



TRENDSETTER



Transforming Men into Peacekeepers

QUATERLY NEWSLETTER, TRAINING DIRECTORATE, CRPF ISSUE – 25th JULY – SEPTEMBER -2020



To institutionalize the legacy of bravery & courage and further serve as an eternal inspiration, Dr. A.P. Maheshwari, IPS, DG, CRPF, unveiled the “Academy Valour Wall” at CRPF Academy, Kadarpur, Gurugram on 20/08/2020.



Dr. A. P. Maheshwari, IPS, DG, CRPF participating in CRPF-Fit India Freedom Run.

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On behalf of the Training Directorate, I convey my sincere thanks and gratitude to all the Officers and personnel of the Training Institutions for timely response and co-operation for the publication of 25th issue of **Trend setter**.

-Jai Hind-
Arun Kumar
Director/IG, ISA, Mount Abu.

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Focus Institution - RTC Peringome (Kerala)



QUARTER GUARD

SH. M. J. VIJAY
DIG/ PRINCIPAL, RTC, PERINGOME

ADMINISTRATIVE OFFICE

A BRIEF HISTORY OF RTC PERINGOME (KERALA)

LOCATION / ORGANIZATION AND ROLE

Recruits Training Centre-3 (renamed as RTC Peringome w.e.f 01/08/2007) started functioning at Pallipuram Distt. Trivandrum on Adhoc basis w.e.f 9th June 1986 and was subsequently granted regular status w.e.f 1st December 1986.

RTC Peringome has been established in 275 acres of land which was provided free of cost by the Govt. of Kerala on 28th December 2000. The Institution has completely shifted to Peringome, Distt. Kannur and started its full-fledged functioning w.e.f 1st August 2007.

Location & Distance from prominent places

595 kms from Trivandrum

165 kms from Calicut (Kozhikode) Airport

120 kms from Mangalore Airport

60 kms from Kannur City & Airport

18 kms from Payyanur Railway station

This is an ISO 9001:2015 certified Training Institution.

ACHIEVEMENTS:-

- This institution has so far shaped 36,344 recruits into fine soldiers till last Passing Out held on 05/09/2000.
- This institution was adjudged as Best Training Institution in CRPF for the year 2016-17 and since then adjudged as Best Training Institution for three consecutive year .
- Computer lab with Internet facility to all trainees.
- Digitalized language lab facility.
- Question Bank is prepared and provided to recruits in soft as well as hard copies. Recruits are provided with I-Spring Software, Testmoz and Survey Heart (Mobile application) for effective learning and 100% results in written examination.
- Classes are video recorded and made available to the trainees in the form of digital study material.

TRAINING INFRASTRUCTURE



SAINIK SAMMELAN



COURSE CONDUCTED

Sl. No	Name Of Conduct Course	No Of Course Done
01	Basic Training for Recruits	154
02	Basic Training for recruit of State Police	2
03	Basic Bugler Course	1
04	HCPC	3
05	SIPC	2
06	Law and order Course	4
07	Commando Course for State Police	1
08	Re-orientation Training for 246 Battalion	01
09	P.I. Training for 146 th Batch Of Recruits	01
10	Basic Training for Tradesman	03
11	Special Training for Pioneer Batch	01

UAC STRETCHING EXERCISE



TREE PLANTATION

“Education is not preparation for life; education is life itself.”

– John Dewey

NEWS FROM VARIOUS TRAINING INSTITUTIONS

ISA, MOUNT ABU



On 27th July 2020, Internal Security Academy CRPF Celebrated the 82nd CRPF Raising Day at Mount Abu. Sh. Arun Kumar, Director/IGP, ISA, Mount Abu took salute at the Quarter Guard and paid homage to Martyrs of the Force. He congratulated the Force personnel for their devotion and sacrifices.

CRPF ACADEMY, GURUGRAM



3 days online course on “Understanding and Managing Media” inaugurated on 18 Aug., 2020, by Sh. K. S. Bhandari, ADG/Director, CRPF Academy, Gurugram. 40 Officers have participated from various Units/Establishments of CRPF.

RTC, JODHPUR



On 14/09/2020, HCPC Sl. No.-19 (First Phase) was Inaugurated online.

CIATS, SHIVPURI



Opening ceremony of “ HCPC Course SL. No.29 1st phase” on 14/09/2020 by Sh. Mool Chand Panwar, IGP/Principal, CIAT School, Shivpuri.

CTC, MUDKHED



Farewell ceremony of Sh. R.K. Yadav, IG on getting trasferred to Training Directorate , CRPF.

RTC, RAJGIR



Training related events of HCPC Sl. No. 29 (First Phase) at RTC, Rajgir.

“Education is the most powerful weapon which you can be used to change the world.”
– Nelson Mandela

NEWS FROM VARIOUS TRAINING INSTITUTIONS

ISA, MOUNT ABU (RAJ)



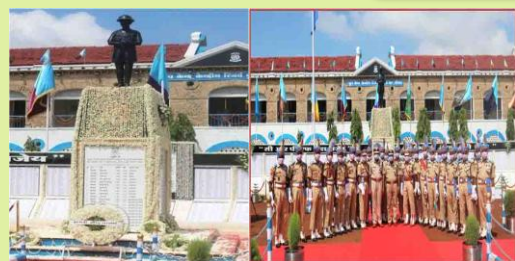
In Continuation to the Online courses amidst Covid-19 pandemic in the Country, Internal Security Academy organized Senior Command Management Course Sl. No. – 42 w.e.f. 29 June to 11 July, 2020. 41 Commandants of CRPF participated online in this course from all over the Country. Sh. Sanjay Arora, IPS, ADG(OPS), CRPF graced the Inauguration and Sh. Janat Shah, Director, IIM Udaipur, graced the Valediction of the Course. Besides, faculty of ISA led by Director, Academy, various eminent speakers like, Sh. Krishna Mohan, IAS (Retd.) Sh. A.V. Shukla, Ex-IG Rajasthan Police, Sh. A.S. Rathore, Ex-IG, CRPF, Brig. Gurgopal Singh, DIG (ER.), Works Dte, CRPF, Sh. K.M. Yadav, DIG, GC GNR, Sh. L. N. Mishra, DIG, GC, BSP, CRPF, Sh. D.K. Tripathi, DIG, M&N sector, Dr. Nanditesh Nilay, Director, TRANC, Prof. P.K. Jain, Former Dean and HOD, MLS University, Dr. BK Binny Sareen, Management Consultant, Ms. Megha Gupta, Co-Founder Skill Tree delivered online lectures from various parts of the Country and trained the participants. All participants were awarded Certificates which was sent to them through e-mail.

CRPF ACADEMY, GURUGRAM



Attestation / Oath Ceremony of Ms. Komal Preet Kaur, Trainee Officer of 51st batch DAGO's was held 31/07/2020 at CRPF Academy Gurugram. Sh. K. S. Bhandari, Director / ADG, Academy graced the occasion.

CTC, NIMACH (MP)



82nd Foundation Day Celebration-2020

Keeping in mind the circumstances of the Covid-19, on the Occasion of 82nd CRPF Foundation Day, it was decided to organise the wreath laying Ceremony on 27 July' 2020 at the Martyr Memorial located at Nimach, the birthplace of the Force. The responsibility of organizing this function was entrusted by the Director General to Sh. Bhupat Singh Chauhan, IGP/ Principal, CTC Nimach. The programme was webcasted online to abide by the Covid-19 protocol.

CTC, GWALIOR (MP)



Inaugural Ceremony of online QMW Course Sl. No.- 01 through MS Teams by Principal/IGP, CTC Gwalior.

"Anyone who has never made a mistake has never tried anything new."

– Albert Einstein

INDEPENDENCE DAY CELEBRATIONS

ISA, MOUNT ABU



CRPF ACADEMY



CIATS, SHIVPURI



RTC, SRINAGAR



CIATS, SILCHAR



RTC, JODHPUR



CRPF - FIT INDIA FREEDOM RUN

ISA, MOUNT ABU



CTC, GWALIOR



CIATS, SILCHAR



RTC, JODHPUR



CTC, MUDKHED



CSJWTS, BELGAUM



"The purpose of education is to replace an empty mind with an open one."

– Malcolm Forbes

Articles from Training Institutes

CIT, BANGALORE

e-Office in CRPF

The e-office has been rolled out in our organization to promote e-Governance, enhance transparency and increase accountability. Firstly it was implemented in CRPF Directorate from June-2020 onwards and is running successfully. Further it has been decided to roll out up to Zone/Sector/Range/GC level in a phased manner. The CIT (College of Information Technology) Bengaluru has been entrusted with the responsibility to conduct training for Group Centers of CRPF.

Upon taking this task of User/Admin Level training the Master Trainers of this institute, organized online classes for 12 days on NIC e-Office system to all GC w.e.f 14/09/20 to 26/09/20. We have successfully completed the assigned task within time so that all offices can start working on e-office on the stipulated dates.

e-Office has been designed and developed by National Informatics Centre, Ministry of Electronics & Information Technology (MeitY). Though e-Office is a cloud enabled software that can be deployed/hosted in any data centre or in any cloud identified by the organization, in CRPF we have deployed this in our local Data Centre for security reasons. NIC team helped us in setting up of e-Office environment, master data preparation and initial rollout. For initial Support & Roll-Out, NIC team provided training to the IT-Team of CRPF. Upgrades to e-Office Software as well as patches to address new threats/vulnerabilities will be made available from time to time by NIC.

e-Office is a solution comprising of a suite of products that paves the way for an efficient and open government by streamlining workflow for both inter and intra government processes and making them paperless. The product is built on Open Architecture.

Broadly benefits of e-Office may be characterized as under:-

- Enhance transparency – files can be tracked and their status is known to all at all times.
- Increase accountability – the quality and speed of decision making is easier to monitor.
- Assure data security and data integrity.
- Provide a platform for re-inventing and re-engineering the work processes.
- Promote innovation by releasing staff energy and time from unproductive procedures.
- Transform the government work culture and ethics.
- Promote greater collaboration in the work place and effective knowledge management.

Though the complete package of NIC e-Office has various functionalities like SPARROW (Electronic APARs processing module), PIMS (Online service book module), E-leave (Complete leave management module), E-FILE (File Management Module), KMS (Central Document Repository). But out of these Modules we have acquired e-File and KMS modules in CRPF. The broad features of E-FILE and KMS are as under.

E-FILE

- Darisation of letters and file processing
- Dashboard view with alerts
- Enhanced scope based search
- MIS reports for monitoring and Analysis
- Multilingual support
- Added data security with DSC & eSign
- Interdepartmental file exchange
- Record management system

INITIATIVES AND INNOVATION IN TRAINING

CTC (T&IT), RANCHI

Introduction:- Since the COVID-19 pandemic has disrupted the normal lifestyles of people across the globe and education/training are the worst affected due to this pandemic. As a Silver line behind the cloud, various solutions emerged during this period and the virtual world has come to rescue to keep the training/learning on tracks. Academic and training Institutions changed their mode of instruction and shifted their ways to virtual platforms. Consequently, catering to the needs of all stages of training, online e-learning training emerged as an alternative to traditional face to face classes. As this Institution is pioneer in the field of telecommunication and Information Technology training as far as our force is concerned, this Institution has taken following initiatives for transition into new platforms of training. This Institute tackled the problems and had technical hiccups at an initial stage itself and started its online training by registering through user-friendly interface of Cisco WebEx learning tool/Blue Jeans application and Skype Business application through selo was kept as alternative for resuming the online classes in case of disruption of internet connectivity. The faculty used power point presentation, drawings, white board and videos as means of delivering lectures. The mode of delivering content online was directed towards cognitive (power point presentation, digital white board), virtual psychomotor (recorded practical demo videos and live videos) domains. Due to COVID-19 all the training / academic activities almost come to a halt, but learning can't be stopped. Therefore, this institution has done some pioneering work and taken leadership role by initiating various methodologies for delivering training content to trainees using online training and learning activities for the first time at force level. We tested our modules on various online platforms, but due to security issues many available options like zoom etc were weeded out and we zeroed on Cisco WebEx/Blue Jeans, it's a user-friendly applications and has many interactive features like sharing of content, responding to text/ audio queries, using annotations etc. The training/ learning activities are being conducted virtually from this institution and trainees feel as per their feedback is that conducting short term courses online are much beneficial for their knowledge enhancement and the learners are more comfortable with e-classes.

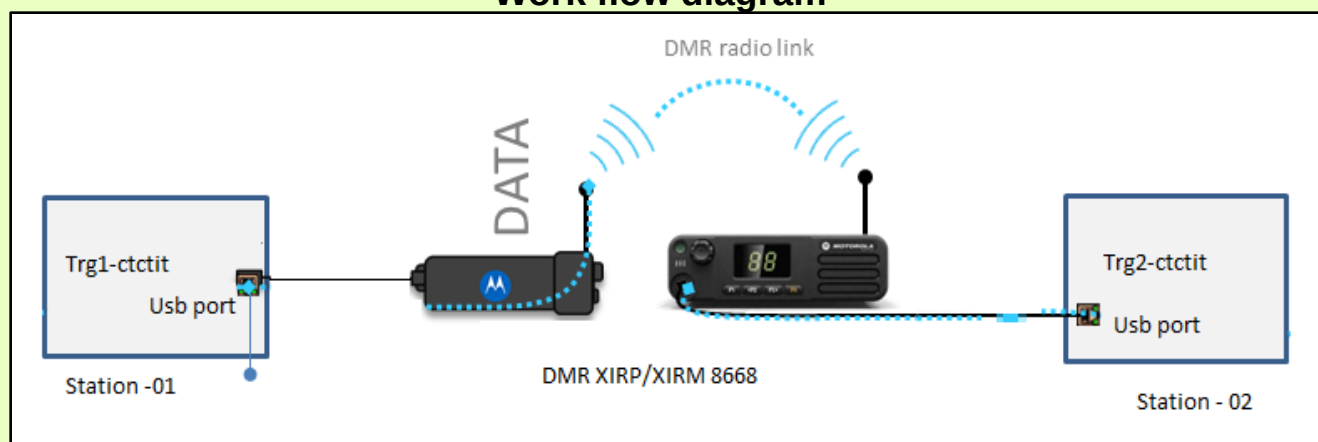
Initially CRPF was using new software to earphone smart PTT in DMR sets. It was very useful for sending and receiving the text messages instead of Morse code. But CRPF was also in search of data communication over VHF, tried many modem for VHF; but could not get successful result. Later on to improve the voice quality and efficiency communication over VHF, CRPF inducted new series of digital mobile radios (DMR) from M/S Motorola. As the set was digital one it has data communication capability. But for that software was needed for data communication over these DMR VHF sets. CRPF managed to arrange smart PTT but there was certain issue on that software. They are:-

- 1) Security issue as it was open source software (as loop hole in the software cannot be traced).
- 2) It has no facility to send typed text message.
- 3) It activates the transmitter repeatedly to attempt to retransmit in case of failure in transmission which may lead to damage of radio set.
- 4) it has very complicated settings which may confuse the operators to operate.

Contd...

Keeping in view of above our team has developed in-house software to meet the requirement. After successful trail at our end it was distributed to all Signal Units for trial to find out shortcomings if any so that it can be improved in the software. We got some suggestions to include few features. All such requirements are included in the software. Now, it is working properly and ready to use. The detail features and working of the software is given below. DMR Data Utility is an In-house developed software for data communication with DMR set which is developed to solve problem of data communication in field. DMR Data Utility provides convenient and flexible services to data communication with plain text message/attachment up to 700kb(tested) with support all format (e.g. doc, docx, xls, jpeg, png, ppt, pdf, etc) including zip/rar files.

Work flow diagram



Minimum Hardware Specifications:-

Minimum Hardware Specifications or Higher	
Processor	Intel Pentium IV Processor 3.0 GHz or better with 1 MB L2 cache memory or better supporting HT technology With 800 MHz system bus.
Chipset	Intel 915G or better on equivalent OEM motherboard.
HDD	80 GB Serial ATA HDD
Memory	512 MB 400 MHz , DDR RAM
FDD	1.44 MB (3.5") FDD
Monitor	15" Digital color Monitor 1024x 768
Keyboard	104 Keys bilingual Engraved Keyboard (cherry type)
Mouse	Optical mouse.
Ports (Min)	6 USB Ports (including 2 USB in front), 1 Serial Port, 1 Parallel port, 1 PS/2 key Board and 1 PS/2 Mouse port.
CD Drive	Combo Drive with Sound card, mic & Speakers (1 pair)
Network Interface	32 & 64 bit 10/100 Ethernet controller with RJ 45 connector.

Contd...

Minimum Software Specifications

Operating System	Window 2000 or later
Dot. net framework	4.5
PDF	Adobe Reader

Features:-

- DMR Data Utility software is user friendly.
- Auto IP calculation, No Any Software Needed for IP Calculation.
- All file format supported, some commonly used format tested during trial.
- Up to 700KB attachment file size tested.
- Tabular data also supported.
- Both 5 and 25 watt support DMR Data Utility software.
- No firewall Security issue.
- Live packet wise transmission / reception progress indication.
- Not much service required to be run during Software.
- Data encryption available with AES 256 bit.
- Easy To install and simple configuration.
- Better user interface.
- Address book facility.
- Separate folder for store messages (like Inbox, outbox, sent item)
- Log Generator (in/out/send msg)
- Date wise report facility.
- New message indicator.
- Support all window based operating system.
- Not required for CPS Software.
- It as capability support multilingual fonts.

Software at a glance



Contd....

Intended Audience and Reading Suggestions

This document will be the first guide for Exchange in-charge, User, Tester, Approval Authorities. This document contains system functionality, software and hardware requirements and user documentation.

IC-Exchange:- The IC-Exchange who need to manage system, assign number or add new requirements into the existing program may need first to consult this document and update the requirements in appropriate manner so as not to change the actual purpose of the system or make the system inconsistent.

User:- The user of this program reviews the requirements and the specification provided in the document and check to determine whether he has all the suitable requirements like Android App or an IP phone.

Tester:- The tester needs this document to prepare his test cases to validate that the initial requirements of this project is actually implemented in the deliverable.

Authorities:- The Approval authorities needs this document to know in-depth detailed of purposed system.

Product Scope:-

Tiny VOIP Exchange is a VOIP/SIP protocol supported exchange built with Raspberry Pi, intend to provide voice communication over the Wi-Fi or local network.

With the continued evolution in technology, IP communication is widely used for several purposes so here we try to develop a system which provide internal communication for a camp or offices of CRPF. Dedicated IP phones and mobile phone can communicate with this VOIP exchange, this Tiny exchange can also provide communication to external offices also via over TCP/IP connection.

Tiny exchange may have two type of user:

IP Phone user:- This Tiny exchange can provide connectivity to wired/wireless dedicated IP phone.

Smart Phone User:- This Tiny exchange can provide connectivity to Smart Phone users via Wi-Fi network with help of Android/iOS App.

Hardware Requirement Analysis:-

Raspberry pi 3
Memory Card 32 GB
Power supply 5 v dc.
IP Phone or Smart phone.
LAN Cable
Switch

Software Requirement Analysis:-

Freepbx Operating System
Tiny VoIP App (for android)

Contd
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Benefits of VoIP:-

Access Since users are never in the same place, they are able to access VoIP anywhere they go using any network connection.

Flexibility there is no need for IT as the user can make necessary changes on their own. They can do this by making the changes directly through the dashboard or by calling a VoIP Administrator.

Functionality Users are able to use special features not available otherwise. These features include call forwarding and electronic messaging, three way conferencing, and advanced call distribution.

Lower startup and maintenance costs. Organizations may wish to implement a VoIP business phone due to the low cost of initial setup and routine maintenance. Having a data network instead of regular phone lines, businesses are able to combine all communications into a single network.

Portability:-

One important concept to understand about VoIP is that unlike it's forefathers (let's call them PSTN for now), it is not distance or location dependent. As far as VoIP is concerned, you could be calling your staff miles away.

No extra cables, no extra cost:-

A VoIP phone number, unlike your regular phone number, is completely portable. Most commonly referred to as a virtual number, you can take it with you anywhere you go. Even if you change your office address to another place, your phone number can go with you.

VoIP Voice Quality:-

VoIP has a bit to improve on Voice Quality, VoIP QoS (Quality of service) depends on so many factors your network connection, your hardware, the service provided by your provider, the destination of your call etc. More and more people are enjoying high quality of phone calls using VoIP.

Traditional Phone PBX Systems Vs. VoIP Phone Systems:-

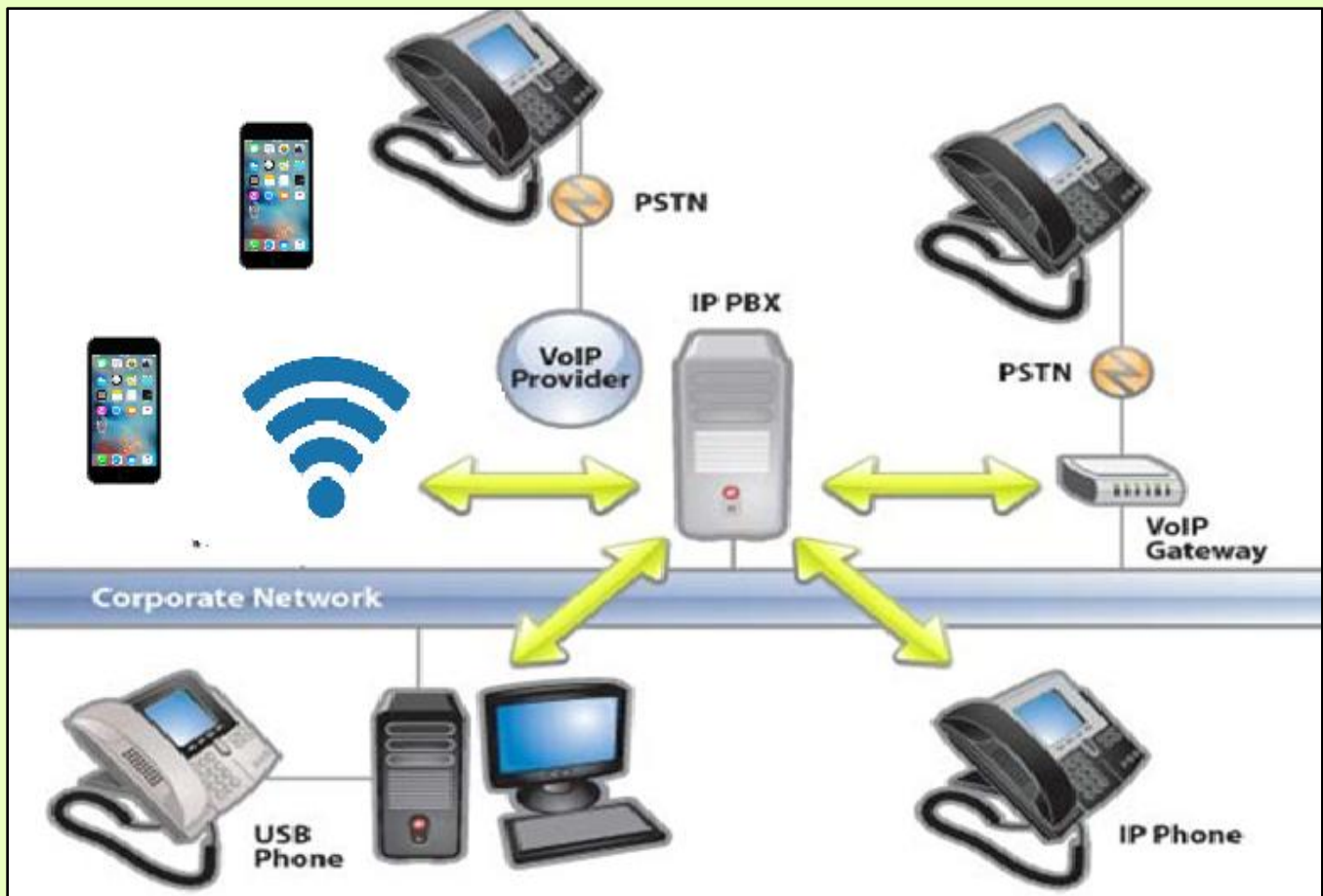
In today's age of technology, more and more organizations are opting for VoIP phone systems over traditional PBX phone systems due to the added features and lower costs. VoIP, also known as Voice over Internet Protocol, is a system that delivers voice calls over the network rather than a traditional phone line. Many VoIP systems are cloud-based so no on-site installation is required and there are no complicated settings to configure, as one might find in a traditional phone system setup.

IP PBX: How an IP PBX / VoIP Phone System Works:-

A VoIP Phone System / IP PBX system consists of one or more SIP phones / VoIP phones, an IP PBX server and optionally includes a VoIP Gateway. The IP PBX server is similar to a proxy server: SIP clients, being either soft phones or hardware based phones, register with the IP PBX server, and when they wish to make a call they ask the IP PBX to establish the connection. The IP PBX has a directory of all phones/users and their corresponding SIP address and thus is able to connect an internal call or route an external call via either a VoIP gateway or a VoIP service provider to the desired destination.

Contd...

IP PBX: How an IP PBX / VoIP Phone System Works



At the center we have, the IP PBX. Starting from the bottom, we see the Corporate Network. This is the company's local network. Through that network, Computers running SIP clients such as the 3CX soft phones, and IP Phones connect directly to the PBX. On the left, we see the company's router/firewall connected to the internet. From there it can connect to remote extensions in the form of computers running the soft phones, remote IP Phones, mobile devices running the 3CX Android and iOS clients, and Bridged PBX's. Using a VoIP provider we can connect to the PSTN network. To the right a VoIP Gateway connects the PBX directly to the PSTN network.

Conclusion:-

There is a tremendous amount of work being done to increase the reliability and usefulness of DMR data communication with DMR XIRP/XIRM 8668. Its provides advance feature comparison with others.

VoIP (Voice over Internet Protocol) Tiny VOIP exchange is a Project developed by CTC(T&IT) R&D Team. Tiny VOIP exchange is a system which can provide internal communication (like old EPABX) with in a campus or small office where local area network is already established. Also we can extend this facility to staffs android mobile phones through Wi-Fi access points.

TRAINING ACTIVITIES

ISA , Mount Abu

- (A) In Continuation of the online Courses amidst Covid-19 pandemic in the Country, Internal Security Academy. organized total 06 Courses Online: Senior Command Management Course Sl. No.– 42, Junior Command Management Course Sl. No. – 40,41 & 42, & Middle Command Management Course Sl. No. – 67 & 68.
- (B) Total 631 CRPF Officers participated online in these courses from all over the country.
- (C) Besides, faculty of ISA led by Director Academy, various eminent speakers like, Sh. Krishna Mohan, IAS (Retd.), Former ACS & FCR, Govt. of Haryana. Sh. A.V. Shukla, Ex-IG Rajasthan Police, Sh. A.S. Rathore, Ex-IG, CRPF, Brig. Gurgopal Singh, DIG (ER.), Works Dte, CRPF, Sh. K.M. Yadav, DIG, GC GNR, Sh. L.N. Mishra, DIG, GC BSP, CRPF, Sh. D.K. Tripathi, DIG, M&N sector, Sh. S. K. Upadhyay, DIG/Dy. Director (SPD), BPR&D, Dr. Partap Singh, Ex-DIG, CRPF, Sh. V. Shiva Rama Krishna, Comdt. South Zone, Dr. J.M. Vyas, Director General, GFSU, Gandhinagar, Gujarat, Dr. Vikrant Singh Tomar, Director, UMS, India, Sh. Rameysh Sharma, Soft Skill Trainer, Dr. Nanditesh Nilay, Director, TRANC, Sh. Akshat Mehta, Associate, Prof. Raksha Shakti University, Prof. Prabhavati Baskey, GNLU, Gandhinagar, Ms. Pragya Tikku, Consultant-Intergovernmental Processes & Women, Peace & Security at UN Women, Dr. BK Binny Sareen, Management Consultant, delivered online lectures from various parts of the Country and trained the participants.
- (D) All participants were awarded Course Completion e-Certificates.

CTC, Gwalior

- (A) After the Covid-19 pandemic, the Govt. of India Implemented complete lockdown to control the spread of corona virus.
- (B) This lockdown was regulated in the phased manner to restrict the movement of public, trade etc. Following the orders of Govt. of India, Trg. Dte. suspended all the Training program of calendar year 2020.
- (C) Later on complying to the direction of unlock, Trg. Dte. decided to begin the Training by adhering to the guidelines of social distancing and sanitization.
- (D) After the orders to restart the Training, CTC Gwalior decided to prepare module for indoor based yoga to bring tolerance and purification of mind of the Training staff in accordance with covid-19 guidelines.
- (E) CTC Gwalior also did R&D and came out with already existing online platforms to conclude online courses through MS Team and assessment through MS forms.
- (F) As all the courses were suspended due to implementation of lockdown, this Institute contemplated and came up with the idea to take online tests of the already suspended courses to keep them in touch with the subjects.
- (G) The Course counselor and Course SO make the Trainees to sit at social distancing, then the link of test is sent on their mobile phones.
- (H) These Trainees attempts the test in close supervision of Training staff.
- (I) After they click the submit button, the result pops up on their screen and also uploaded on the server.
- (J) Later the results are easily compiled.
- (K) Not only for trainees this Institute also started multi skilling modules for Training staff to brush-up and skill them in multi-subjects and make them expert Trainers.
- (L) During the pandemic, CTC Gwalior conducted many best practices strictly following the guidelines of social distancing as- firing of support weapon, online QMW (R) Courses, tree plantation, online Seminar, national sports day, fit India movement (staff and family members running), hindi diwas programme, proth siksha mission etc.

RTC, Rajgir

- (A) At present situation of COVID- 19 RTC Rajgir keep trainees on 14 days Quarantine before commencement of the course. Instead of quarantine period RTC Rajgir call it Wellness Period in which classes of Yoga and Meditation are conducted.
- (B) HCPC Sl. No. 29 (phase-I) conducted by RTC Rajgir where 90 trainees physically reported. The institute is giving online training to trainees available at five other TTHs like ZTC MSB, GC Ranchi, GC BBSR, ANTS Koraput & ANTS Salboni.

“Develop a passion for learning. If you do, you will never cease to grow”

– Anthony J. D’Angelo