Ram, Abdul Razak, Janardhan Singh, Head Constables Dalip Singh, Doodh Nath, Naik Jamadar Singh, L/NK V. Gopalakrishnan, Constable Trilok Singh, W/C Ram Deo, Sub Inspector (Retd.) Mohanlal, Naik (Retd.) Brij Bihari Mishra and Constable (Retd.) Mal Singh.

QUOTATION

There is a popular saying that Hanuman jumped over the sea through his faith in Rama's name but Rama himself had to build a bridge

Shri Ramakrishna

People are of three groups. Those who make things happen. Those who watch things happen and those who wonder what happened.

CONFERENCE SENIOR OFFICERS CONFERENCE



DG CRPF Shri D.P.N. Singh addressing senior officers in a Conference held at R.R. Shala, New Delhi

Shri D.P.N. Singh, DG CRPF addressed the senior officers of the rank of IsG and DIIsGP of the CRPF on October 14, 1992 at Ravindra Ranghsala, New Delhi.

Addressing the senior officers, he said that this conference will give us an opportunity for interaction and self appraisal. He called upon the officers to improve the operational efficiency and public image which is possible

only when work is done on time bound programme and proper feed back is received from the subordinate officers. He further said that for better results every officers of CRPF should have a sense of involvement in their profession. Shri Singh also advised the officers to have such a frame of mind which should have constructive approach and such approach should be worthy of the people. If that is implemented there is no reason why we cannot earn bouquets. Regarding RAF, he said that a lot is expected from them and to keep up its image RAF has to work really hard.

The DG was happy to announce that efforts of this HQ yielded results when Home ministry has agreed in principle to give some training Bns to CRPF. Raising of some Bns besides one mahila Bn is also on the card and it is hoped that CRPF will get these Bns raised in near future.

An agenda covering 53 points ranging from administrative, economic aspects concerning sector were discussed during the conference. Exchange of views on various points gave officers enough material for thought.

The conference concluded with a positive note.

JOKE

A barber, a bald-headed man, and a professor were travelling together. They had to sleep one night in a lonely area and agreed that they would take turns guarding their possessions.

The barber took their first watch. Wishing to play a joke, he shaved the professor's head while he slept. When the barber's watch was over, he awakened the professor.

The professor, rubbing his head as he awoke, discovered that it was bare. "Why that scoundrel," he's exclaimed, "he's awakened the bald-headed man instead of me."

ON THE SPOT REPORT

OPERATION NIGHT

DOMINANCE

Text—A.N. Sharma Pix—S.K. Khanna

As the night descends on the villages around the city, the battle lines are drawn. On the one side are the commandos of the CRPF and on the other are the die hard Punjab terrorists.

The battle-hardened CRPF personnel armed with self loading rifles, AK-47 and closequarter weapons, alight from their machine-gun mounted Gypsies and start walking towards the dusty, villages. While the farmers, tired after a hard day in the fields, call it a day at sunset, the CRPF boys and the terrorists know the night is important for them.

Walking with the CRPF personnel through the standing sugarcane crops in the dead of the night is rather spinechilling. A team of reporters from Delhi accompanied the CRPF personnel who were patrolling the villages, 30 minutes drive from the city.

It was definitely a dangerous proportion as the CRPF team did not want to disclose its presence and hence the movement in dark and the terrorists shared the same thoughts and for the same tactical reason—the element of surprise.



A CRPF- jawan guarding the Punjab Raj Bhawan

ON THE SPOT REPORT

Fingers on the cocked SLRs held in firing position, the tough CRPF jawans made their way through the narrow lanes of the villages. You were never sure when the bullets would start flying, though the commandos had fanned out in the nearby fields and laid ambush. The reporters walked with them for three hours.

Working in close cooperation with the Punjab Police and sharing the workload during Operation Night Dominance now in progress in the rural areas of Punjab, the CRPF has fanned out all over the State.

The idea behind Operation Night Dominance is to secure the nights and restrict the movement of terrorists, thereby forcing them to come out in desperation and lock horns with the security forces.

The unconventional war now on in the killing fields of rural Punjab is a

challenge for all concerned—the politicians, the bureaucrats and the security forces.

For personnel of the CRPF carrying out a fight against terrorism is improvisation and adaption to unwritten rules laid down by the militants. And the deadly game is a non-holds barred one. The trick is always outsmart the ultras, and the only way to do this is to follow the old principle of applying common sense while planning and carrying out operations.

In order to combat terrorists effectively, the CRPF has formed Quick Reaction Teams' (QRT) with a quick response of three minutes after receiving information on any incident. Two such teams already functioning, have achieved success in two separate encounters in militant-infested areas of the State.

Every CRPF Battalion in the coming months will have one such squad organised on the pattern of National Security Guards. The commandos of these Units have been armed with the most sophisticated weapons, including general purpose machine guns, SLRs and other close quarter weapons.

Each commando has undergone a rigorous six-week training in quick reflexes, attack and self-defence techniques. They are at present stationed in Amritsar and villages around the city. They have also been provided with fast vehicles so as to enable them to reach the trouble spot quickly.

The Director General of Police (Punjab) Shri K.P.S. Gill while confidently asserting that “we are on top at the moment, attributed it to the “excellent job of the CRPF”.

Mr. Gill explained that one of the important factors behind the present success was that the state police had now only CRPF to interact with and this has resulted in “very close cooperation between the two forces”. And this has brought success which is unprecedented.

The city of Amritsar witnessed a musical night last Tuesday (September 15), after a span of almost 16 years. The famous singer Gurdas Mann 'held the citizens of Amritsar at Gandhi Ground for over three hours, till about midnight, and the city had danced to his tunes. Although the programme took place amidst tight security, it was something which could not have been imagined till six months back.



2.



1.

1. Shri K.P.S. Gill the DGP Punjab Police briefing press reporters from Delhi.
2. Shri Beant Singh the CM of Punjab lauding CRPF's Role



CRPF jawans on the move Operation Night Dominance



Cordoning a hideout



Trucks are being searched

Talking about the attack on him, Mr. Manender Bitta, Punjab Minister of State for Public health told a group of newsmen, who met him at his residence in Chandigarh last week, that "but for the brave CRPF head constable, I would not have survived the latest attack on me."



CRPF Personnel Clearing Operation Night Dominance

Apart from fighting the militants in Punjab is also widely engaged in providing security cover to all the VIPs in the State and protecting vital installations. Not only Manender Bitta, but the total Punjab Cabinet, all the MLAS are given cover by this paramilitary force.

The State Governor's residence, the Chief Minister's residence, the State Assembly, the Secretariat and Punjab University Campus with several other important places are protected by round the clock security cover of the Central Reserve Police Force, which has 356 of its companies deployed in Punjab.

"I would like this strength of CRPF to continue", said Punjab. Chief Minister Beant Singh, as he is very happy with the good work this paramilitary force is doing in all spheres." Mr Singh claimed that his Government has the political will to exterminate terrorism from Punjab.

As a result of these activities as many as 210 militants were gunned down during 1st June to 31st August, by the security forces out of the total of 366 this year. And the slain militants include Khalistan Liberation Force Chief Gurjant Singh Budhsinghwala, Babbar Khalsa Chief Sukhdev Singh Babbar, the number of such hardcore militants, who were considered to be the back bone of their organisations, is as high as 93.

And, helping the 356 companies of the CRPF, stationed all over Punjab and Chandigarh is their signal communication network, which is the responsibility of Signal Battalion of CRPF. The latest communication techniques like VHF sets, teleprinter links, DATA-PRO links, BEST links, are available with this paramilitary force to achieve optimum operational efficiency, claimed the Battalion Commandant P.N. Mahajan. He asserted that due to this network, their reaction time is “not more than one minute”.

Inspector General (Operations Amritsar) of CRPF R.K. Sharma while lauding the “First rate job of para-military force”, expressed concern at the lack of facilities to the Force. He said that “when you are fighting a battle, procedural delays are fatal.”

In view of the ‘extraordinary work’ CRPF is performing in the strife-torn State, 90 more companies are going to be deployed in Punjab. “The increasing demand for more and more companies of CRPF by the Punjab Administration bears testimony to the positive role which the para-military force is playing and its image in the eyes of the masses”, declared one senior officer of the Force.



CRPF jawans guarding a VIP's residence

41ST ALL INDIA POLICE AQUATIC MEET

C.R.P.F.

PLACED SECOND



Shri M.M. Jacob, Union Minister of State for Home affairs greeting the DG CRPF at the All India Police Aquatic Meet, in New Delhi.

The Central Reserve Police Force established new meet record clocking 8 minutes 36.57 seconds in the 4x200 Mtrs. men's Free Style Relay at the 41st All India Police Aquatic Meet held from 16th to 20th August, '92 at Talkatora Swimming Pool, New Delhi.

The five day meet was inaugurated by Shri S.B. Chavan the Union Minister for Home Affairs. On the very first day star attraction Kazan Singh brought the first gold for CRPF winning the 100 Mtrs Back stroke in 1:05:04 mtrs. His teammate Radhakrishnan clinched the second gold of the day in the 200 Mtrs. Breast Stroke.

The second day saw the record book re-written by CRPF at the end of 4x200 Mtrs. Free Style Relay. The CRPF quartet Khazan Singh, Ranjit Singh, Pradeep Rana and Premjit Singh put their best efforts to eclipse the previous record.

However the third day witnessed some sudden surprises. I.C. Raju of Kerala Police emerged as fastest swimmer in the 50 Mtrs. Freestyle (25:25 Sec) pushing Khazan Singh to second place.

On the concluding day Khazan and Radhakrishnan of CRPF won in the 100 Mtrs. Butterfly and 100 Mtrs. Breast Stroke respectively. Other ace swimmers of CRPF who brought laurels are Ranjeet Singh, Premjit Singh, G.R. Cheiry and Somasekaran.

Meet people in better position than yourself in life so that you learn from their better experience.

Try to distinguish between persons who are likely to be useful from those who are not



The jubilant CRPF Quartet after winning the 4 x 200 Mtr. Freestyle Relay

Through out the meet CRPF and BSF locked horns in spirited effort to

clinch the championship. However the 4x100 Mtrs. medley relay went in favour of BSF thus giving them an edge over CRPF by just four points, in the final tally.

Shri M.M. Jacob, Union Minister of State for Home Affairs was the chief guest on the concluding day. Besides swimming Water Polo, Spring Board diving and Cross Country Race were also conducted as part of the meet.

The detailed results are as follows :

1500 MTRS. FREE STYLE :

1. Rajeev Nagpal (BSF); 2. Ranjeet Singh (CRPF); 3. Sanjeev Tokas (BSF)

200 MTRS. BUTTERFLY :

1. Rajeev Nagpal (BSF); 2. Surender Tokas (BSF); 3. Ranjeet Singh (CRPF)

200 MTRS. INDIVIDUAL MEDLEY :

1. Kazhan Singh (CRPF); 2. Praveen Rama (BSF); 3. Premjith Singh (CRPF)

400 MTRS. FREESTYLE :

1. Rajeev Nagpal (BSF); 2. Premjit Singh (CRPF); 3. Ranjeet Singh (CRPF)

4 x 100 FREESTYLE RELAY :

1. BSF; 2. CRPF; 3. Kerala Police

100 MTRS. FREE STYLE :

1. IC Raju (Kerala); 2. Kazhan Singh (CRPF); 3. Rajiv Nagpal (BSF)

200 MTRS. BREAST STROKE :

1. S. Radhakrishnan (CRPF); 2. K.S. Binu (Kerala); 3. G.R. Cheiry (CRPF)

100 MTRS. BACKSTROKE :

1. Kazhan Singh (CRPF); 2. Sanjeev Tokas (BSF); 3. Parveen Rana (BSF)

400 MTRS. INDIVIDUAL MEDLEY :

1. Rajeev Nagpal (BSF); 2. Praveen Rana (BSF); 3. Premjith Singh (CRPF)

200 M BACKSTROKE :

1. Sanjeev Tokas (BSF); 2. Kazhan Singh (CRPF); 3. Praveen Rana (BSF)

4x200 FREESTYLE RELAY :

1. CRPF; 2. BSF; 3. Kerala

50 M FREESTYLE :

1. I.C. Raju (Kerala); 2. Kazhan Singh (CRPF); 3. K. Somasekaran (CRPF)

200 M FREESTYLE :

1. Rajeev Nagpal (BSF); 2. Ranjit Singh (CRPF); 3. Premjit Singh (CRPF)

4x100 MEDLEY RELAY :

1. BSF; 2. CRPF; 3. Kerala Police

100 M BUTTERFLY :

1. Kazhan Singh (CRPF); 2. Rajeev Nagpal (BSF); 3. Surender Tokas (BSF)

100 M BREASTSTROKE :

1. S. Radhakrishnan (CRPF); 2. K.S. Binnu (Kerala); 3. Rajesh Sharma (BSF)

CROSS COUNTRY (INDIVIDUAL) :

1. Yashwant (BSF); 2. Ram Karan (CRPF); 3. Hariom (BSF)

CROSS COUNTRY (TEAM) :

1. BSF (36); 2. CRPF (89); 3. Punjab 108

Final Points :

1. BSF (224); 2. CRPF (220); 3. Kerala Police (89)

NEWS

GALLANTRY MEDAL FOR SEVEN CRPF PERSONNEL



CT. S. Sarguru



CT. P. Deginia



Ct. Govardhan Sahoo



Ct. Bijender Singh

Seven personnel of Central Reserve Police Force have been honoured with Police Medal for Gallantry by the President of India on 25th Sept. 92. This honour has been given to them for displaying conspicuous gallantry, courage and devotion to duty of a high order while fighting against terrorists in Punjab and Jammu & Kashmir.

Out of seven awardees, two of them have been given this honour posthumously.

The awardees are. Constables S. Sarguru (60 Bn.), P. Deginia (60 Bn), Bijender Singh (5 Bn.), Govardhan Sahoo (43 Bn.), Alfuddin (58 Bn. posthumous), Nirmal Singh (58 Bn. posthumous) and R.N. Ghosh (2 Bn).

The incidents for which above CRPF personnel got this honour are as follows:—

In the first incident. Constables S. Sarguru and P. Deginia of 60 Bn. CRPF on Feb. 11, 1991 shown exemplary courage in Srinagar while on patrol duty when they chased the terrorists and succeeded in apprehending one of them who fired on Rainwari police post. Their efforts compelled the remaining terrorists to run away.

In the second incident, on December 12, 1990 Constable Bijender Singh of 5th Bn. with his party successfully chased the heavily armed terrorists and foiled their plan to attack PS Safakadal. The terrorists while escaping from the site left behind their weapons.

In the third incident on Nov. 18, 1992 Ct. Govardhan Sahoo of 43 Bn. shown exemplary courage in Fatehpur village (Punjab) while fighting with the terrorists when his party on search operations spotted them in a farm house. In this incident four terrorists got killed and a large number of

arms/amns were recovered from the spot.

In the fourth incident. Constables Alfuddin and Nirmal Singh of 58 Bn., sacrificed their lives while fighting with terrorists in the night of 6/7 May 1991 in Amritsar District where they were involved in an exchange of fire with terrorists. In this encounter two terrorists got killed and a large number of arms/amns were recovered from the spot.

NEWS IN BRIEF

In the last incident which took place on Sept. 10, 1992 Constable R.N. Ghosh of 2nd Bn. while on duty with his Officer Commanding at Islamic College in Down Town Srinagar noticed a group of militants escaping towards Shish Bagh area after firing at the Police picket in the area. He immediately informed his seniors and chased the fleeing terrorists in the lanes and by-lanes. Finding them in tight corner, terrorists opened fire on the chasing police men. As a result of which Constable Ghosh received bullet injuries in his stomach. In spite of bullet injury, he kept on firing on the terrorists and succeeded in seriously injuring one of the terrorists and compelled others to flee.

GANDHI JAYANTI IN J&K

The Gandhi Jayanti this year was celebrated in a novel way at the premises of Office of the Inspector General of Police (Ops) J&K.

A function was specially organised to motivate the militants and their relatives for a positive outcome. Twenty eight detainees released by the State Screening Committee and their relatives were brought to the function. Militants under detention at Hari Niwas also took part in the function.

Lectures motivating militants with objective of transforming into good citizens were delivered. Militants and their relatives participated in discussion. They also took oath in the name of Quran to forgo militancy. It was an impressive interaction with fruitful result.

The function was presided over by the Director General of Police J&K. Several police officials including CRPF and other paramilitary forces attended the function.

BRAVERY PROVES FATAL FOR CRPF JAWAN

In a bid to save a 75 year old woman Shapla Rani from being hit by a moving train a CRPF man lost his life.

Naik Ghanshyam Dev Prasad of 28 Battalion CRPF tried to save Shapla Rani an old women from being crushed by the approaching Frontier Mail at Tehsil Pura Railway crossing, Amritsar on August 8th 1992. In the process both the Naik and old woman were hit by the engine of the train and succumbed to the injuries.

The above Naik was on operational duty at the Tehsil Pura Railway Crossing when the mishap occurred.

INDEPENDENCE DAY HONOURS TO 23 CRPF PERSONS

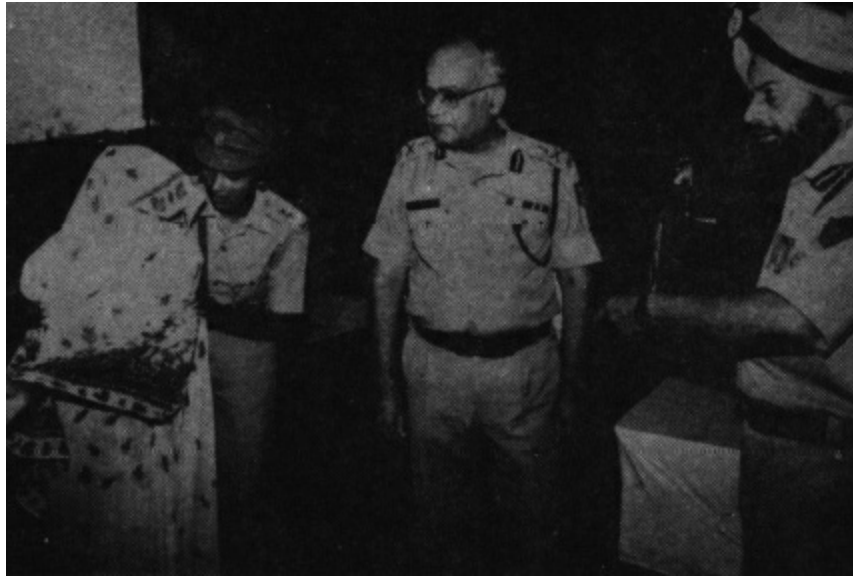
23 Central Reserve Police Force personnel have been honoured with Distinguished and Meritorious Service Medals by President of India Shri S.D. Sharma on the eve of Independence Day 1992.

Two officers have been honoured with Distinguished and twenty one for Meritorious Service.

The two recipients of **Distinguished Service Medal** are S/Shri R.K. Sharma, IPS, IGP CRPF Punjab & Chandigarh and M.C. Soam, Commandant 121 Bn., CRPF. Both these officers have been honoured with Meritorious Service medals earlier.

Twenty one recipients of Police Medal for **Meritorious Service** are, Shri Bhola Nath, IPS Dy. Director, Asstt. Director (MT) S.C. Mishra (Dte. General), Asstt. Director Sukhjinder Singh (RAF), Asstt. Director Jasbir Singh (ISA), Commandants D.A. Dhananjaiah (66 Bn.), P.V. Peedikeyal (50 Bn.), Dr. S.N. Patnaik, Senior Medical Officer, Base Hospital II, Dy Commandants S.S. Singh (120 Bn.), Gurmeet Singh (79 Bn.), Asstt. Commandant S.R. Tiwari (6 Bn.), Sub Major (OS) Kundan Singh Bisht (Dte. Genl), Sub. Major Arjun Singh (92 Bn.), Inspector Sultan Singh (60 Bn.), Sub Inspectors S.W. Hussain (60 Bn.), S.C. Pant (66 Bn.), Prem Nath (98 Bn.), M.D., Chacko (3rd Sig Bn.), Head Constables George Ekka (41 Bn.), Ayya Swamy (GC Pallipuram Band), Bansidhar Ram (98 Bn.) and Cook Dil Bahadur (120 Bn.).

EX GRATIA PAYMENTS TO NOK OF CRPF JAWANS



Shri C.S. Dwivedi, Addl. DGP CRPF consoling Smt. Savitri Devi wife of late HC Ram Dev Dubey at a cheque presentation function.

At a simple but sedate function held at 50th Battalion CRPF Kalkaji on 13th August, Shri C.S. Dwivedi Addl. DGP CRPF presented Ex-gratia payment cheque of Rs. 2 lacs to Smt. Savitri Devi wife of Head Constable Ram Dev Dubey on 14 Bn. CRPF who sacrificed his life while fighting against terrorists menace in Punjab. The exgratia payment was given by Punjab Government for the supreme sacrifice of Head Constable Ram Dev Dubey.

The citation says; Late Head Constable Ram Dev Dubey was on escort duty with Dr. Baldev Prakash, (Ex-MP) of Amritsar. On Nov. 15, 1991 the Maruti Car of Dr. Baldev Prakash while going to his clinic was hit by a powerful bomb explosion approximately 500 yards from the clinic. In this bomb explosion HC Ram Dev Dubey seated in front seat of the car was instantaneously killed. Dr. Baldev Prakash escaped with minor injuries and three Punjab Police personnel sustained serious injuries while two civilians were also killed in the explosion.

Presiding over the function Shri Dwivedi assured all possible help to the family of late HC Ram Dev Dubey. On this occasion Shri Joginder Singh IGP Northern Sector CRPF also assured employment in CRPF to the son of

HC Ram Dev Dubey, subject to fitness.

SECOND PRIZE FOR C.R.P.F. MAN

Shri Ram Anuj, Dy. Commandant of Central Reserve Police Force (CRPF) won the second prize in the Prime Minister's Silver Cup Essay Competition 1991 organised by Sardar Vallabhbhai Patel National Police Academy, Hyderabad. The subject of the essay was "Community Participation for Better Policing". In earlier years also, Shri Ram Anuj has won prizes in this competition.

The second prize carries a certificate of distinction and cash prize of Rs. 750/-

59 ULTRAS APPREHENDED

During the month of September 1992, the CRPF apprehended 59 extremists while 86 others got killed in as many as 85 encounters from all over the country including Punjab and Jammu & Kashmir.

Self styled Lt. Generals Shamsheer Singh (KCF-Jaffarwal), Ranjith Singh alias Happy (BTFK Shyam Katoria (Dashmesh Regt.) Gurjeet Singh (Babbar Khalsa) and Chief General of BTFK Balwant Singh alias Burst were among the important terrorists killed in the above encounters.

During the month under report, CRPF recovered 116 major weapons which includes Twenty Nine AK-47 Rifles, Four GPMGs, Fourteen Rifles, Five sten guns. Four Mouser Pistols, Twelve Pistols, Six SLRs, One AK-56 and as many as 1500 ammunitions.

In the process CRPF lost four of its jawans while 33 others received injuries.

Quotation

An expert is one who knows more and more about less and less.

CHILDREN'S EXHIBITION AT ANNUAL DAY FUNCTION



Shri D.P.N. Singh DG CRPF showing keen interest as a school kid explaining about a mechanism.



Smt. D.P.N. Singh, wife of the DGP CRPF watching a demonstration at the school exhibition

An exhibition by little school children of CRPF School covering various aspects of every day life and subjects taught in the school was one of the main attractions of the annual day function of the school held in New Delhi on 1st Oct'92.

Shri D.P.N. Singh, Director General, CRPF inaugurated the exhibition and distributed prizes to the children who have topped in various classes and have secured positions in Board examination.

Addressing the audience, Shri D.P.N. Singh was highly appreciative of the high standard of the education in the school and complimented the students for their performance, but he cautioned them for the complacency, because this will mar their efficiency.

The function concluded with a cultural programme presented by the School children.

JOKE

The man was more than a little annoyed when a neighbour telephoned at 3 A.M. and complained, "Your dog is barking loudly that I can't sleep". The neighbour hung up before he could protest.

The following morning at 3 A.M. he called his neighbour and said: "I don't have a dog."

THEY ARE NO MORE

We offer our deep condolence to the grieved families of following CRPF personnel who lost their lives in the month of September' 92:—

Ct. Shiv Karan Singh (16 Bn.), HC/Dvr. Joy Kutty (RTC-3), Ct. Magan Bhai (45 Bn.), Nk. Omprakash (49 Bn.), HC/Dvr. Mohd. Akhil (74 Bn.), HC Sobha Ram (74 Bn.), Ct. Kartar Chand (74 Bn.), HC Vikram Singh.(51 Bn.), Nk. Han Prasad (107 Bn.), Peon Ramsingh (Dte. Genl.), SM Pujan Singh (38 Bn.), HC/RO K.V. Mathai (3 Bn. Sig.), Insp. Resham Singh (RTC-IV), Ct. Jetta Bhai Bopadra (95 Bn.), Ct/Dvr. Sunail Kumar Negila (GC Bantlab), Ct. B. S. Sangma (39 Bn.)/ Nk. Mohd Kadar Ali (14 Bn.), Ct. Pati Ram (100 Bn. FAF) Nk. Ram La khan (84 Bn.), L/Nk Tarwant Singh (GC-II), Hc Gokul Singh (6 Bn.), Randhir Singh (125 Bn), and Cook

Vijathar (13 Bn.).

Death report of personnel who died in August'92(received-late) is as follows:—

Ct. Abdul Satter (100 Bn.) and L/Nk. Harnath Meena (53 Bn.)

PREVENTION OF AIDS

Knowledge of Aquired Immuno Deficiency Syndrome (AIDS) has become essential among the CRPF personnel who are deployed all over the country in view of alarming reports of AIDS cases in the country.. The origin is traced to HIV 2 Virus so far as India is concerned. The concentration is found to be mainly in the states of Maharashtra, Tamil Nadu and Manipur. The disease is sexually transmitted and through blood transfusion.

Lectures on AIDS to educate CRPF men and their families and also to bring awarness amongst them was arranged on 17th September '92 in GC CRPF Jharodakalan. It was arranged in the Men's Club for about 500 men and subordinate officers. Lectures were given through Audio and visual media. Besides, lectures were delivered by Dr. D.N. Kar, Chief Medical officer. Dr. A.C. Tripathi and Dr. S.K. Dass of Base Hospital-I, CRPF New Delhi.

Lecture for familes was arranged in the Family Welfare Centre on 18th September 92. About 300 ladies attended. Dr. D.N. Kar, CMO; Dr. (Mrs) V.M. Sitalaxmi of BH-I and Dr. (Mrs) R. Kar of 88 (M) Bn have also delivered lectures. Ladies were explained about AIDS and about its prevention. More such camps are being organised in other Units of CRPF all over the country.

BATTALION HISTORY—9TH BATTALION

The 9th Battalion CRPF was raised on 16th June 1960. Lt. Col. J.K. Anand was the first Commandant of this Battalion. So far the Battalion has received four Prime Minister's Life Saving Medal and Seven Police Medal for Meritorious Service. Apart from this the Battalion also received .one Police Medal for Gallantry.

The battalion proved its efficiency wherever deployed.

So far the Unit has helped in eliminating as many as ten terrorists and apprehension of 69 anti-social elements. Other major achievements' of the Unit are, recovery of seven pipe guns; three live bombs; eight revolvers; 9

guns; seven pistols; one GPMG and two AK 47 rifles.

While deployed in Muzzafarpur the Unit personnel helped in recovery of smuggled goods worth Rs. 80,000/- at Railway station, Muzzafarpur.

Initially the Unit was deployed at Bharatpur (Rajasthan). Later it got deployed in Delhi, NEFA, Ajmer, Madras, Kadiguda, Agra, Calcutta, Kalyani, Aizwal, Amritsar and Jammu & Kashmir. Presently the Coys of the Unit are deployed at Srinagar under Command of Shri PK. Sharma.

FUNDAMENTAL TRUTHS

- Knowledge is Power
- Know thy problem
- There can be more than one approach to a problem
- Hesitation defeats
- Sharp commonsense prevails
- Keep your ears and eyes open
- Mental alertness should be the prime consideration
- Your motto should always be one step forward
- Take everything to its logical conclusion
- There must be follow up action to what you do Keep the fire burning in you
- Respect people for their virtues

VALUE MANAGEMENT LEADS TO SUCCESS

T.G.L. IYER

Value is worth, self esteem, and the pride of being oneself. On the day of final judgement you are only asked why you were not yourself? No one will ask you why you were not Mahatma Gandhi or Abraham Lincoln. As Jesus said in his sermon of the Mount “The Kingdom of Heaven is within

you”. Really, there is no such external authority to compel you to-do anything excepting yourself. It is. a question of mere self Responsibility jacking up your standards just that one little notch. Preserving Self Identity is the main thing. It should not be lost, masked or superimposed. We are our own script writer, actor, director and producer in life. All we have is now’. Look at children they are absorbed in the present. They are not worried about tomorrow. So, we have to enjoy what we are doing now. Enjoyment cannot be postponed to a future date. There are some who postpone their good deeds to old age. Well, there is no particular time when you have to be good. It is a process and never ending journey.

Without values, life cannot be disciplined, organised, patterned or predicted. Man is better off in civilisation than in Savagery. The gifts, traits, faculties, talents given by GOD have to be continuously refined, like Crude Oil from which beautiful products come like. Petrol, Diesel, Kerosene, Bitumen and even the basic material for COSMETICS. There are no bounds or barriers to improvement of faculties. Perfectibility of Man is indefinite. It will go on till eternity. When culture is inculcated in oneself, it can affect the environment and others too. The saying that everything starts from the self is true.

Culture creates values. They are handed down from one generation to another. Without values nothing could be managed as some Rule, standard, measurement is necessary to judge human behaviour. To remark society we have to remake ourselves. To Build life on Rock and not on sand inner strength is required and that comes through culture. One of the ingredients of culture is character. An individual, a community or a Nation can progress or perish purely on the presence or absence of character. Character provides the steering wheel to the vehicle; the Rudder to the ship; the compass to the traveller; the direction to move towards a goal. It also gives fearlessness, self-discipline, integrity, leadership, team spirit and a host of other qualities. These qualities do not come through education alone. It comes through continuous refinement, honing, polishing and strengthening of inner restraints. As WILLIAM JAMES, the American Philosopher said “Sow a thought, Reap an action; “Sow an action, Reap a Habit; Sow a Habit, Reap a character, sow a character Reap a Destiny”.

Life in itself has no value. We add value to life through perception, attitude and human behaviour. Many persons die at the age of 25; they get buried at the age of 75. The purpose of life is to LIVE; not to Exist (Jack London).

Mahabharath says “MUTHURTHAM JWALITHAAM SHREYO, NA TU DHUMAAAYITAM CIRAM” It is better to flash forth once in your lifetime than smoke away for ages!

FAITH is a part of culture. Without faith we can do nothing; with it all things are possible. Men are born to succeed; not to fail. Virtue of all achievement is Victory over oneself. Budha says that we can conquer a Thousand men a Thousand times but the greatest conquest is Victory over oneself. Really, except for some vague, blurred, nebulous guidelines, none of us is ever taught how to live. We are not told the value of life nor what it means to be fully alive. There is no school for living. There is scarcity of teachers of life. Formal education gives knowledge without judgement and facts without meaning. Until growth is achieved, people need protection against themselves. One should have a standard and if we have a standard it should be absolute. Other-wise it is no standard at all.

Without value, nothing solid can be built including personality. To withstand the vicissitudes, challenges, crisis, there should be inner strength. That strength comes through practice of values. In Management, there is always a leader, a team, clientele, consumers and so on. To Market any product, the Manager has to be persuasive, energetic, enthusiastic etc. All these qualities come through values. Therefore, we have our Brush and colours. We can paint a paradise and in we can go. We can paint Hell too and make the journey to reach there. Ultimately, everything depends on ourselves.

We know that we yearn for Happiness and fulfilment. We know that we are groping for an answer to the confusion, pain and puzzlement of living well. There is answer and we can have it not by loading ourselves with restrictions and prohibitions; not by running away from them; but by admitting a better personality which is vital and Radiant to grow within ourselves by removing all the cobwebs, dust and dirt accumulated over the years.

We should gravitate towards good people, good principles good-environment and a good occupation. For this discrimination is required. Courage to change and face challenges is a must. Then only progress will come. We will grow; reach a predetermined goal.

Keeping God as a partner is important, he won't let us down. He may not prevent us from falling but HE will give a helping hand to stand up again.

Hardwork alone will bring luck. Opportunity comes disguised as Hardwork. We miss opportunities often. Values teach us to recognise them; to turn opportunities into victories.

We are dazzled by success. But success is within everybody's Reach. We have to only try. Our efforts will be successful only when the values we cultivate are pitched and concentrated to reach the goal of success. Whatever we believe and conceive, we can achieve. We have only one life to live; we may as well live it as a success. As Anatole De Laforge said "All the virtues and all the joys of living are contained in one word **SUCCESS**."

HEALTH COLUMN

Sir,

YOUR SMOKING IS HARMFUL TO YOUR WIFE & CHILDREN

Dr. L.C. GUPTA ON 'SMOKING'

WHO DISCOVERED SMOKING?

Columbus discovered tobacco in addition to America. It used to grow as a wild herb in South America. Red Indians smoked tobacco, chewed tobacco and even used it as a sniff. In India it was introduced during the reign of Akbar by Mirza Asad Baig.

WHICH IS THE MOST IMPORTANT CONSITIUENT OF TOBACCO?

Nicotine is the most important constituent varying from 0.5 to 8.0% Cigarette smoke contains about 1.5% nicotine i.e. 6 to 8 mg. Smoke of 10 gm cigar may contain from 15 to 40 mg of nicotine.

It is estimated that there are 200-300 different kinds of chemical compounds in tobacco leaves. While during burning about a thousand products are developed, 16 different chemicals have been identified as carcinogenic.

WHAT ABOUT CARBON MONOXIDE?

Another poison is carbon monoxide which is the deadly gas in exhaust fumes. It is result of incomplete combustion. It comprises 1% to 2.5% of volume. During and after smoking CO level of blood rises steeply and takes several hours to come to normal. It combines with haemoglobin and reduces oxygen carrying capacity.

WHAT IS SMOKE TAR?

It is a brownish liquid which is obtained when tobacco smoke is cooled or condensed. When the cigarette of 85 mm length is smoked having a butt of 30 mm total quantity of smoke formed is 500 mg in weight. Tobacco tar formed is 17-40 mg in weight. Dry tobacco gives more tar than moist one.

WHAT IS NICOTINE POISONING?

It is easily absorbed from the mucous membrane. When held in oral cavity for 2 seconds about 70% of it will be absorbed. During deep inhalation about 90% of it is being absorbed. Fatal dose of nicotine is 60 mg but even 4 mg may cause alarming symptoms in a non habitual person. At a rate of one packet a day of 20 cigarette a smoke inhales 100 mg nicotine a week which in a single dose will kill the person as quickly as a bullet.

WHAT ARE THE SYMPTOMS OF NICOTINE POISONING?

Among symptoms nausea and salivation occur quickly and are followed by pain, vomiting and severe diarrhoea. Cold sweat is prominent. Headache, dizziness, disturbed hearing, vision, mental confusion and marked weakness are experienced. Respiration becomes fast and blood pressure rises. Pupils are constricted and later on may dilate.

ON WHAT FACTORS ABSORPTION OF NICOTINE FROM TOBACCO SMOKE DEPENDS?

- * Dry tobacco yields more nicotine during burning.
- * Last part of cigarette yields more nicotine.
- * Deeper the inhalation, greater is the absorption.

* Cut tobacco used in cigarettes yields more nicotine. Uncut tobacco is used in cigars.

* smoking on empty stomach or during fast has quicker and greater effect on pulse rate and blood pressure.

HOW PACKING OF TOBACCO HAS AN EFFECT?

If in a cigarette the tobacco is loosely packed more nicotine is said to pass into the smoke and if it is densely packed more of nicotine collects in second half of cigarette making it stronger. Later half of cigarette is about 40% more concentrated than that of first half.

WHICH IS MORE INJURIOUS FIRST HALF OR THE SECOND HALF OF THE CIGARETTE?

The temperature of the cigarette smoke at the beginning is low and the smoke cools down further while passing through the length of the cigarette. Smoke from later end of the cigarette is warmer as there is no cooling. So puffs drawn from the later end i.e. butt of cigarettes are more injurious. Hence, it is wise to leave the last 1/3 of cigarettes unsmoked.

WHAT IS THE DIFFERENCE BETWEEN MAIN STREAM AND SIDE STREAM SMOKE?

The main stream smoke, the one that goes in the mouth is less concentrated than the side stream smoke which is produced when a lighted cigarette is held in the hand or in the ashtray. In main stream smoke some of the components are filtered off in the unburnt tobacco and in addition to it air is drawn through paper which dilutes the smoke. More porous the paper more will be the dilution.

WHAT IS THE ROLE OF CIGARETTE PAPER?

It gives a shape and comprises about 4% by weight. It is made up of high grade cellulose pulp derived from flakes and calcium carbonate as filter.

WHAT IS THE ADVANTAGE OF FILTERS?

Some filtered cigarettes remove 3% of tar by weight. The solid particles of carbon of 1/1000th of m.m get arrested by filter. Reduction of tar is

beneficial as regards lung diseases but does not give any protection against vascular diseases.

HOW CIGAR SMOKING DIFFERS FROM PIPE SMOKING?

Pipe and Cigar smoking is safer than cigarette smoking. This smoke is alkaline and people smoking these suffer less from chest diseases than cigarette smokers. But cigar smokers have increased risk of oral cancer of lips, tongue, cheek or palate.

Cigar smoke has increased nicotine and tar content. Hence, it is desirable they spit out saliva as frequently as possible. Hot smoke of pipe reaches the mouth in a jet and usually causes constant irritation.

WHY DO PEOPLE SMOKE?

Mostly people smoke for a pleasure, relaxation, relief of tension or for a sense of security. Some smokers like the shape of curling smoke more than enjoying the smoke itself. The act of lighting a cigarette, dangling it from the lips, handling and tipping the ash into ashtray gives a certain satisfaction to some people.

WHAT WILL BE THE FIRST EXPERIENCE OF A SMOKER?

Nausea, vomiting, hiccup, difficulty in breathing, coldness of extremities, cold sweat irregular pulse rates are some of the symptoms encountered by beginners. Rapid smoking may result in pale face, cold and clammy skin, general weakness, rapid shallow breathing, feeble pulse and excessive salivation.

DO WOMEN SMOKE?

Why not? Growing participation of women in active professional life has increased the number of female smokers. It is more common in those girls who live in hostels and belong to well off families. In villages smoking beedies is very common in fields.

WHY SMOKING IS BECOMING MORE POPULAR IN

TEENAGERS?

Certain teenagers start smoking just to show off sophistication. Some teenagers find a psychological pleasure in committing the act of smoking being forbidden. Some students copy their seniors and few smoke to feel refreshed and relaxed. Students feel that during tension or anxiety smoking helps to relax and to feel refreshed when tired. They smoke while day dreaming or when lost in thoughts.

WHAT IS SMOKER'S THROAT?

Tobacco smoke produces irritation in throat. The delicate mucous membrane becomes inflamed which induces cough, often of a persistent character. There is no medical treatment and it persists so long a person smokes.

WHY CHRONIC SMOKERS DEVELOP CHRONIC BRONCHITIS?

Cigarette smoke paralyzes the tiny hairs which line the bronchial tubes that sweep foreign particles out of lung tissue. Prevalence of cough and expectoration is closely related to the number of cigarettes smoked.

CAN TOBACCO PRODUCE CANCER?

Chewing tobacco produces lichenplanus which is precancerous in nature. Incidence of lung cancer has been shown to rise with increase of smoking. Smokers have about 20 fold high risk of cancer.

WHAT IS THE EFFECT OF SMOKE ON BLOOD VESSELS?

After smoking pulse increases by upto 20 beats per minutes and this increase lasts for 10 to 20 minutes even after cessation of smoking. Blood pressure rises from 1 to 20 mm of Hg. Smoking reduces skin temperature of hands and feet by 3 to 4 degrees F.

DOES SMOKING INCREASES BLOOD SUGAR?

Smoking cigarette is known for causing transitory rise of sugar. It rises

about 20 to 30 mg percent.

WHAT IS THE EFFECT OF SMOKING ON CENTRAL NERVOUS SYSTEM?

Acroline poison has a violent action on the nervous system producing degeneration of the cells of the brain. The furfural content causes convulsions and muscular paralysis. Furfural content of single cigarette is equal to that of two ounces of whisky. Smoking slows down a man after primary stimulation.

DO SMOKERS NEED MORE BLOOD CELLS?

Smoking 20 cigarettes a day results in upto 10% carbon-monoxide saturation of the blood and blood remains capable of carrying only one nineteenth of its normal amount of oxygen resulting in headache. To compensate needed oxygen the body has to manufacture more of RBCs making blood thicker. This blood will clot more easily and such persons suffer more of heart attacks.

IS SMOKING ADVISABLE FOR PILOTS?

Smoking pilots suffer more from oxygen deficit than non smoker pilot at high altitude. During flight, oxygen concentration is less and high concentration of carbon monoxide further lowers down the concentration of oxygen. Even at ground level the heavy smoker pilots have a deficit of oxygen in blood equal to the deficit expected at high altitude.

DO SMOKERS SUFFER MORE FROM FROST BITE AT HIGH ALTITUDE?

Due to cold in frost bite there becomes constriction of small blood vessels resulting in lack of blood supply in fingers, toes, lips and ear lobules. Nicotine further contracts blood vessels and thus doubly worsens the condition.

HOW SMOKE AFFECTS DURING PREGNANCY?

Smoking by pregnant women can cause not only an increase in her own heart rate but also an increase in the heart rate of foetus. Smoking can cause

stress to foetus. Movements of foetus may increase resulting in premature labour pains and miscarriage. Children born to smoking mothers are about 250 gm lighter in weight.

DOES SMOKING AFFECT LONGEVITY?

Smoking one cigarette reduces life atleast by 3 minutes. A man who smokes 40 cigarettes a day reduces life by 5 to 11 years in total.

At 20 cigarettes a day man would spend over Rs. 1000/- a year i.e. 40,000/- in 20 years and is likely to develop lung cancer. In 20 years of smoking, he will waste about 600 days.

DOES SMOKING HAVE ANY EFFECT ON MENTAL EFFICIENCY OR SEX

Cigarette smoking impedes simple reaction time for a short period. Excessive smoking causes some degenetrative changes in testicles. It results in premature ejaculation.



Shri M.M. Jacob, Union Minister of State for Home Affairs taking salute at the All India Police Aquatic Meet '92 held at Talkotara Swimming Pool, New Delhi.



RAF Jawan demonstrating a 'Rescue Operation'.